

# VISION BENEFITS



First Nations Health Authority  
Health through wellness

## First Nations Health Benefits & Services (FNHBS) offers you a comprehensive vision care plan to support you on your wellness journey.

Getting a regular eye exam is necessary to maintain good eye health and to check the eyes and brain for diseases. If you wear prescription contacts or eye glasses it is important to update your prescription regularly.

### Did you know?

Approximately 80% of visual impairment is either preventable or curable with treatment.

Your vision care plan offers you access to regular preventative services, such as eye exams, to protect and maintain your eye health.

## What my plan covers

Your plan covers certain vision care services and items under the following categories:

- > Sight tests and eye exams; and
- > Prescription eyewear and repairs.

## What my plan does not cover

Some items and services that are not covered by your vision plan include, but are not limited to:

- > Prescription eyewear accessories or supplies (e.g., contact lens solution, glasses cases)
- > Surgical procedures (e.g. laser eye surgery)



To have your vision care details at your fingertips, download the Pacific Blue Cross (PBC) App by scanning the QR code, or visit [www.pac.bluecross.ca](http://www.pac.bluecross.ca), to login to your member profile.

# How do I access coverage?

When you make an appointment, the best way to access your coverage and avoid out-of-pocket costs is to discuss your exam, eyewear options and billing details with your provider.

**1**

**Ask your provider if they are registered with PBC so they can bill PBC directly.**

**2**

**Check if your vision care provider requires payment up front.**

**3**

**Talk to your vision care provider about which items and services are fully covered by your vision care plan.**

**4**

**If you purchase your glasses or contact lenses online, request reimbursement through PBC.**

If you have any questions about your vision plan, about how to access coverage, or need travel assistance to access your vision care, please call FNHBS at **1-855-550-5454**.

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