

Southern Stl'atl'imx Health Society

N'Quatqua, Samahquam Ucwalmiew, Skatin and Douglas First Nation

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Job Description HOME AND COMMUNITY CARE NURSE

Position Title:

Home and Community Care Nurse

Position #:

SSHS 14

Effective Date of Job Description:

August 31, 2018

Cyclical Review Date:

August 31, 2019

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Approved by the Health Director: _	Date: >201 5 / (2

Position Summary

Working within the context of the client-centered, family focused vision and goals of the Southern Stl'atl'imx Health Society and in accordance with CLPNBC Standards of Practice, the Home and Community Care Nurse combines health sciences knowledge with assessment, supervisory and clinical nursing skills to effectively assess and coordinate client care for the Home and Continuing Care Program.

Elder Health

- Assesses needs/strengths/resources within the program.
- Plans, implements and evaluates elder programming. Topics include but are not limited to healthy lifestyle, early detection of illness, emotional wellness, women's health topics, men's health topics, elder abuse and neglect prevention.
- Identifies community members requiring home care support and develops a client centered care plan that includes ongoing re-assessment and determines client need and service allocation.
- Coordinate home care services in such a way to meet the home care service needs of the clients while encouraging independence, family and community support.
- Implement the care plan to provide in-home direct nursing care /personal care/home management services in collaboration with the Home support Workers.
- Ensure clients admitted to the Home and Community Care Program has access to medical supplies and equipment.

- Provides clients and family caregivers with health information as required through demonstrations and informal teaching sessions.
- Refers to other health professionals or agencies as appropriate.

Chronic Disease

- Assesses needs/strengths/resources.
- Plans, implements and evaluates programming around chronic disease. This includes
 prevention, early detection of illness, understanding the illness and how to maintain a
 healthy state with the disease, and when to seek medical attention. Topics include but are
 not limited to cardiovascular health, obesity prevention, cancer, diabetes prevention, oral
 health, arthritis prevention and management, osteoporosis, healthy sexuality.
- Identifies community members requiring home care support and develops a client centered care plan that includes ongoing re-assessment and determines client need and service allocation.
- Coordinate home care services in such a way to meet the home care service needs of the clients while encouraging independence, family and community support.
- Implement the care plan to provide in-home direct nursing care /personal care/home management services in collaboration with the Home support Workers.
- Ensure clients admitted to the Home and Community Care Program has access to medical supplies and equipment.
- Provides clients and family caregivers with health information as required through demonstrations and informal teaching sessions.
- Refers to other health professionals or agencies as appropriate.

Injury Prevention

- Be cognizant of the major sources of injury in the community, and predisposing factors.
- Offers injury prevention education as appropriate across the Lifespan.

Mental Wellness Promotion

- Mental wellness promotion rooted in a well-informed knowledge base of the socio-historical context of First Nations including colonization, residential school trauma and ongoing health/socio-economic and educational inequities.
- Promotes community and individual mental wellness.
- Promotes natural social support networks.
- Engages in building community networks.
- Works towards mental illness prevention through screening and early identification, mental health assessment and monitoring well-being.
- Collaborates with mental health resource people (internal mental health workers and external mental health personnel) on suicide prevention programming.
- Collaborates with relevant personnel to ensure family/intimate partner violence prevention programming is available.

Reports, Documents, Data Bases and Client Records

- Ensures data bases are maintained in all core programs, recall systems, for use in annual reporting, programming evaluation/planning.
- Ensures ESDRT are completed and forwarded to the nurse lead each Friday.
- Ensure that confidential information is securely stored and information released according to agency policy, CLPNBC Standards and current legislation.

Charting

- Ensures all client contact is documented in the client record (OSCAR) and meets with the Canadian Licenced Practical Nurses of British Columbia (CLPNBC) standards. This includes:
 - Nursing documentation that clearly describes an assessment of the client's health status, nursing interventions carried out, and the impact of these interventions on client outcomes in order to facilitate communication, promote good nursing care and meet professional and legal standards.
- Documentation completed via SOAP charting.
- Completed within 24 hours of client contact.

Hours of Work

- To work a 30 hour week.
- To start each day @ the SSHS office promptly at 9am.
 - o Any alternate start time must be discussed and approved by the nurse lead.
- Any additional hours/OT must be approved by nurse lead prior to completing.
 - o If additional hours are approved, time off must be taken within that work week and not carried over.
- Time sheet to be completed every 2 weeks and forwarded to nurse lead for approval.

Additional duties that may be requested

- Participation in working groups, meetings, committees and planning sessions.
- Participation in relevant community events.
- Collaborates with nurse lead in the orientation and mentoring for new nursing and health personnel.
- Seeks opportunities to continuously improve daily work.
- Actively seeks out and supports activities that promote client, staff, visitor, and contractor safety.
- Other duties as required.

Additional Qualifications and Values

- Interest in critical self-reflection and continual cultural competency development and training.
- Commitment to continuing professional development.
- Respectful of individual, family, community and nation, and the right to self-determined approaches to health and well-being.
- Seeks guidance from First Nations leadership in order to validate and integrate First

Nations knowledge into all aspects of health and well-being.

- Works respectfully with clients and health department staff in a culturally safe, relational and inclusive manner.
- Ability to maintain a professional demeanour and confidentiality.
- Ability to work both within a team and independently.
- Excellent written and interpersonal communication skills and the ability to work effectively with a variety of people and circumstances.
- Licensed Practical Nurse currently registered with the College of Licensed Practical Nurses of B.C.
- BCCDC Immunization Certification Current
- First Aide Certificate Level C
- Must provide a satisfactory Criminal Records with Vulnerable Sector check.
- Must have a valid B.C. Driver's License.

Special Requirements

- 1. Maintains <u>strict confidentiality</u> in performing the duties of this position and must adhere to the privacy, security and confidentiality policies of SSHS.
- 2. Must adhere to the SSHS Human Resource policies.
- 3. Travel to the remote communities served by SSHS requires driving on rough gravel roads and is required during all four seasons.

Job Type: Full-time

I certify that this position description is an accurate description of the responsibilities assigned to the position of the Home and Community Care Nurse:

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Supervisor's Signature	Printed Name
Date:	
I certify that I have read and understo Home and Community Care Nurse:	ood the responsibilities assigned to this position of the
Employee's Signature	Printed Name
Date:	