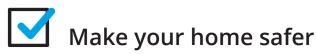
## 1 in 3 Elders will FALL this year

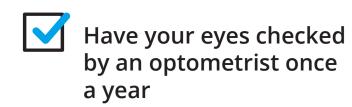


## What can you do to prevent falls?













Find more resources online at: www.findingbalancebc.ca















