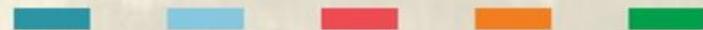


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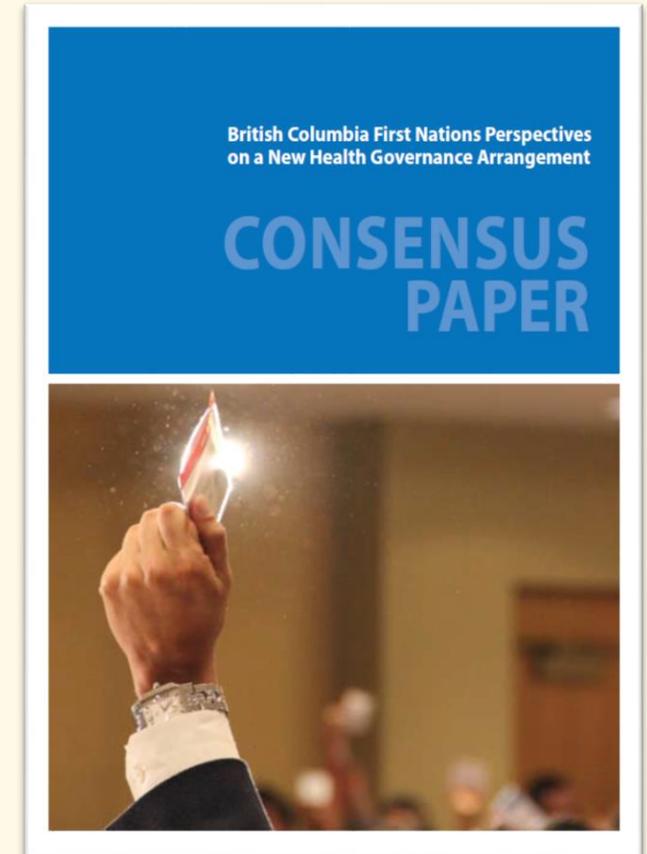
# **First Nations Health Council Long-Term Approach**

**Spring 2019 Regional Governance Caucus**



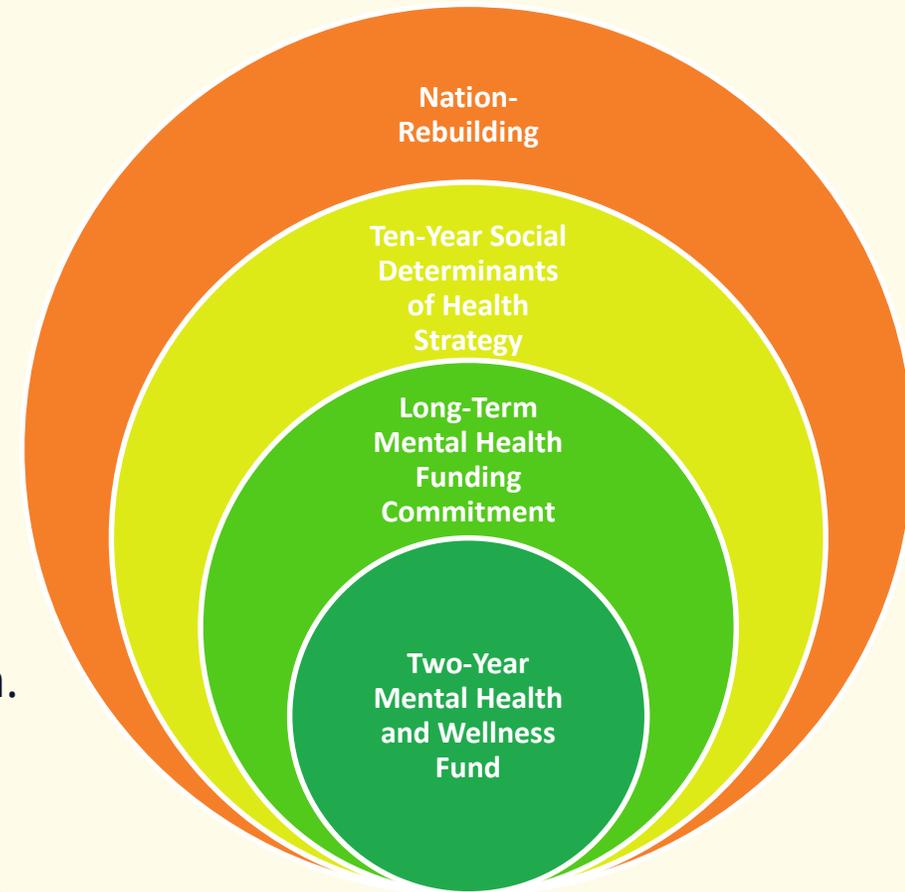
## What is the Ten-Year Strategy on Social Determinants of Health?

- When BC First Nations Endorsed Consensus Paper 2011, Chiefs called upon the FNHC to continue as a province-wide advocacy body with the mandate to build partnerships to make progress on the social determinants of health.
- The social determinants of health address issues that are at the root causes of ill health. This work supports Nations to design programs that make sense in order to support healthy children, families, and communities.
- A Ten-Year Strategy will coordinate resources at the federal and provincial levels to invest in community-driven, Nation-based governance and service delivery.



## Mental Health, Social Determinants, and Nation-Rebuilding

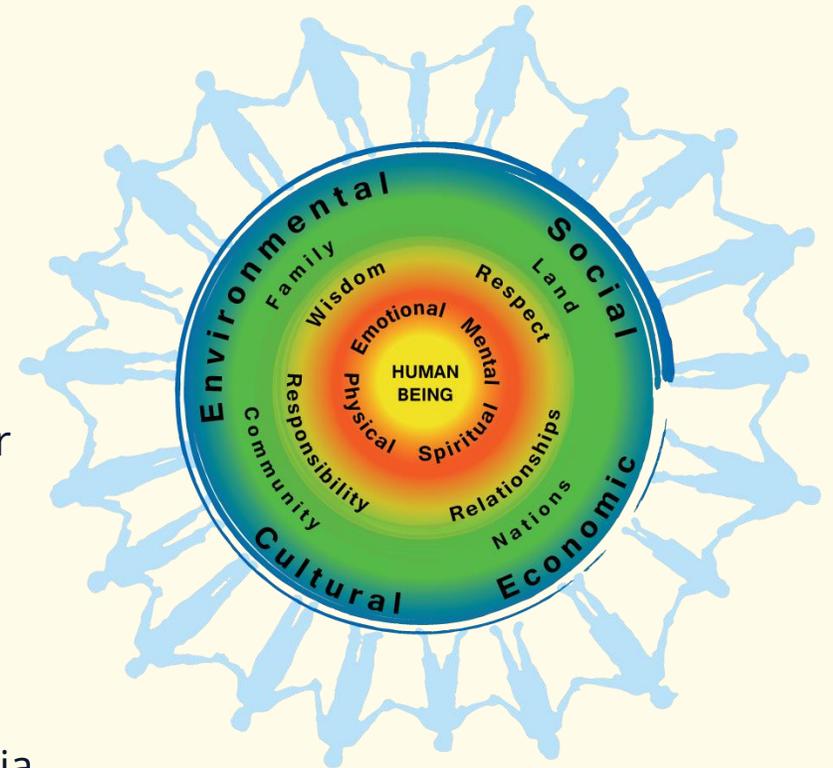
- Building healthy, self-determining and vibrant Nations through Nation-Rebuilding is the overarching goal of this work.
- Each component builds towards the greater goal of Nation Rebuilding.
- The Two-Year Mental Health and Wellness fund pilots a new and flexible approach to funding.
- The Long-Term Mental Health Funding Commitment provides sustainable funding for meaningful transformation.
- The Ten-Year Social Determinants of Health Strategy will articulate a whole-of-government approach to building capacity and improving health outcomes in BC First Nations.



# What is the Ten-Year Strategy on Social Determinants of Health?

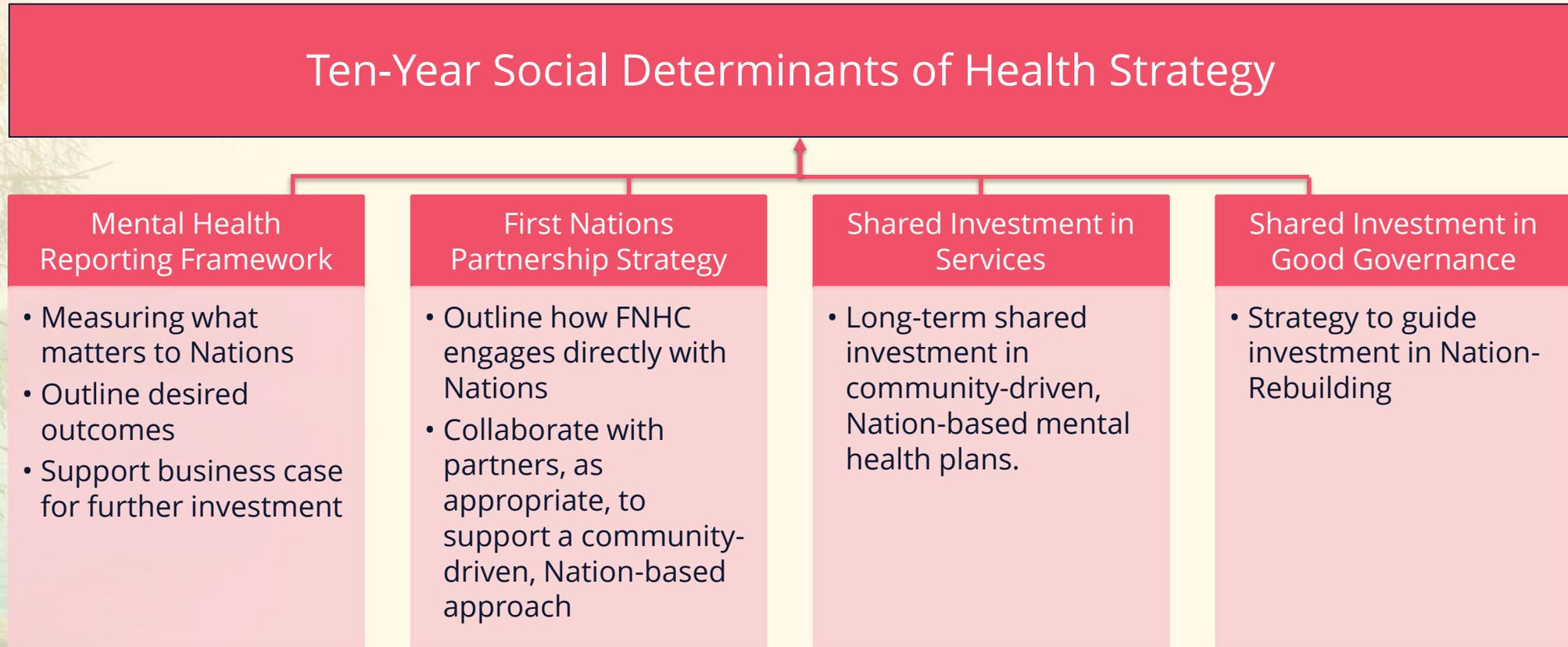
By 2029, we envision that BC First Nations:

- Have sufficient, sustained and flexible funding for health and social services;
- Are rebuilding their Nations;
- Are redesigning services to reflect the vision, values and laws of their Nations;
- Are full and equal partners in decisions about their health and wellness;
- Have the same access to services as other citizens of British Columbia.
- Are celebrating their successes.



# How Do We Get There?

What do we need in place in order to make meaningful change?



## Mental Health and Wellness Reporting Framework

- As mentioned earlier, the Mental Health and Wellness Reporting Framework will:
  - Measure what matters to BC First Nations,
  - Provide a shared framework to measure the success of the new approach to funding community-driven, Nation-based services,
  - Support Nations to develop their own indicators of success,
  - Support a business case for ongoing funding for the new approach to mental health and wellness.
  - If you would like to participate in the development of the framework, please let a member of the staff know.

## First Nations Partnership Strategy

- Supporting Nations on their health and wellness journey is heavy work. It requires many hands and all our collective talent.
- The First Nations Health Council is supporting Nations to reclaim and rebuild their traditional governance structures through funding and advocacy.
- A Partnership Strategy would articulate how the FNHC works with Canada and BC to support Nations to build strong partnerships with all services providers.
- The strategy would also outline how the FNHC works with individual Nations, to represent their health and social determinants interests as requested.

## Shared Investment in Services

- The Tripartite MOU on Mental Health and the Social Determinants of Health commits Canada, BC, and the FNHC to determine a long-term sustainable approach to fund mental health and wellness.
- The Ten-Year Strategy will advocate for long-term health and social service funding that is needs-based, sufficient, flexible, and predictable.
- The FNHC will advocate for funding to be invested directly into Nation-based health and wellness plans.

## Shared Investment in Good Governance

- Good governance, rooted in tradition and culture, is foundational to designing and delivering programs in a way that works for us.
- The FNHC works to foster and support the development of good governance. The Seven Directives are governance standards.
- First Nations in BC have expressed the need for direct investment in building governance capacity.
- This investment can support Nations to define their relationship with Canada and BC, and work towards a greater self-determination in the areas of health and social services.



# Community-Driven, Nation-Based Planning

1. How do you want to utilize the new MOU funding to achieve your mental health and wellness vision?
2. What are your next steps?
3. What types of supports do you feel the FNHC should advocate for from our partners?

