



Pacific Northwest
Division of Family Practice

A FPSC initiative

Weaving Traditional
Wellness into Primary Care
Services and Supports

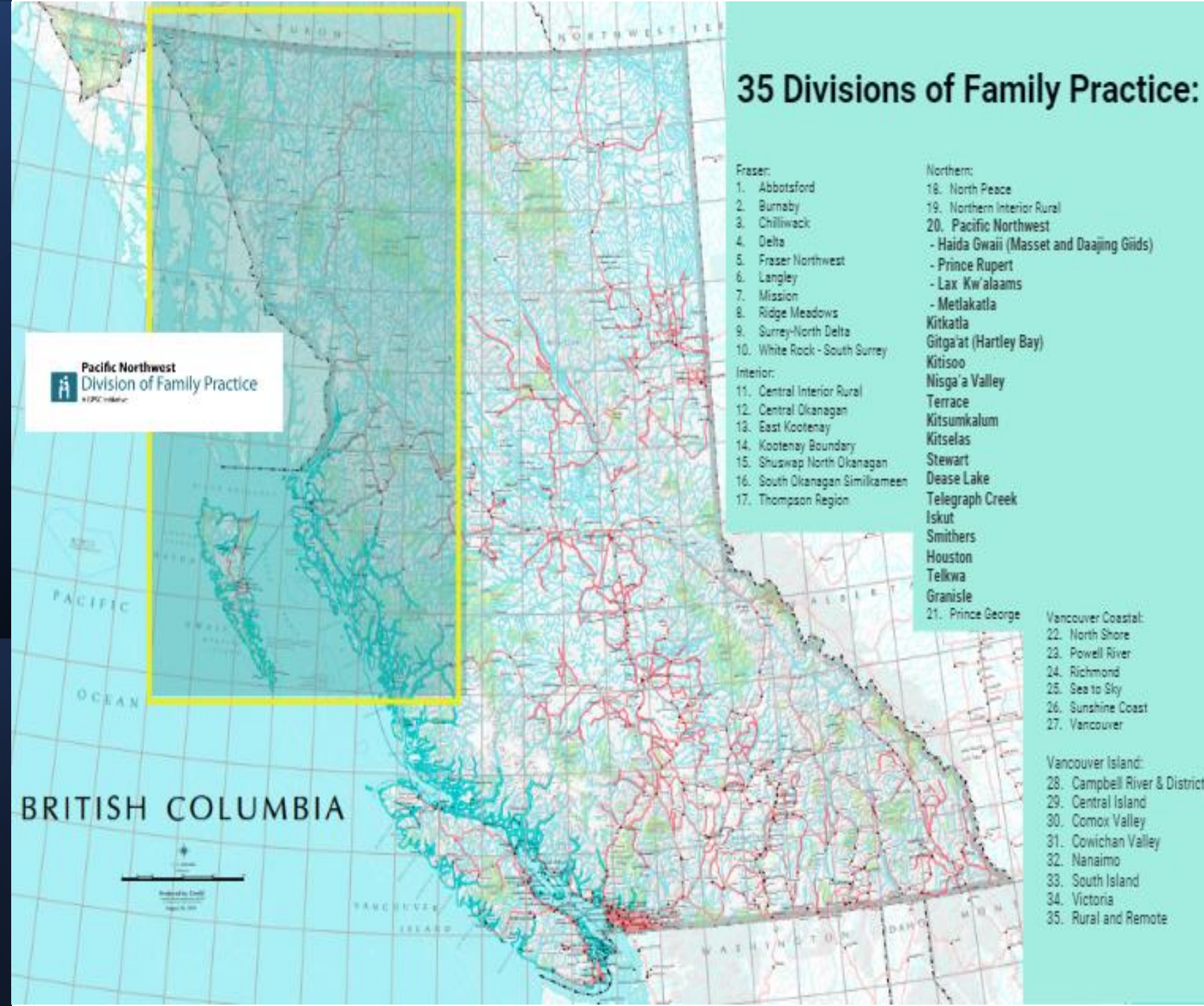
Colleen Enns, Executive Director

Land Acknowledgement



As we gather here today, we respectfully acknowledge with deep gratitude the opportunity to join from the Lands of the x^wməθk^wəyəm (Musqueam), S_kwxwú7mesh (Squamish), and səlilwətał (Tsleil-Waututh) Nations.

Pacific Northwest Division of Family Practice



Northwest - 25 First Nations

501	Taku River Tlingit	682	Tahltan
504	Dease River Band (Good Hope Lake)	683	Iskut
671	Gingolx	678	Lax Galt'sap
677	Gitlaxt'aamiks / New Aiyansh	679	Gitwinsihi kw
531	Gitanmaax	535	Gitsegukla
537	Gitanyow	536	Gitwangak
533	Sik E Dakh / Glen Vowell	532	Anspayaxw / Kisplox
534	Tse-kya / Hagwilget	530	Moricetown / Key' ah' wiget
669	Old Massett Village Council	670	Skidegate
675	Gitga'at / Hartley Bay	672	Gitxaala / Kitkatla
673	Metlakatla / Maxtakxaata	674	Lax Kw'alaams
676	Kitimaat Village Council / Haisla	681	Kitsumkalum
680	Kitselas / Gitselasu		

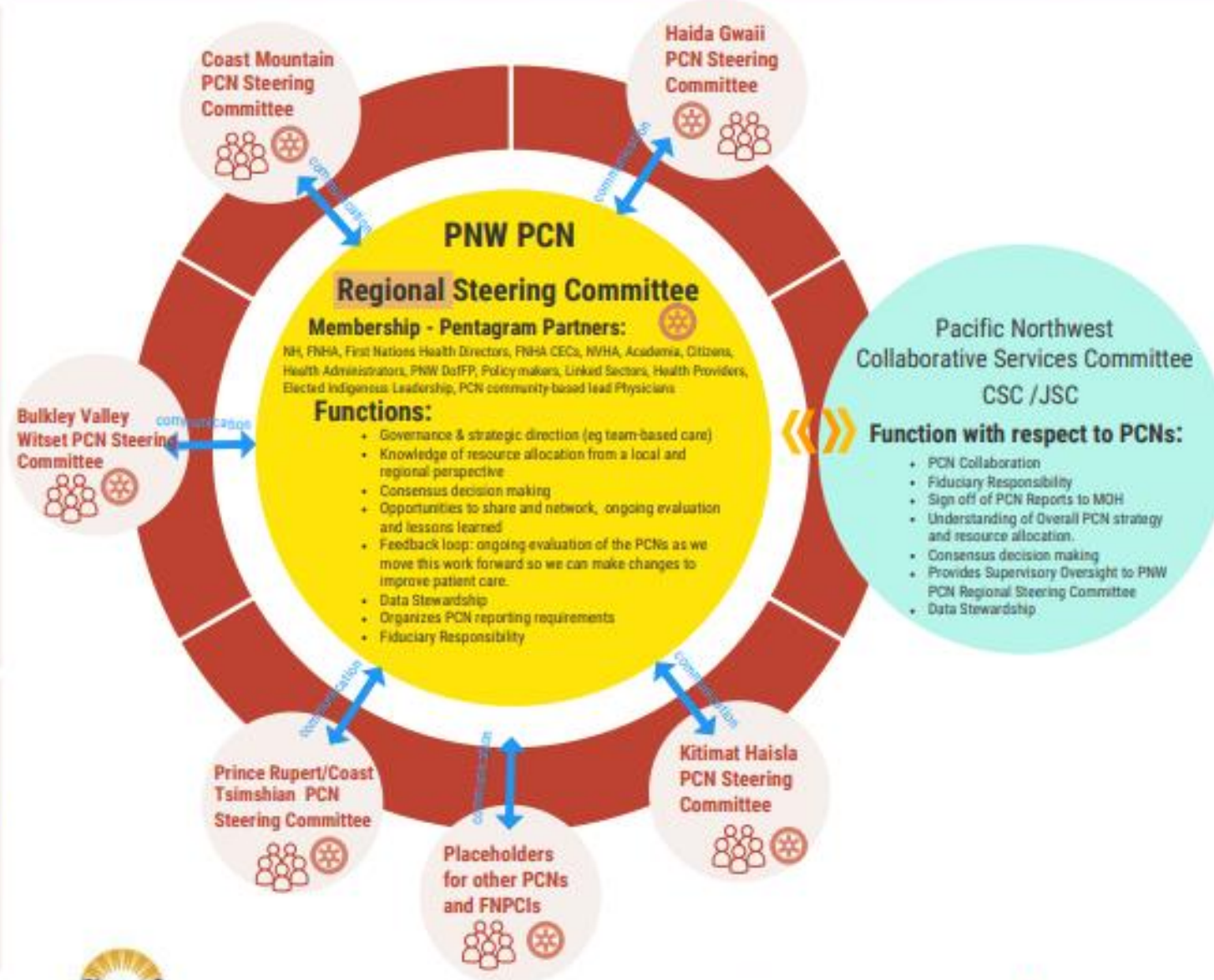
Community Based PCN Steering Committees Membership:

Membership to be determined by each community

- Function:**
- Governance & Strategic direction
 - PCN Design and implementation
 - PCN team based delivery model best suited to meet patient needs
 - Consensus decision making
 - Fiduciary accountability
 - Reporting as required
 - Data stewardship
 - Resource allocation

- Pentagram + Partnership Model**
- Academia
 - Citizens/Community
 - Health Directors and Health Administrators
 - Health Care Providers
 - Linked Sectors
 - Policy Makers

* see page 2 for full listing



Pentagram + Partnership Model

Building Culturally Safe Care

Academia: (e.g. Learners, Educators and Researchers): this may include residents or health care researchers

Citizens/ Community: volunteer or community health care committees, patients, and First Nations citizens

Health Administrators: (e.g. Health Authorities): this role may be filled by a Health Directors, Health Service Administrator, Health Manager, local manager, Health Authority Manager

Health Care Providers: this may include clinicians, allied health, first responders, pharmacists, and others

Linked Sectors: (e.g. Industry, Non-Profit Organizations): this may include local or regional forestry, mining, or other industry leaders and non-profit leaders

Policy Makers: (e.g. Ministry of Health, Colleges, Divisions of Family Practice, etc.): this role may be filled by a Mayor, city councilors, Electoral District Director, Division of Family Practice Executive Director, Ministry of Health representatives

Virtual Conference | March 9 - 10, 2023



MetSC 2023 SYMPOSIUM

Helping Canadians get Healthier

Pacific Northwest
Division of Family Practice
AFCO 14340

MetabolicSyndromeCanada.ca



Pacific Northwest
Division of Family Practice
AFCO 14340

This program is an educational activity for the Pacific Northwest Division of Family Practice, a member of the American College of Family Physicians (ACFP) and the American Academy on Physician and Surgeons (AAPA).

Accredited by UBC CPD

THE UNIVERSITY OF BRITISH COLUMBIA
Continuing Professional Development

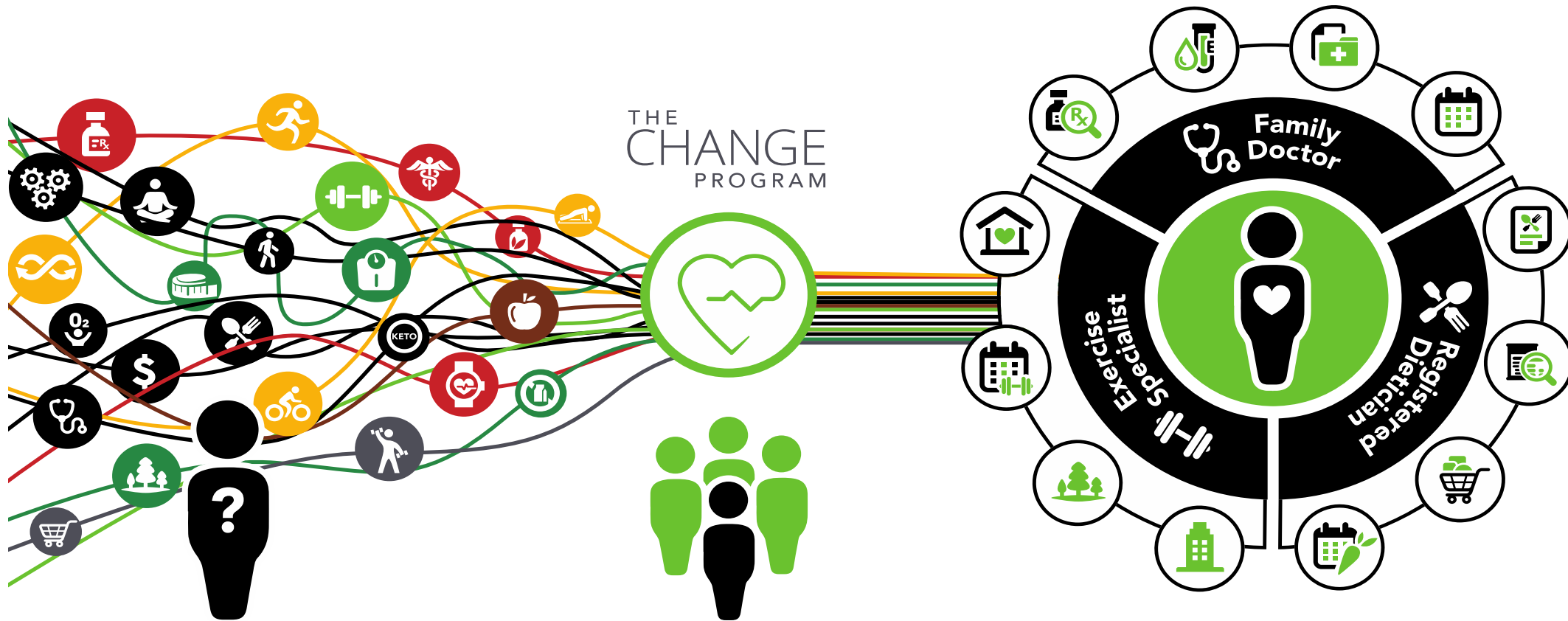


PACIFIC NORTHWEST

COMMUNITY PARTNERSHIP TOUR
12.04.2023

Why is this collaborative partnership important?

- Life expectancy: 10 years less in the Pacific Northwest Region
- 40% of Family Practice has patients who need support for Metabolic Syndrome / Type 2 diabetes
- Collaborative partnership and First Nations Leadership is leveraging supports



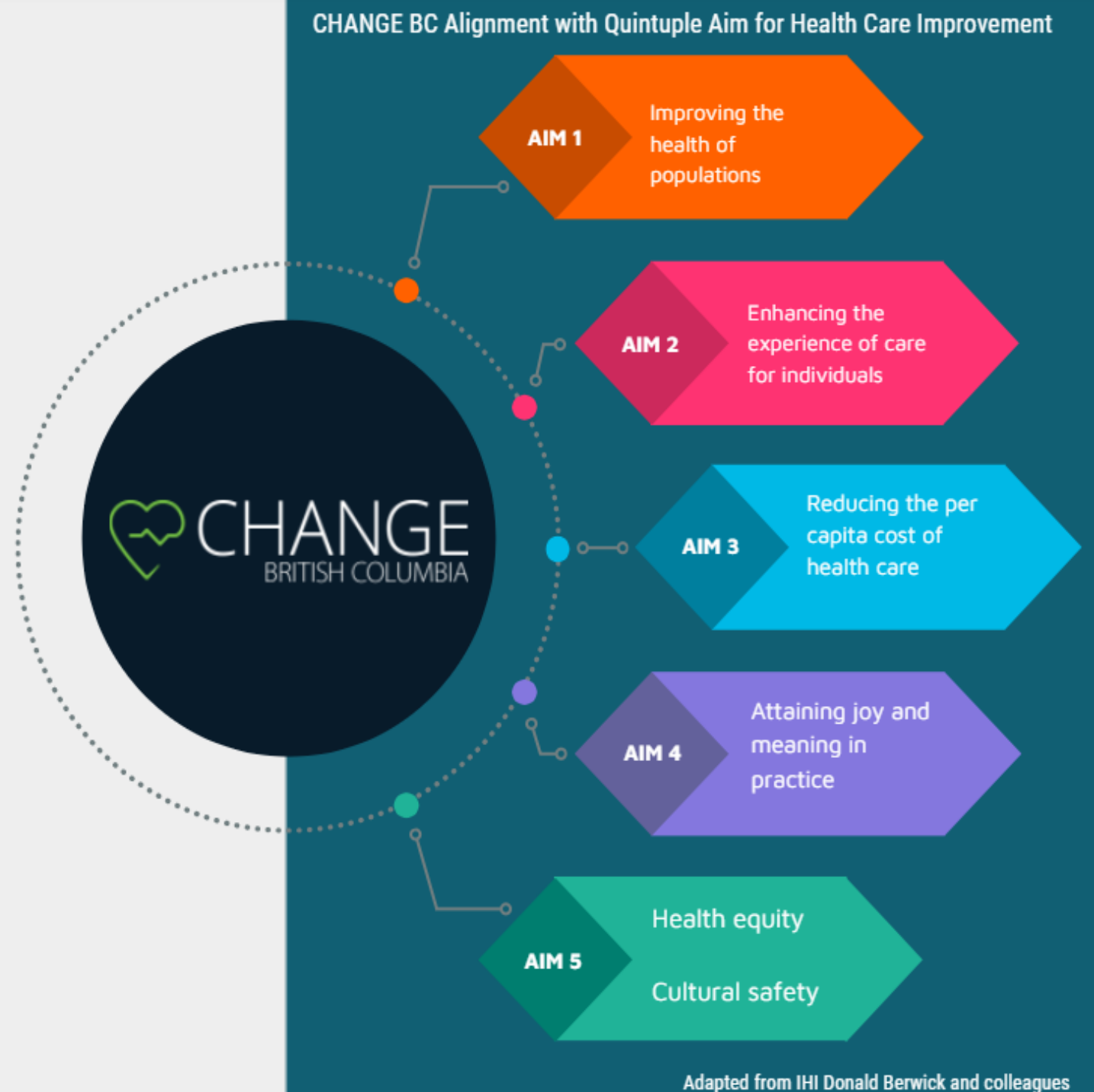
<https://www.changebc.net/>

Why is this important?

- Over 1.5 million people in BC have diabetes or metabolic syndrome

Annual Costs:

- BC cost of the disease to the provincial health-care system is a staggering \$509 million
- Patient out of pocket costs: \$800 - \$4,700





← Job Openings

Kinesiologist CSEP Clinical Exercise Physiologist

Special - New Aiyansh, British Columbia

Position: Kinesiologist CSEP Clinical Exercise Physiologist, Nisga'a Valley Health Authority
Classification: KCEPW1
Reports to: Team Lead
Salary Range: \$54,500 - \$109,000
Hours: Monday to Friday: 8:30 am to 5:00 pm
Term: 0.5 to 1.0 FTE - Part Time to Full Time
Location: Nass Valley

Nisga'a Valley Health Authority (NVHA) oversees four Health and Wellness facilities located across the Traditional Nisga'a Territory. Located 100 km Northwest of Terrace, bordering British Columbia's rugged Pacific Northwest coast, the Nisga'a Lands are blessed with soaring mountains, dramatic lava beds, amazing hot springs, picturesque fjords, sparkling waterfalls, thriving rivers and streams, as well as an excellent, collegial health care team and superb professional working environment.

NVHA is a key collaborative and leading partner of the Coast Mountain Primary Care Network, and is building a Nisga'a Valley Primary Care Network that will bring Indigenous Primary Care Exercise Program supports to the NVHA Health



← Job Openings

Registered Dietitian

Special - New Aiyansh, British Columbia

Position: Dietitian, Nisga'a Valley Health Authority
Classification: DW1
Reports to: Team Lead
Salary Range: \$54,500 - \$109,000
Hours: Monday to Friday: 8:30 am to 5:00 pm
Term: 0.5 to 1.0 FTE - Part Time to Full Time
Location: Nass Valley

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NVHA is a key collaborative and leading partner of the Coast Mountain Primary Care Network, and is building a Nisga'a Valley Primary Care Network that will bring Indigenous Nutrition Program supports to the NVHA Health Care

CHANGE BC Student Team

Pacific Northwest Placements

- Terrace
- Houston/Smithers
- Nisga'a Valley

Vancouver Team

- Logistical and virtual support
- Work closely with Northern team

Learning in Team-Based Care

- Practice-based
 - Screening & Prescription
 - Patient-Clinician Rapport
- Unique Mentorship & Local Teachers
 - Clinicians | Patients | Health Authorities | Government Authorities





Canadian Health Advanced by
Nutrition and Graded Exercise

- UBC's School of Kinesiology has launched *Work Integrated Learning* courses - *Kinesiology in Primary Care Medicine in **CHANGE***
- The Faculty of Land & Food Systems have taken a leading role in advancing UBC's strategic priorities in team-based care through the involvement of the Dietetics clinical internship placements in **CHANGE**.
- UBC's Faculty of Dentistry newly launched **DentalLink** includes dental hygiene students providing teledentistry services to support the needs of underserved populations including **CHANGE** patients.

Cultural Awareness

- Exercise: Land based exercise counts as much as gym workouts
- Nutrition: Traditional diets
- Pt centered and increased engagement



A scenic sunset over a rocky coastline. On the left, a steep, forested cliffside descends to a rocky beach. The sun is low on the horizon, casting a golden glow across the sky and reflecting on the water. A large, semi-transparent circle is centered over the image, containing the text "Thank You" in a dark, sans-serif font.

Thank You