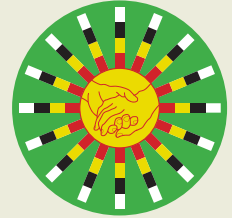




# GRANT APPLICATION FORM

## NORTHERN REGION

### *Commitment Stick Initiative*



Esk'etemc Commitment Sticks are symbols of a personal commitment to live violence free and a commitment to actively stop violence against Indigenous women and girls.

The idea of the Commitment Sticks started with Alkali Lake (Esk'etemc) Elder Fred Johnson Sr., with the support of Chief Charlene Belleau. The Commitment Sticks represent working together on issues involving violence against Indigenous women and girls.

Commitment sticks are concerned with this issue, an issue that we can—and must—address. They flow from the idea that we must be involved in our own healing; it's not a matter of bringing in “experts” who can fix the community, but instead it's us, our culture, our leaders—guided by tradition and ceremony—that can help us.

Esk'etemc frontline workers and leadership work together and all agree that the cycle of intergenerational trauma, including violence, has to stop with us. Regardless of whether we were abused at residential school, we must not pass it on to our children. Each man has signed a pledge to live violence free, stop violence against women and hold other men accountable. They keep their pledges on little cards in their wallets.

Elder Fred Johnson and his family prepare each commitment stick with prayer.

The Northern Region is offering a grant for amounts up to **\$1000** per Community to promote continued support of the Commitment Stick promise. Please complete the application form and submit to:  
Keith Henry: [Keith.Henry@fnha.ca](mailto:Keith.Henry@fnha.ca)

**Application deadline is December 15, 2017.**

Projects must support ending violence against Indigenous Women and Girls and can include but are not limited to:

- Expenses for Community Events, Meetings and Activities (Healing Circles, Support Groups)
- Search Costs (Catering, Advertising)
- Education Programs

**LEGAL NAME OF HOST ORGANIZATION** *(as it should appear on grant funding letter)*

**HOST ORGANIZATIONS COMPLETE MAILING ADDRESS** *(include Postal Code)*

**DESCRIBE THE ACTIVITY OR INITIATIVE AND HOW IT MEETS THE GRANT CRITERIA**

**PARTICIPATION**

**Participant Demographic Expected**

- School age/youth Male
- School age/youth Female
- Adults – Women
- Adults – Men
- Elders
- All of the above
- Other: \_\_\_\_\_

**CONTACT PERSON**

First and Last Name: \_\_\_\_\_

Job Title: \_\_\_\_\_

Work Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_

**BUDGET:** How will your funding be spent (your best estimate) please provide details:

EXPENSES	ESTIMATED COST
Transportation	\$
Catering: Food & Water	\$
Honoraria	\$
Supplies/Resource Materials	\$
Creation of Materials	\$
Facilitators	\$
<b>Total Expenses</b>	<b>\$</b>
<b>Grant Request – not to exceed \$1,000</b>	

**NOTES**

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