



Vancouver Coastal Region
"Progress toward achieving our Goals"

Regional Update

November 2017

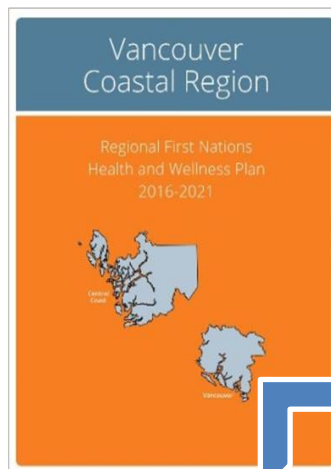
Vancouver Coastal Caucus "Progress toward achieving our Goals"

Enhance First Nations Health Governance

*“Sustainable and Accountable Governance Structures
Leading Change”*



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- Priority #1:**
Health Governance
- Priority #2:**
**Planning, Engagement
and Communication**
- Priority #6:**
Data & Research

Decision Making Closer to Home:

- *Regional Caucus is where the FNHC, FNHDA, and FNHA engage directly with Political and Technical Leadership about their work regionally and provincially*
- *Where the VC Regional Table is provided with guidance to its work on behalf of the Caucus*
- *Key forums for the FNHA and VC First Nations to plan and engage with one another on important developments in health*



Strengthen Regional and Sub-regional decision making approaches



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South Coast



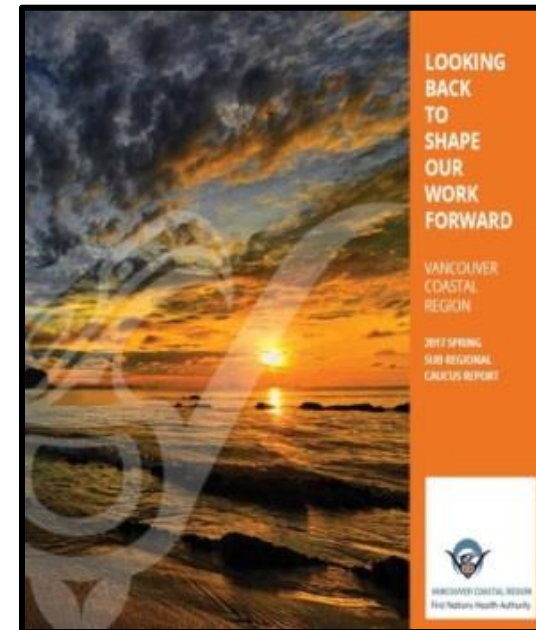
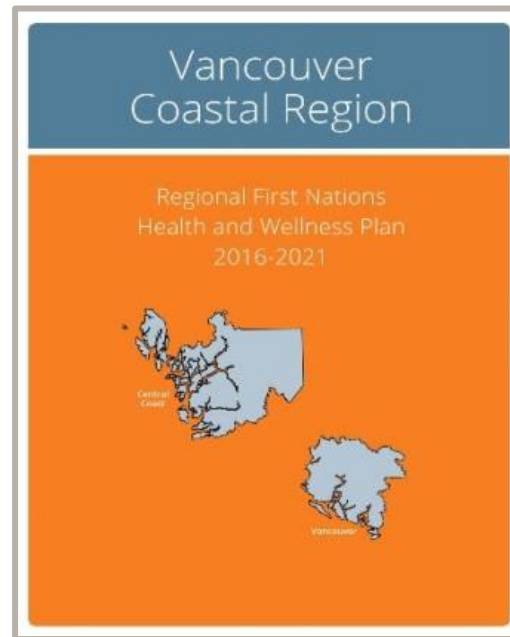
Central Coast



Southern Stl'atl'imx

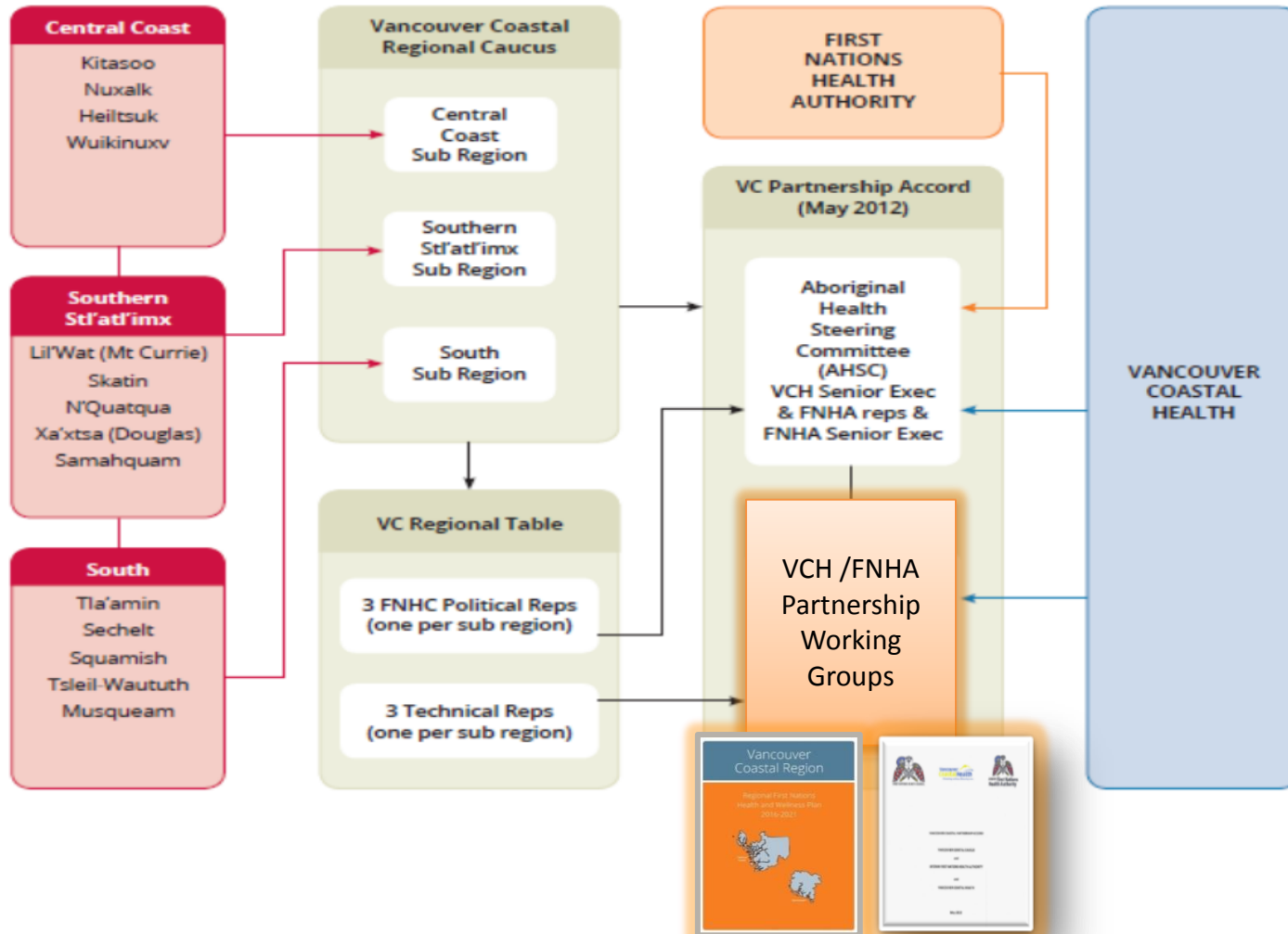
"We now have a real opportunity to work together more as Nations. rebuilding to share our needs and develop solutions together to help the people in health and wellness. we can now prepare for the ten-year social determinants of health"

- **Ernest Armann**
FNHC Representative
& Vancouver Coastal
Caucus Chair



Vancouver Coastal

FIRST NATIONS HEALTH GOVERNANCE STRUCTURE



Our FNHA Vancouver Coastal Region Commitment to work in partnership with all 14 Nations



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"The FNHA supports BC First Nations individuals, families and communities to achieve and enjoy the highest level of health and wellness by: working with them on their health and wellness journeys; honouring traditions and cultures; and championing First Nations health and wellness within the FNHA organization and with all of our partners."

- FNHA Mission

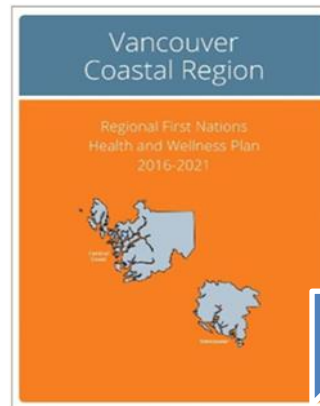
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Champion the BC First Nations Perspective on Health and Wellness

*“Culturally safe and supported health and wellness
journeys”*



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Priority #3:
**Holistic Wellness and
Health Service Delivery**

Priority #4:
**Health Human
Resources**

The wisdom of our Vancouver Coastal Cultural and Traditions guides our regional work and partnerships



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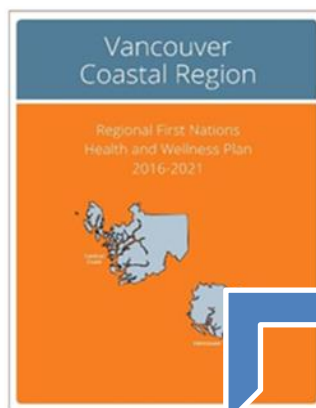
We are journeying together to navigate new waters with one heart, one mind.

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Advance Excellence in Programs and Services

“Partnering to support delivery of high quality and culturally safe programs and services”



Priority #1:

Health Governance



Priority #3:

Holistic Wellness and Health Service Delivery

Priority #5:

Operational Excellence



Priority #6:

Data and Research



Access to Health & Wellness service delivery constraints that require different approaches and supports



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South Coast Family

- Rural and Urban Environments
- Self-Governing



“When everything around us is well, we will be well again”

- South Coast Family

Southern Stl’atl’imx Family

- Face challenges through long drives and poor road conditions
- Connectivity limited to None



“Permission to take action, Honouring the courage to do it”

- Southern Stl’atl’imx Family

Central Coast Family

- Ocean-based accessible only by plane or boat
- Rural and Remote



“Acknowledgement of place in healing to lift people to their journey to begin”

- Central Coast Family

“Each of our fourteen communities and three sub-regions are unique in their culture, traditions, and geography”

Transformation of Community Health and Wellness Planning



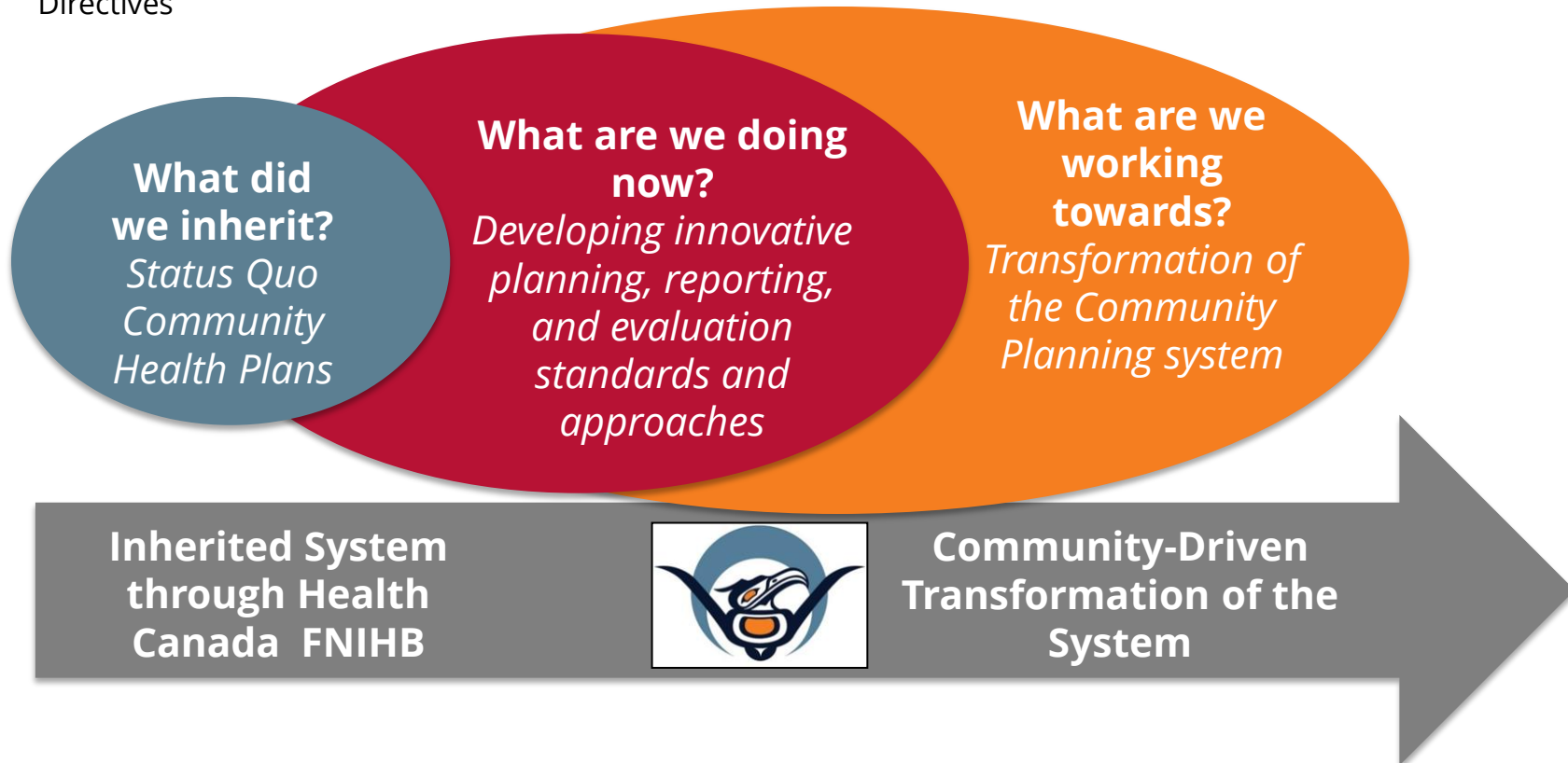
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What have we learned?

- Community Health and Wellness Planning set the stage for all programming
- Community Health and Wellness Plans are a primary touch point between the FNHA and First Nations communities

What do we need to do next?

- Ensure the new system is community-driven and in alignment to the instructions embedded within the 7 Directives



“We work in inclusive and collaborative ways to take full advantage of the exciting opportunities in health and wellness that lie ahead”

**How we work in partnership with
Community?**

Winter

Spring

Engagement
and Planning

How we work in
partnership with
community?
*Inform, obtain
guidance,
collaborate,
prioritize, and
community-driven
decision-making*

Fall

Engagement
and Planning

Summer

**Our Annual Engagement
and Planning Pathways**

How we work in
partnership with
community?

*Inform, obtain
guidance,
collaborate,
prioritize, and
community-driven
decision-making*

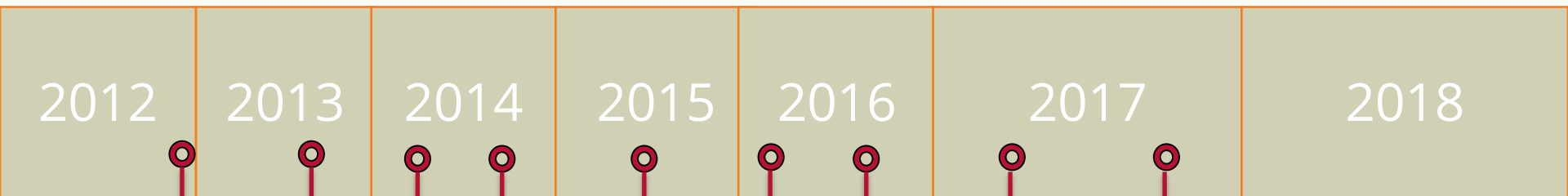
Our Planning Journey

“Support effective planning at multiple levels within the region”



Focus Recent Work

- **2016** Spring RHWP Refresh **“Visioning”**
- **2016** Spring Sub-Regional Prioritization **“The What”**
- **2017** Spring Sub-Regional Planning to Action **“The How”**
- **2017** Fall Sub-Regional Decision-Making in Partnership **“The Do”**



What guides our work

What guides our work

2012
Vancouver Coastal Partnership Accord

2013
Mental Wellness Forum

2014
Traditional Wellness Strategic Framework

2014
VCC TOR Rated

2015 Spring
Regional Health & Wellness Plan Refresh

2016 Spring
Sub-Regional Prioritization “The what”

2016
NNADAP Review

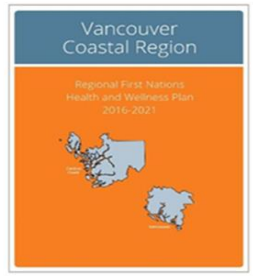
2017 Spring
Sub-Regional Planning to Action “The how”

2017 Fall
Sub-Regional Planning to Action “The do”

Sub-Regional Family Decision-Making



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DRIVING TRANSFORMATION: Wrap-Around Multi-Year VCR Investment Plan

“Wrap-Around Investment Spending Approach”

Traditional Wellness

- Regional Open House and Network
- Sub-Regional Family of Traditional Wellness Practitioners ~ primary & community care integration
- Traditional cultural camps on the land
- Nation healing & planning



Mental Wellness & Substance Use

- Mental Wellness Substance Use Flagship Project
 - Redesign with layer of family, child, and youth specialists
- Central Coast Mobile Mental Wellness Outreach



First Nation Primary Care Projects (JPB) Enhancements

- Weave in Traditional Wellness Practitioners
- 2 Project Manager Extensions
- Medical Office Assistant (MOA) and Physician rate top-up
- Other relational expenses



VC Regional Investment Approach

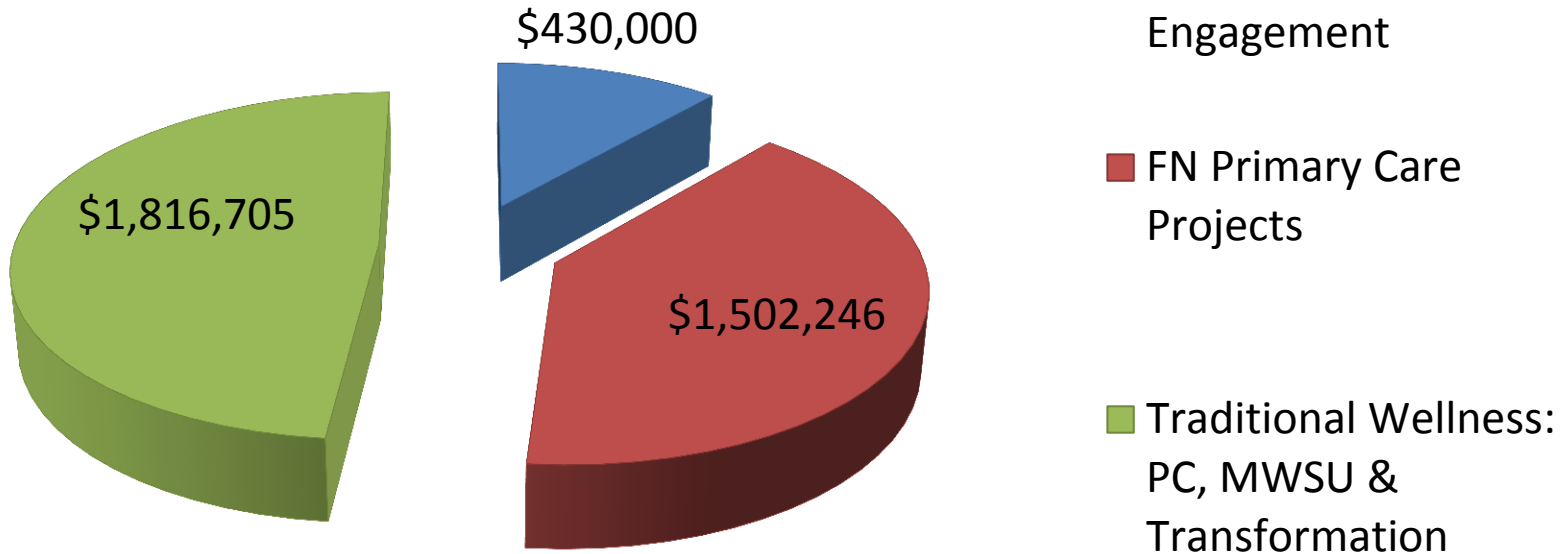
Flexible Envelope



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Total Flexible Funding: \$3.75M

Multi-Year Funding



“Wrap-Around Investment Spending Approach”

Traditional Wellness	Mental Wellness & Substance Use	First Nation Primary Care Projects (JPB) Enhancements
<ul style="list-style-type: none"> Regional Open House and Network Sub-Regional Family of Traditional Wellness Practitioners ~ primary & community care integration Traditional cultural camps on the land Nation healing & planning 	<ul style="list-style-type: none"> Mental Wellness Substance Use Flagship Project <ul style="list-style-type: none"> Redesign with layer of family, child, and youth specialists Central Coast Mobile Mental Wellness Outreach 	<ul style="list-style-type: none"> Weave in Traditional Wellness Practitioners 2 Project Manager Extensions Medical Office Assistant (MOA) and Physician rate top-up Other relational expenses



2017-2019 Traditional Wellness, Primary Care and MWSU Transformative Health System Investments

2017-2019 Community Primary Care Investment

**FN Primary Care
Projects**
Sub-Regional Family's

**VCR Community
Engagement**

**Traditional Wellness:
Primary Care, MWSU &
Transformation**

\$1.5M

\$430,000

\$1.8M



Total Flexible Funding: \$3.75M

An Overview of Direct Community Investment Between 2012-2019

\$1.08M
Governance
Community
Engagement

\$1.38M
Future Transformation
Investments
Traditional Wellness / Primary Care /
Mental Wellness

2012 2013 2014 2015 2016 2017 2018 2019

Traditional
Wellness
Supports
(Health Actions)
\$2.87 M

Community
Primary Care
(JPB)
\$4.35 M

\$9.68M

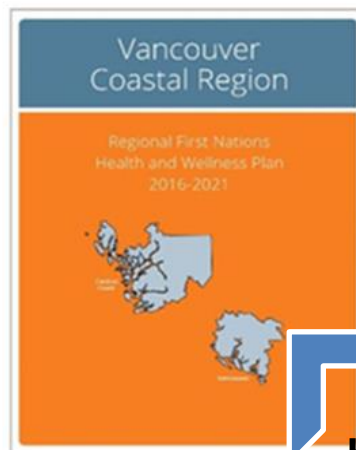
***Direct Community Investment
between 2012-2019***

Operate As An Efficient, Effective and Excellent First Nations Health Organization

“FNHA is establishing a leading edge First Nation Health organization”



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Priority #4:
Health & Human Resource

Priority #5:
Operational Excellence

Priority #6:
Data and Research



Directive #7

Function at a High Operational Standard

- Regional Reporting and Engagement
- MWSU Action Plan
- Traditional Knowledge Keepers Action Plan
- Opioid Strategic Framework
- MWSU Summit

Directive #1

Community-Driven, Nation-Based

- Honor Health Governance Structures, Agreements, and Engagement and Planning Pathways

Directive #2

Increase First Nations Decision-Making and Control

- TCFNH Evaluation
- PA Evaluation
- VCC Terms of Reference Refresh

Directive #6

Be Without Prejudice to First Nations Interests

- Self-Governing First Nations
- Nation to Nation Relationships
- First Nations Emergency Response Services

Directive #3

Improve Services

- PharmaCare Transition
- Regionalization
- Regional Health Survey & Blue Matrix
- Traditional Knowledge Keepers

Directive #5

Develop Human and Economic Capacity

- JPB Projects
- MWSU Flagship Redesign
- Training / Workshops

Directive #4

Foster Meaningful Collaboration and Partnership

- 10-Year SDOH Strategy
- FNHA-VCH 5-PWG's
- Regionalization of Provincial Partnerships



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