

First Nations Virtual Substance Use & Psychiatry Service

Culturally-safe specialist support for your health and wellbeing



1. Ask your health and wellness provider for a referral or call the First Nations Virtual Doctor of the Day.



2. You and your provider can call the service together to set up an appointment by video or phone.



3. An assistant will connect you with a specialist to give you the support you need.

Support is available Monday to Friday
Learn more at [FNHA.ca/VirtualHealth](https://fnha.ca/VirtualHealth)



First Nations Health Authority
Health through wellness