

# *Partnership Guidance on a Service Framework for MCFD Child and Youth Mental Health*

Prepared for First Nations Health Council Vancouver Coastal Regional Caucus  
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Acknowledging the traditional territory of the Snuneymuxw



Ministry of  
Children and Family  
Development

***Presented by:***

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# Today:

## Objective:

*Discuss how a Child and Youth Mental Health (CYMH) Service Framework for community-based services could best support improved access and consistency in quality of service*

## Outline:

- Why is MCFD developing a CYMH Service Framework?
- What is a Service Framework for community-based CYMH?
- Discussion - How can we work with you to deliver services in a different way?

# Why?

**Because, in partnership, we must do and can do better**

**Strengths** to build on:

- 5-Year Plan accomplishments – population health approach, ACYMH
- CYMH services = early identification, intervention

**Challenges** – recurrent themes:

- Equitable access – rural, remote communities
- Quality – trauma-informed; culturally safe and appropriate; person-, family- & community-centred

**Opportunity:**

- Ministry of Mental Health & Addictions - child and youth plan
- Expand CYMH community-based services – improved access
- Enhance CYMH services
  - improved efficiency, effectiveness and consistency
  - Improve cultural appropriateness, cultural safety

# Why?

## **Because, in partnership, we must do and can do better**

Objectives linked to the Service Framework include:

- Ensure all children, youth and their families can access core mental health services in communities across BC;
- Enhance service quality through a service framework that supports cultural humility amongst service providers and leaders, and supports culturally appropriate and culturally safe care;
- Embed relational practice that is child, youth, family and community-centred;
- Develop a consistent, organized provincial framework for the delivery of community-based mental health services;
- Outline the key processes for our work, including how we will work in partnership so families can ask once, get help fast;
- Enhance relationships, clarity, transparency, & accountability

# Service Framework Development Process

## Scope

- CYMH community-based in house and contracted by MCFD

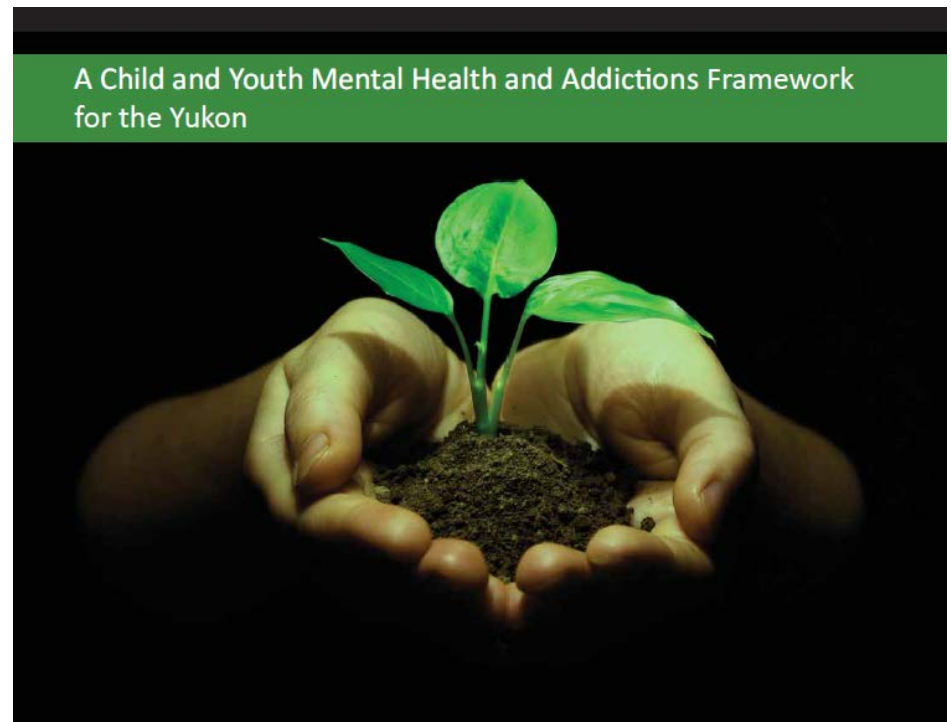
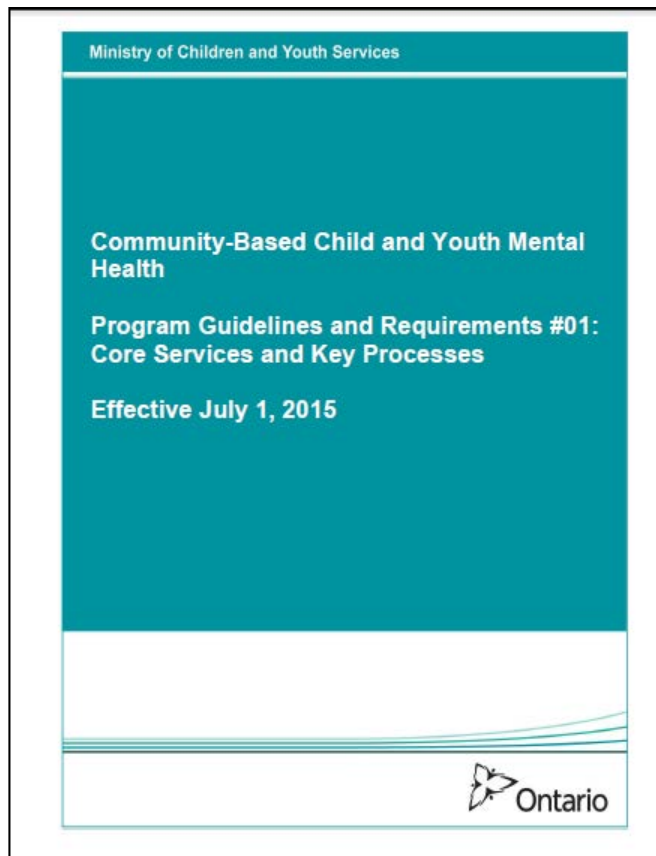
## Process

- Provincial office is leading the Service Framework development
- Working with the local service delivery staff throughout the process – the MCFD Executive Directors of Service and Directors of Operations, CYMH Team Leaders
- The team is engaging with external partners and key stakeholders throughout the process

# What is a CYMH Service Framework?

**Definition:** *“what services should be expected to happen for all individuals, based on optimal pathways of care”*

– BC Ministry of Health, 2006



# What is a CYMH Service Framework?

## **SETTING THE STAGE – CONTEXT – The “Why”**

- Background, purpose and scope, objectives, audience
- Mental Health Needs of Children and Youth

## **RESPONDING TO NEEDS – The “What”**

- CYMH works with schools, physicians, communities, health services
- Core services provided by community teams
- Specialized services – responding to additional & different needs

## **ENABLING HIGH QUALITY SERVICES – The “How”**

- Principles
- Key service processes (information sharing, transitions)
- Care pathways and partnerships
- Clear roles, responsibilities and accountabilities
- Quality assurance
- Workforce – contracting, recruitment/retention, training

# What is a CYMH Service Framework?

## Core CYMH services (see handout):

- Referral and Intake
- Initial Services (groups, brief interventions, time-limited initial consultation)
- Comprehensive mental health assessment
- Therapy and Intervention Services
- Consultation Services – child-specific/general
- Family Capacity Building and Support
- Crisis Response



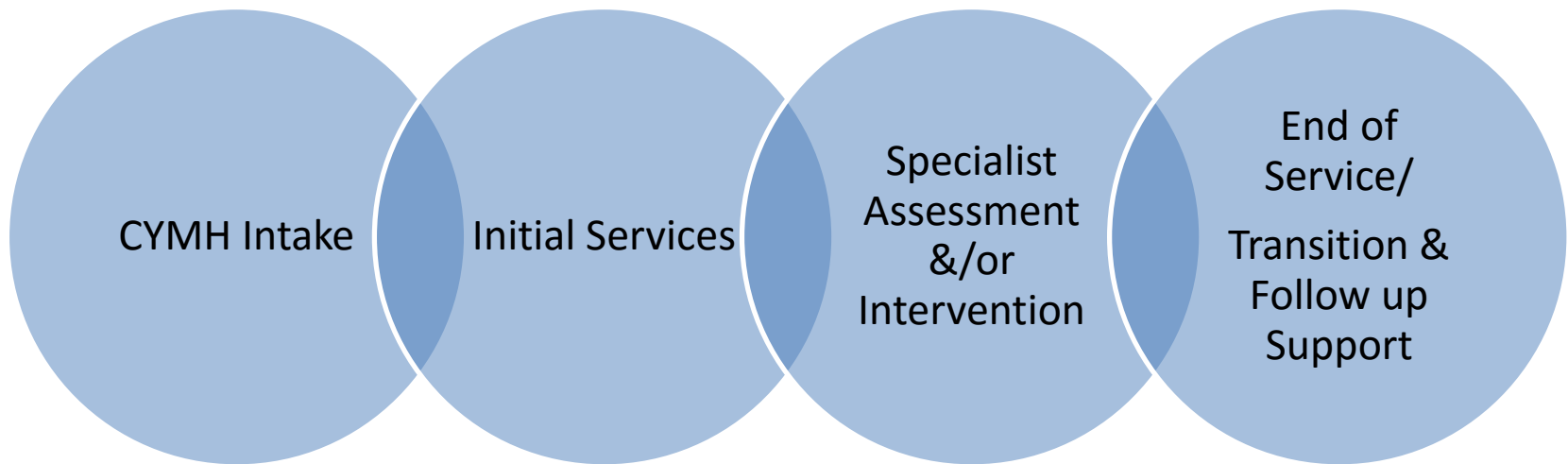
# What is a CYMH Service Framework?

Specialized Services - Responding to different or additional needs:

- Aboriginal Child and Youth Mental Health teams
- Infant Mental Health
- Early Psychosis Intervention
- Developmental Disabilities Mental Health (DDMH)
- Concurrent Disorders (mental health and substance use)
- Eating Disorders

# What is a CYMH Service Framework?

## Care Pathways: Partnering with CYMH in Paths to Healing



# What we've heard so far ...

- Have attended Caucus sessions in the North, Interior and Fraser Salish
- Recurring themes =
  - Importance of partnerships
  - First Nations Perspective on Health and Wellness as key to cultural safety and appropriateness
  - Capacity building – local community solutions
  - Need to see “prevention built into the framework”
  - Access to services – gaps/waits
  - Staffing – recruitment and retention challenges
  - Crisis and urgent response - barriers to timely access

# Discussion:

**Vision** = *An overarching CYMH/ACYMH Service Framework that supports a consistent, organized and informed approach to planning and decision making for the delivery of services... to ensure that those in need receive culturally safe services based on optimal pathways of care.*

- What do you see as important for us to know so that we improve current delivery of community-based CYMH/ACYMH services?
- For additional feedback/comments:
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