



# CULTURAL SAFETY AND CULTURAL HUMILITY

## Webinar Action Series

### EVENT #6



LISA SAM



INEZ LOUIS



DR. BECKY PALMER

## CULTURAL HUMILITY AND NURSING IN BC

*Nurses play an important role in delivering quality care for First Nations communities in BC. Nurses are sometimes the first and only local health support for rural and remote communities, and can be a trusted source of advice. What does cultural safety and humility mean as a nurse working in a First Nations community? How can nurses working with First Nations and Aboriginal peoples approach the work in a good way to ensure their care is safe?*

*This webinar will feature FNHA Chief Nursing Officer Becky Palmer, and nurses Inez Louis from the Sto:lo Nation and Lisa Sam from Nak'azdli. This webinar is open to all health and social services staff with a particular focus on nurses who interact with First Nations and Aboriginal peoples. We'll hear from First Nations nurses on how they integrate cultural safety into their work and practical tips on how others can do the same.*

#### Lisa Sam

Community Health Nurse – Nak'azdli Health Centre

Lisa is a member of the Lusilyoo (Frog) Clan from the community of Nak'azdli in Fort Saint James. She is a CHN with one child and graduated from CNC in 1996 with a RN Diploma and in 2000 graduated from UNBC with a BScN.

#### Inez Louis

Nursing Supervisor – Sto:lo Service Agency

Inez Louis is a registered nurse, mother of two and a nationally recognized role model. Inez has traveled extensively to urban centers and Indigenous communities to share inspirational messages of higher learning and healthy living. Inez is currently the Nursing Supervisor for Sto:lo Service Agency.

#### Dr. Becky Palmer

Chief Nursing Officer – First Nations Health Authority

Dr. Becky Palmer has held leadership positions with the BC Children's Hospital and BC Women's Hospital over the past eight years and joined the FNHA as Chief Nursing Officer in December 2015. Dr. Palmer brings with her 25 years of experience in nursing practice, education and research, as well as 10 years in leadership positions.

**MAY 3, 2017 | NOON – 1 P.M.**