




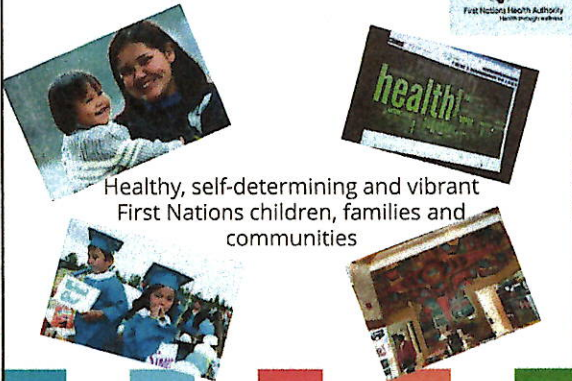
First Nations Health Authority
Health through wellness

Restart Planning Tool kit Presentation


Aboriginal Head Start On Reserve (AHSOR)

August 2020





Healthy, self-determining and vibrant
First Nations children, families and
communities





Ada Mawson
Head Start Advisor
Vancouver Island



Lorrie Pada
Head Start Advisor
Interior Region



Lynne Bomford
Head Start Advisor
Northern Region




Denise Lacerte
Senior Specialist, Healthy
Children & Youth



Tara McLaughlin
Head Start Advisor
Fraser & Vancouver Coastal Regions




On Friday, June 26, 2020 Dr. Shannon McDonald, FNHA's Acting Chief Medical Officer, and Dr. Bonnie Henry, BC's Provincial Health Officer, held a live press conference from the Victoria Legislature. Together they released data and reporting on cases of COVID-19 within First Nations, and providing an overall update on the novel coronavirus (COVID-19) and how it has affected First Nations communities and Indigenous people in BC.



- 0-10 years olds-no known cases
- 10-18 years olds-6 youth tested positive-non resulted in a hospital stay
- It is more likely for children to receive COVID from adults

COVID-19 UPDATES FROM THE First Nations Health Authority


FNHA News and Events
Stay connected and up to date by visiting our website and other social media links such as Facebook, Instagram, etc.



Head Start and Restart Planning Toolkit


The following information is intended to assist our communities during this Phase of the Restart. For those of you who may be considering reopening programs /services during the COVID-19 pandemic, we are providing some important restart operational information and resources. This supportive information is community- based and community-paced, to be used at your own stage of decision making and stage of readiness.

Your Regional Head Start Advisors are here to support you as you proceed.



2020-08-10 10:00 AM (GMT-07:00)
Topic: Restart Planning Toolkit - Operational Information

FNHA Resources



Community COVID-19 Safety PLANNING KIT


A GUIDE TO COVID-19

Service Providers Planning Toolkit

2020-08-10 10:00 AM (GMT-07:00)
Topic: Restart Planning Toolkit - Operational Information

First Nations Health Authority
Health through culture

- Ensure you inform staff by providing them with new restart protocols and procedures. This will assist in their ability to be well informed and equipped with expectations.
- Create a strategy for how you will support individuals within the team.
- Each individual may be experiencing various levels of emotion and may require additional supports. For example, some communities may have a health benefits plan while others may stay connected with external resources.
- Reopening date — Identify what staff need to be aware of to communicate with parents prior to the families returning.
- Identify what may or may not be available and how you will proceed.
- Daily schedule — anticipate what interruptions may occur, and plan how to adhere to the above procedures.




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Health through culture

- Identify how to inform the community of your restart plan to support the ease and safety for all.
- Consider the value and importance of training for your staff.
- Monitor and evaluate your plans and adapt as needed.

Head Start Families and your Community

- Reopening date — identify what needs to be communicated and your process of informing families prior to return date
- Identify how families/community will stay informed and supported. For example: posting your reopening date; what to expect while you restart; what may not be available; resources to support awareness; health and safety etc.
- Support families/community in knowing they are not alone
- Post and share resources on how to physical distance and wash hands
- Consider how to continue or further utilize the Head Start Outreach Delivery Model to connect those who may not be able to access the program/facility; how to link families to available resources and/or resource kits.



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First Nations Health Authority
Health through culture

Many communities recently experienced how flexible Head Start is when they shifted from their existing Preschool Delivery Model into an Outreach Model. Staff working from home developed and distributed resource kits to the families in their community. The beauty of Head Start is that it's a flexible program that can be adapted to meet the needs of your community.

Head Start Delivery Models

Communities make different choices about how to best use their Head Start funds, taking into account their community size, numbers of children, existing services and capacity, isolation factors and transportation challenges, as well as family and community needs and priorities, and availability of qualified staff. Some communities use Head Start funds to supplement and enhance existing programs and link with other funding sources, while others use funds to create programs where none existed before.

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Land-based Learning Program

Each season sustained and prepared First Nations communities for many generations. For example: elements such as Life Cycles, Directions and Seasons of Spring, Summer, Fall and Winter. Each territory varies in traditional beauty of its land, water, forests, mountains or terrains.

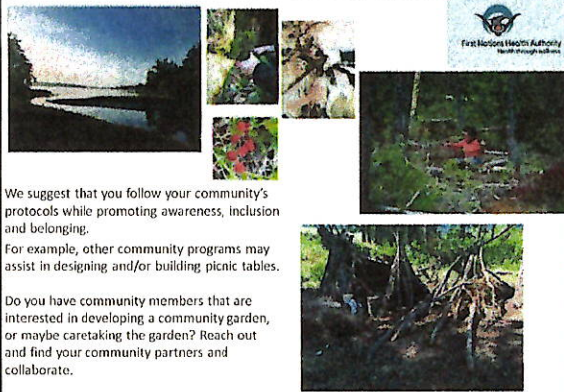
As communities take a closer look at their seasonal /cultural calendars and overall planning for program development, they may be searching for ways to explore new concepts.

Exploring your Program "Connections to Land-based learning"

- o Getting started
- o Administration- budgeting, staffing, planning, training
- o Hours of operation, schedules, materials
- o Building curriculum and incorporating the 6 key components
- o Community Involvement




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We suggest that you follow your community's protocols while promoting awareness, inclusion and belonging.

For example, other community programs may assist in designing and/or building picnic tables.

Do you have community members that are interested in developing a community garden, or maybe caretaking the garden? Reach out and find your community partners and collaborate.




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Land-based learning has endless possibilities

- There are many benefits and life skills to be learned through risky play:
 - Fostering problem solving
 - Building resiliency and persistence
 - Understanding consequences to action
 - Developing curiosity and wonder

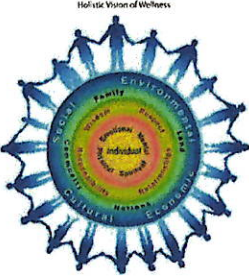


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Regional Head Start Training Themes- can be provided either in person or virtually.

Outcomes include areas such as:

Head Start 101/Orientation; Outreach & Home visiting; Growing the 6 components & Curriculum Development; Guiding Children's Behavior; Incorporating Elder, Knowledge Keeper Involvement; Parent & Family Involvement Evaluation, Screening & Assessment tools; Connections with other Head Start Teams and/or service providers; multiple areas within Administration and so much more.



Aboriginal Head Start On Reserve
Regional Training

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Head Start Regional Advisors:

Fraser Salish & Vancouver Coastal Regions
Tara McLaughlin
Phone: (604) 817-1835
Email: tara.mclaughlin@fnha.ca

Northern Region
Lynne Bomford
Phone: (250) 280-8892
Email: lynne.bomford@fnha.ca

Vancouver Island Region
Ada Mawson
Phone: (604) 817-4074
Email: ada.mawson@fnha.ca

Interior Region
Lorrie Pada
Phone: (604) 817-4028
Email: lorrie.pada@fnha.ca

Aboriginal Head Start On Reserve



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Email: lorrie.pada@fnha.ca

Aboriginal Head Start On Reserve



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Websites

1. <https://www.fnha.ca/about/news-and-events/news/fnha-reports-86-first-nations-cases-of-covid-19-to-june-14-2020>
2. <https://www.fnha.ca/Documents/FNHA-Services-Resumption-Planning-Guide.pdf>
3. <https://www.fnha.ca/Documents/FNHA-A-Guide-To-COVID-19.pdf>
4. <https://www.fnha.ca/Documents/FNHA-Community-COVID-19-Safety-Planning-Guide.PDF>
5. <https://www.fnha.ca/what-we-do/maternal-child-and-family-health/aboriginal-head-start-on-reserve>
6. http://www.bccdc.ca/Health-Info-Site/Documents/COVID_public_guidance/Guidance-k-12-schools.pdf
7. <https://www.healthlinkbc.ca/covid-19/child-families-covid-19>
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