

WESTBANK FIRST NATION

POSITION DESCRIPTION

This position description describes the principal duties and responsibilities of this position and does not imply that they are the only duties and responsibilities to be performed.

DATE: Apr. 19/18
SUPERSEDES: Nov. 27/17
OVERTIME:
PAGE: 1 of 2
LEVEL: 6

POSITION TITLE: Wellness Mentor

REPORTING TO: Clinical Care Coordinator

POSITION SUMMARY

The Wellness Mentor provides individual and family-centered, strength-based interventions directed at developing and maintaining holistic wellness. Working as a part of a team, the worker will organize and co-facilitate psychoeducational groups, as well as provide individual support to community members through trusting relationships.

SPECIFIC RESPONSIBILITIES

- Provides outreach, education, prevention and intervention services within the community
- Co-develops and facilitates support services with individuals and families, according to client-led goals
- Provides education and promotes strategies that increase prevention, early intervention, and management of mental health
- Provides relevant and meaningful information and resources to individuals and families connected to the program
- Participates in Wrap Around System of Care Model and facilitates the development of network of care
- Provides advocacy and navigational supports to individuals and families
- Provides additional supports to individuals and families and/or facilitates referral to identified support services
- Establishes trusting relationships with clients through regular, scheduled visits
- Networks with outside agencies to assist with resources and referrals for clients
- Works as a member of an integrated team
- Maintains organized and up to date files with strong administrative abilities
- Other duties as required and directed by the Clinical Care Coordinator
- Performs all duties and responsibilities in accordance with the Westbank First Nation policies, standards and procedures, and as directed by the Clinical Care Coordinator
- Maintains confidentiality on all matters relating to the affairs of the Westbank First Nation and its clients

QUALIFICATIONS

EDUCATION/TRAINING/CERTIFICATION

- Degree or diploma in Psychology/Social Work/Mental Health/Human Services
- Mental Health/Wellness Certificate or equivalent experience

EXPERIENCE

- 2-3 years working directly with individuals and families, including facilitation of group services
- Program development and implementation experience
- Experience in a First Nation community setting
- Experience presenting and/or facilitating groups

OTHER QUALIFICATIONS, KNOWLEDGE AND SKILLS

- Demonstrated understanding of the impacts of marginalization
- Demonstrated understanding of integrated system of care and/or Wrap Around models
- Knowledge and understanding of Grief/Loss and Generational Trauma
- Demonstrated understanding of holistic Mental Wellness
- Demonstrated compassion, nurturing, acceptance, patience, and respect for others
- Demonstrated experience in individual and family capacity development and advocacy
- Awareness and experience of the fundamental principles of First Nations culture & traditions
- An understanding of and sensitivity to local history, culture, and issues, and an appreciation of the role that culture plays in the treatment of psychological concerns
- Working knowledge of assessment tools
- Strong communication skills (oral and written)
- Ability to work as a part of a team
- Experience creating and maintaining client files
- Organized and reliable
- Able to work independently
- Clean Criminal Record Check with Vulnerable Sector Search
- Acceptable Driver’s Abstract and Current Driver’s License with reliable transportation

SUPERVISOR: _____ TITLE: _____
Name

Signature DATE: _____

MANAGER: _____ TITLE: _____
Name

Signature DATE: _____