

PHARMACY BENEFITS



First Nations Health Authority
Health through wellness

First Nations Health Benefits & Services (FNHBS) has partnered with BC PharmaCare and Pacific Blue Cross (PBC) to offer a pharmacy plan to support you on your wellness journey.

Your pharmacy benefits provide coverage for medications to take care of your health.

Did you know?

Approximately 55% of adults in Canada require at least one prescription medication each month.

Medications and other benefits dispensed by a pharmacy are important to cure or prevent disease and manage chronic conditions.

NOTE: You must be enrolled with FNHBS to access pharmacy benefits.
To register, please contact FNHBS at **1-855-550-5454**.

What my plan covers



PharmaCare Plan W (for Wellness) is the plan for First Nations people living in BC. Your plan covers the following pharmacy items:

- > Prescription drugs
- > Over-the-counter (OTC) drugs (e.g. Tylenol)
- > Non-drug OTC items

What my plan does not cover



Some items and services that are not covered by your pharmacy plan include, but are not limited to:

- > Cannabis
- > Most vaccines

The First Nations Health Authority (FNHA) and PBC **Pharmacy Fee Supplement** contains other pharmacy benefits, including coverage of select Medical Supplies & Equipment as well as the FNHA Supplementary Formulary which covers items for wellness initiatives (e.g., the Shingrix® vaccine).



For more information about pharmacy coverage, please visit our website by scanning the QR code or <https://www.fnha.ca/benefits/pharmacy>.

How do I access coverage?

When you need medication or pharmacy items, the best way to avoid out-of-pocket costs is to talk to your pharmacist about which items are fully covered by your plan.

1

See your provider to determine if there is an appropriate medication or pharmacy item for your condition or symptoms.

2

Ask your provider if your medication requires Special Authority.

3

Talk to your pharmacist about which medications and items are fully covered by your plan.

4

The pharmacist will dispense your medication and bill Plan W or PBC directly.

If you plan to travel outside of BC, make sure to plan ahead and talk to your pharmacist to ensure you have enough medication to last your whole trip.

If you have any questions about your pharmacy plan or how to access coverage, please call FNHBS at **1-855-550-5454**.

NOVEMBER 2023

