Lake Babine Nation (LBN) has welcomed home Emma Palmantier who has taken on the role of Health Director overseeing the Health Programs and Services for all 5 LBN communities. And with this newly filled position I am happy to report that the Nation is making great strides in addressing health gaps and implementing many programs and projects that have been at a stand still for quite some time.

Priorities for 2017-18

- Language Nest Development Project - phase 1
- Collaborative Health Awareness Days with Northern Health and Lakes Communities
- Community Healing Ceremony with Lakes Communities
- Harm Reduction and Health Sexuality Community Based Workshops - FNHA Indigenous Wellness Team
- Mental Health Mobile Support Team Initiative

Indigenous Health Improvement Committee (formerly AHIC)

The two Indigenous Health Improvement Committees (IHICs) that LBN works with have been solidifying their work plans for the upcoming year. The Lakes IHIC looks forward to completing their digital story in early 2018. The digital story will look at the diversity and locations of the communities in and around the Lakes District. It will also have enough cultural practice knowledge shared to pique the interest of those who watch it. The Lakes would also like to begin implementing a “Lunch & Learn Program” to create a space for our Indigenous knowledge holders to connect with our health service professionals to learn about cultural practices that they may encounter while working with Indigenous patients or clients. This committee is also looking at hosting some sort of health forum with the communities however, the discussion of how that will look for each community is still to be had.

We are also interested in understanding any barriers our community Health Leads face in attending the IHIC meetings. Starting in October the Lakes IHIC will begin offering teleconference and webinar options to give our committee other opportunities to attend. The NorthWestEast IHIC has had a few action planning teleconferences throughout this past summer, and as a result this committee has decided they would like to continue with another round of Cultural
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Learning events in Smithers and Hazelton. These events have been hugely successful in the past years and the committee wishes to be more in depth with the knowledge and approaches to healing. Additionally they would like to extend the invitation to RCMP, Justice, and Child & Family organizations. The NorthWestEast IHIC has a vast geography to cover from Fort Babine to Atlin and Lower Post. There needs to be work done to ensure that all the communities’ diverse needs are being met within the budget provided. The committee would also like to develop a cultural video of Traditional practices from each of the communities in the NWE IHIC.

Orange Shirt Day “Every Child Matters”

The Lakes District Secondary School had a drumming and singing walk through Burns Lake on September 30th for the “Every Child Matters” Residential School Awareness Day. Students from the Lakes District Secondary School, Lake Babine Elementary School and drummers from Lake Babine Nation walked through downtown Burns Lake to the drum beat of our Natoo’ten songs.