

Day of Wellness Events, Locations, Description

Region	Host Organization	Description
Fraser Salish	2MW - Two Metis Women	2MW is hosting Aboriginal Burnaby youth for traditional singing, drumming and dancing and other activities, including Yoga. Healthy meals will be available.
Fraser Salish	Boston Bar First Nation	For Aboriginal Day of Wellness, Boston Bar First Nation will host a number of activities, ranging from fitness classes to sharing healthy foods and culture.
Fraser Salish	Chilliwack Central Elementary Community School	In honour of National Aboriginal Day, Chilliwack Central Elementary Community School is hosting an event focusing on culture and wellness. The day will include a healthy meal, traditional activities, health promotion information booths and children's events.
Fraser Salish	City of Surrey - Bridgeview Community Centre	Bridgeview Community Centre will host the Bridgeview Community National Aboriginal Day Celebration—a wellness event open to all members of the North Surrey community.
Fraser Salish	Fraser Region Aboriginal Friendship Centre Association (FRAFCA)	The Fraser Regional Aboriginal Friendship Centre will host a celebration at Holland Park (Surrey Central) to honour Elders, families and the greater community of Surrey. The event will include traditional arts and crafts, cultural drumming, face painting, a community BBQ, fish pond and ring toss games, family sack races and jump rope competitions.
Fraser Salish	Katzie First Nation	For Aboriginal Day of Wellness, Katzie First Nation will hold its Opening Ceremony at Katzie Elementary in Surrey. This historic event will feature a full day of Katzie cultural protocols and celebrations, including drumming and singing. Children and youth will have opportunities to learn these traditions, and giveaways will be distributed to all attendees as is traditional.
Fraser Salish	Leq'a:mel First Nation	The Leq'a:mel Backyard BBQ will include a number of activities to bring families together in a positive way, including competitions for best bannock (baked/fried), chili, salmon (preserved/cooked) and Wild Meat (preserved/cooked), as well as Thai Chi, Crossfit classes, 'Fit Nation' sessions with Dianne Garner, family games, a Four Directions Gym demonstration, drumming, singing and

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Fraser Salish	Lower Fraser Valley Aboriginal Society	Lower Fraser Valley Aboriginal Society will host a National Aboriginal Day celebration on June 19 at Douglas Park in Langley City. The event will focus on holistic health services for the community. Using medicine wheel teachings, they will host activities that benefit the community physically, mentally, emotionally and spiritually.
Fraser Salish	Mission Friendship Centre Society	To celebrate Aboriginal Day, the Mission Friendship Centre Society will be showcasing traditional practices and culture at Heritage Park in Mission from 10am-4pm. The celebration will include powwow song and dance, hand drumming, hoop dancing, traditional games for children and families, cultural craft demonstrations and much more. There will also be opening and closing prayers in keeping with tradition.
Fraser Salish	Semiahmoo First Nation	Semiahmoo First Nations will celebrate Aboriginal Day of Wellness by sharing arts, culture, dancing, drumming, healthy snacks and traditional weaving with community.
Fraser Salish	Skowkale First Nation	For Aboriginal Day of Wellness, Skowkale First Nation will adopt the traditional spelling of its name (sq'ewqeyl) and formally adopt a new street name (Hak'weles - to remember). The celebration will include the sharing of a meal, calling witnesses, an MC and distribution of giveaways to thank the community for attending. There will also be games and crafts for families.
Fraser Salish	Sumas First Nation	Sumas First Nation will celebrate Aboriginal Day at Thunderbird Memorial Square from 4-7pm. The event will include a traditional welcome to the Territories of Sumas and Matsqui and an address from the Mayor, followed by performances by dancers, singers and fiddlers. They will also host traditional activities such as weaving, storytelling and sharing food and information about First Nations and Métis organizations in the Abbotsford area.
Fraser Salish	Tzeachten First Nation	For its Day of Wellness, Tzeachten First Nation will host a number of activities, including traditional medicine demonstrations, Pow Wow dancing and a mini Soccer Jamboree.
Fraser Salish	West Heights Community School	In honour of National Aboriginal Day, West Heights Community School will hold an Aboriginal Assembly and invites its classes to attend. The day will include Aboriginal

		Day-themed games, teachings and crafts for the youth.
Fraser Salish	Yale First Nation	Yale First Nation will host a community BBQ at its Band Office with door prizes and time to socialize, engage in conversation and support community wellness.
Fraser Salish	Tsawwassen First Nation	Tsawwassen First Nation is hosting a health fair focused on health eating, with guest health practitioners from Delta and the Fraser Region. Community members are invited to visit service providers at their tables and learn about their health options. Door prizes will focus on healthy eating such as baskets of fruit, vegetables, traditional cook books and meat draws.
Interior	Ashcroft Indian Band	Ashcroft Indian Band will celebrate Aboriginal Day of Wellness with a 10km run/walk, followed by lunch, drumming, singing and an honouring ceremony.
Interior	Boundary All Nations Aboriginal Council	Boundary All Nations Aboriginal Council's day of celebration will be held at Grand Forks community park for the communities of Rock Creek, Beaverdale, Midway, Greenwood, Grand Forks and Cristina Lake. Activities will include traditional teachings, demonstrations and physical activity. The event will conclude with a feast.
Interior	Canim Lake Band	On Aboriginal Day, Canim Lake Band is hosting a large community gathering at The Wellness Centre. The event will include two drama presentations on the story of the moon and the story of hunger, as well as a range of traditional activities to try.
Interior	Conayt Friendship Society	Conayt Friendship Society will host a celebratory event with a range of activities for all ages, from youth to Elders. There will be traditional dancing contests, tug of war, healthy snacks and various stage performances. There will also be a number of opportunities for family and community to socialize.
Interior	Kamloops Aboriginal Friendship Society	Three community health and social service providers, including Kamloops Aboriginal Friendship Society, are hosting an off-reserve celebration of Aboriginal Day for urban residents of Kamloops. The event will be an inclusive and interactive celebration of Aboriginal cultures with a focus on health and wellness.
Interior	Kanaka Bar Indian Band	Kanaka Bar Health and Wellness Centre, Kanaka Bar Band Administration and community members will be

		participating in the annual Lytton Aboriginal Day parade. After attending the event in town, the community will return to Kanaka Bar for traditional wellness activities facilitated by Elders, such as beading, crafting and making rattles and drums. The day will end with a community dinner cooked by youth.
Interior	Ki-Low-Na Friendship Society	This National Aboriginal Day event, hosted by Ki-Low-Na Friendship Society, will involve engaging and educational traditional activities including Tipi stories, a mini pow-wow, feast, Lahal, drumming, songs, a cultural mural and an RCMP-led youth canoe trip.
Interior	Lhoosk'uz Dene Nation	The event will be held in the Kluskus (Lhoosk'uz Dene) community. We will have three traditional workshops on Traditional Medicines Knowledge, Drum Making & Nature Walks. After that a BBQ will be held for all community members, Kluskus School staff, Band Office staff, Chief & Council members, and any other member that wishes to attend.
Interior	Lhtako Dene Nation	For Aboriginal Day of Wellness, Lhtako Dene Nation will host a number of activities including traditional dancing, food and recipe samples, games, teachings and tobacco ceremonies.
Interior	Little Shuswap Lake Indian Band	Little Shuswap Lake Indian Band and other communities will come together for a fun, activity-filled morning at the Quaaout Lodge from 9am to noon. Activities will include archery, canoeing, lahal and crafts, as well as opportunities to participate in traditional teachings like cooking over a fire. The day will end with a community lunch.
Interior	Lytton First Nation	Communities are invited to participate in an Aboriginal Parade on Aboriginal Day, June 21, in the Village of Lytton. The parade will include drumming, dancing and regalia, and vehicles will be decorated with Aboriginal themes. After the parade, Lytton First Nation will host a community potluck for the six NlakaPamux Nation communities.
Interior	Nak'azdli Whut'en	To celebrate Aboriginal Day of Wellness, Nak'azdli Whut'en will host a full day of activities, starting with a community pancake breakfast and followed by various games and contests and door prizes, all with a focus on culture. In the evening, there will be a community dinner (pig roast), as well as dancers, singers and drummers from other communities. The event will end with fireworks at Stuart Lake.

Interior	Nlaka'pamux Nation Tribal Council	Nlaka'pamux Nation Tribal Council will host two events, starting with a community parade on June 19 showcasing Aboriginal cultures and then a community picnic on June 21. Both days will include a range of activities for all ages.
Interior	Okanagan Indian Band	For Aboriginal Day of Wellness, Okanagan Indian Band will be holding an event with a range of activities, including a run, storytelling, dancing, music and a shared meal.
Interior	Simpcw First Nation	Simpcw First Nation is hosting an Aboriginal Day of Wellness event to promote family participation and interaction, Elder/Youth relationship building and staff interaction with community members. There will also be games, activities, tours of the lake, fishing and a BBQ lunch.
Interior	Siska Indian Band	Siska Indian Band invites community members to participate in their float in the Annual Aboriginal Day Parade, the reburial ceremony of Nlaka'pamux ancestral remains and a traditional food/medicine gathering. Siska will also be hosting a community step challenge.
Interior	Skeetchestn Indian Band	This year Skeetchestn Indian Band plans to host a Dinner & Dance for Aboriginal Day, open to the whole community. The dinner will include an opportunity for storytelling and a recognition ceremony for the many community members who have gone above and beyond for both their community and themselves.
Interior	Soda Creek Indian Band	Soda Creek Indian Band will participate in the Aboriginal Day Celebration in Williams Lake by decorating float for the parade. Once the parade is complete, the community will move to Boitanio Park to set up tables and stations for various wellness activities.
Interior	Splatsin	Splatsin will be hosting an active outdoor event for Aboriginal Day. There will be multiple FitNation fitness sessions, healthy snacks, cultural performances, traditional tours and prize draws.
Interior	Sxoxomic Elementary School	Sxoxomic Elementary School will host an all-day community event starting with a bike parade and followed by interactive cultural activities. Healthy snacks, lunch and dinner will be offered to all participants.
Interior	Three Corners Health Service Society	Three Corners Health will be hosting various wellness events to celebrate Aboriginal Day on June 21, 2016 at Boitanio Park.

Interior	Tk'emlups te Secwepemc	Tk'emlups te Secwepemc is hosting the fourth Annual Moccasin Mile on Aboriginal Day, June 21, 2016. This is a fun run/walk event with a one-mile or five-km course. There are prizes for participation and achievement. This year's event will also include Healthy Living Booths and other activities.
Interior	Tobacco Plains Indian Band	Tobacco Plains will host Aboriginal Day of Wellness activities to promote respectful relationships for its community members. The day will be opened by an Elder with a prayer and song from the host drum.
Interior	Toosey Indian Band	Toosey Indian Band will celebrate Aboriginal Day of Wellness by bringing the community together for physical activity, a healthy meal and traditional activities including drumming, singing and smudging.
Interior	Upper Similkameen Indian Band	In honour of Aboriginal Day of Wellness, Upper Similkameen Indian Band is hosting a Fitbit Challenge and community BBQ.
Interior	Yunesit'in Government	On National Aboriginal Day, Yunesit'in is hosting a bike and horseback ride to Williams Lake. Healthy snacks and water will be provided to all participants.
Interior	Lii Michif Otipemisiwak Family and Community Services	Lii Michif Otipemisiwak will host a tipi ceremony for National Aboriginal Day. This event will be centred on the sacred teachings of the tipi, including protocols, how to gather and make tipi poles, offer tobacco and set up and take down tipis.
North	Quesnel Tillicum Society	Quesnel Tillicum Society will host an all-day event that will include activities such as a passport program, obstacle courses, salmon demonstrations and tobacco tie making.
North	Bear Valley School	Bear Valley School is hosting an event for students from Pre-K to grade 12. The event will start by teaching students about healthy foods and dishes followed by spiritual Yoga and cultural dance sessions.
North	Blueberry River First Nations	Blueberry River First Nations will be hosting a wellness activity at the Rodeo grounds. There will be a community BBQ lunch and tea dances to follow.
North	Burns Lake Band	Burns Lake Band will be hosting an event on Aboriginal Day, June 21. This will be a family event to gather as one with healthy, fun and positive energy. The event will end with high energy activities for all ages.

North	Burns Lake Native Development Corporation	The National Aboriginal Day Annual Parade will be taking place with all six local First Nations taking part. Burns Lake Native Development Corporation will also support a range of activities and games and provide healthy food and entertainment.
North	Carrier Sekani Family Services	The Carrier Sekani Family Services Health and Wellness committee will be holding a beginner boot camp for staff and their families, which will run twice a week for six weeks. In honour of the Day of Wellness, the classes will kick off on June 21 with two 45-minute boot camp classes in Lheidli T'enneh Memorial Park. Draw prizes will also be given out.
North	Daylu Dena Council	Daylu Dena Council will host a wellness event that will include traditional activities, prayers, Fitbit challenges, campfire tea, bannock making and a healthy lunch and dinner.
North	Doig River First Nation	Doig River First Nation will host a Tea Dance and Family Day on June 21 at the Doig River First Nation Cultural Grounds. There will be an outdoor BBQ, games and a traditional tea dance to honour Elders and community members.
North	Dze L K'ant Friendship Centre Society	Dze L K'ant Friendship Centre Society will celebrate Aboriginal Day 2016 with the Town of Smithers. Celebrations will involve a traditional BBQ including many different foods, contests and cultural performances.
North	Friendship House Association of Prince Rupert	The Friendship House will host a wellness and informational 'Health Clinic Open House' event, where multiple community partners will be offering information. Following that, there will be a 5k or 10k walk/run event. Snacks and water will be provided for all participants.
North	Gitanyow Human Services	Gitanyow Human Services' second Annual Soapberry Fest will celebrate culture and be a special milestone for the Community Health Centre. The event will recognize community leaders and members that have been champions in wellness.
North	Gitlaxt'aamiks Village Government, PROGRAMS & SERVICES	Gitlaxt'aamiks will host an all-day event and parade; highlights will include a walking competition, soapberry ice cream contest and fish preparation contests.
North	Gitsegukla Community Education Development	Gitsegukla Community Education Development Authority Association will host a full day of activities at the

	Authority Association	community centre, including contests for soapberry mixing, moose calling and bannock making, as well as traditional dancers and prizes.
North	Gitsegukla Health	From 10am to 3pm, Gitsegukla will host an event with many traditional activities, contests, races, vendors and scavenger hunts. A traditional healthy lunch will also be provided.
North	Hagwilget Village Council	Hagwilget Village Council will celebrate National Aboriginal Day with traditional arts and crafts, a BBQ and games for all ages.
North	Haisla Nation Council - Health Centre	Haisla Nation will host a wellness event in Kitamaat Village, which will include a 3km run/walk event, hot lunch and teachings from community Elders.
North	Lake Babine Nation Health Department	Lake Babine Nation will host an interactive event for community members to share their identities and Ned'ut'en culture. The event will include traditional activities such as salmon harvest and wild berry and special foods gathering.
North	Lax Kw'alaams Band	Lax Kw'alaams Band has planned a day of dance, during which community dancers in various locations will drum and sing and eventually meet up as one group. Following this, there will be food and activities for the community.
North	Nazko First Nation	In honour of Aboriginal Day of Wellness, Nazko First Nation will host a baseball game between community members and staff, followed by a BBQ with healthy snacks.
North	Northwest Community College	This National Aboriginal Day, Northwest Community College will host a celebration, which will include a healthy lunch, various activities and information booths.
North	Positive Living North Society	To celebrate Aboriginal Day on June 21, Positive Living North will set up an Elders tent in Lheidli T'enneh Memorial Park 12pm to 6pm. Elders from throughout the region will be sharing their stories, traditional knowledge and history with participants at the celebration.
North	Sports Activities	On National Aboriginal Day from 12 to 4pm at Kispiox Field, there will be activities including lunch, a traditional dance groups, a bike rodeo, Gitxsan paegant and talent show for communitie participants.
North	Tl'azt'en Nation	In honour of Aboriginal Day of Wellness, Tl'azt'en Nation will be hosting their own Moccasin Mile on trails in their

		traditional territories.
North	Treaty 8 Tribal Association	The Treaty 8 Tribal Association is hosting the Northeast Regional Aboriginal Day Celebration, taking place June 21 from 1-7pm in Centennial Park in Fort St. John.
North	Xaaynangaa Naay-Skidegate Health Centre	Xaaynangaa Naay-Skidegate Health Centre is hosting traditional Haida games, Storytelling and a salmon meal. There will also be a Haida dietitian who will work with the community's CHR to promote healthy activity and eating. T-shirts will be provided for children.
Vancouver Coastal	BC Women's Hospital + Health Centre Foundation	BC Women's Hospital is hosting a wellness event from 11am to 4pm. There will be cultural performances, information booths, door prizes, exercise demonstrations and a healthy brown bag lunch.
Vancouver Coastal	Heiltsuk Gvilas Restorative Justice	Heiltsuk Gvilas is hosting a community event that will include cultural drumming, singing, canoe races, childrens fishing derby, cultural traditional games, food preparation, cleaning fish, traditional BBQ and canoe trips.
Vancouver Coastal	Kitsoo Band Council	Kitsoo Band Council is hosting the Kitsoo Challenge, a race and obstacle course for community members. The race will take them through challenge stations, involving learning local traditional foods/medicines and fun activities. Following the race, there will be a luncheon at the community school.
Vancouver Coastal	N'Quatqua Band	On Aboriginal Day, June 21 at 4pm, N'Quatqua will host a community walk, before returning to the community hall for tobacco tie offerings, community dinner and hand drumming until 9pm.
Vancouver Coastal	Nuxalk Nation Band Office	On June 21 and 22, Nuxalk Nation Transition House will be hosting the Bella Coola "Dancing in the Light" community event to bring awareness to the missing and murdered Indigenous women in Canada and domestic violence.
Vancouver Coastal	Nuxalk Nation Transition House Society	The Nuxalk Nation Transition House will be hosting the Bella Coola "Dancing in the Light" community event that will take place on June 21st and 22nd, 2016. The event is bringing awareness about the missing and murdered Indigenous women in Canada as well as awareness of domestic violence.
Vancouver	Sechelt Indian Band	To celebrate Aboriginal Day of Wellness, Sechelt Indian

Coastal		Band will host a wellness fair to inform community about nutrition, food security and pre-natal care.
Vancouver Coastal	Singing Frog Pre-school	In honour of Aboriginal day of Wellness, Singing Frog Pre-school will host a wellness event for community.
Vancouver Coastal	Southern St'atl'imx Health Society	On National Aboriginal Day, Southern St'atl'imx Health Society will host a Village of Wellness Health Fair with music and entertainment.
Vancouver Coastal	Tla'Amin Health	Tla'Amin Health will host a wellness event involving gifts, demonstrations, BBQ, live music, traditional drumming and singing.
Vancouver Coastal	Tsleil-Waututh Nation	Tsleil-Waututh Nation will host an open house for all community and staff at the Burrard Canoe Club Shed, where they will display the canoes used in a variety of races and share teachings and protocols.
Vancouver Coastal	Urban Spirit Foundation	Urban Spirit Foundation is hosting a health and wellness event in Vancouver on National Aboriginal Day. The event will include cultural workshops, traditional healing, health and wellness services for Elders, women, youth and other Aboriginal and non-Aboriginal communities. Aboriginal Service Providers will offer massages, readings and traditional healing methods at affordable prices.
Vancouver Coastal	Vancouver Aboriginal Friendship Centre Society	The Vancouver Aboriginal Friendship Centre Society will host a community-based, full-day event that showcases and celebrates the diversity of Aboriginal people. First Nations, Métis and Inuit peoples will gather to share their spirit, experiences, stories, songs, art and dance with each other and the general community. Some of the wellness activities will include yoga, lacrosse and canoeing.
Vancouver Coastal	Vancouver Native Health Society (Vancouver Indigenous Elders Partnership Program - VIP Program)	The Vancouver Indigenous Elders Partnership will host a Day of Wellness celebration, including a walk through the UBC gardens where participants will be able to participate in activities and a traditional feast.
Vancouver Coastal	Wiukinuxv Nation	For Aboriginal Day of Wellness, Wiukinuxv Nation will hold a Sports Day, including activities such as pole climbing, tug-of-war, Indian baseball, lunch and prizes.
Vancouver Island	Alert Bay Elementary School/Jen Turner	Alert Bay Elementary School will host a wellness event at the school field with Indian baseball and a salmon BBQ with salads.

Vancouver Island	Dzawada'enuxw First Nation	Dzawada'enuxw First Nation is hosting a day-long event that will involve a number of traditional and cultural classes. They will also share a healthy meal.
Vancouver Island	Ehattesaht Tribe	Ehattesaht Tribe will host an Aboriginal Cultural Day that will include art and craft tables, Aboriginal language workshops, food making demonstrations, community luncheons, traditional history telling and traditional foods.
Vancouver Island	Hesquiaht First Nation	Hesquiaht First Nation will host a community wellness day on June 21. Activities and events will include: healthy snacks and lunch, traditional storytelling, culture sharing and traditional art and crafts. The day will end with a trip to the natural hot springs.
Vancouver Island	Homalco First Nation	Homalco First Nation will hold a wellness day that will include traditional dancing, canoeing, singing, storytelling, cedar weaving and opportunities to learn the Homalco language.
Vancouver Island	H'ulh-etun Health Society	H'ulh-etun Health Society will be hosting a physical activity challenge for participants from Halalt First Nation, Lyackson First Nation, Malahat First Nation and Cowichan Tribes.
Vancouver Island	K'omoks First Nation	K'omoks First Nation is hosting a culturally-based wellness event on National Aboriginal Day, June 21. Cultural activities will include races, traditional games, traditional foods, drumming, singing and a range of information booths.
Vancouver Island	Kwakiutl Band Health	Kwakiutl Band Health will host a short nature hike, with harvesting of edible plants/medicines, and a pit cook using foods from Kwakiutl Fisheries and the community garden. The day will also include a range games.
Vancouver Island	Kwakiutl District Council Health	Kwakiutl District Council Health will host the fourth Annual National Aboriginal Day 'RUN THE SPIT 5K' on June 21. Participants can choose to walk or run this waterfront 5K course and then enjoy a pancake breakfast after the event.
Vancouver Island	Mowachaht/Muchalaht First Nation	Mowachaht/Muchalaht First Nation is hosting a two-day event from June 20-21. The first day will open with prayers, songs and a lunch for community. There will also be a recognition presentation with singing and dancing. June 21 will be a community activity day for all ages, including lunch and the sharing of cultural practices.

Vancouver Island	Namgis First Nation	Namgis First Nation has planned a walk, where participants will stop at awakwas ("gathering place") representing each of the tribes that make up Namgis. There will be a picnic lunch at the last awakwas and a salmon BBQ on the beach. There will also be a story circle and Indian baseball.
Vancouver Island	Nanoose Health Centre	On Aboriginal Day, Nanoose Health Centre will bring together Elders and youth to share traditional teachings of gathering and preparing traditional foods.
Vancouver Island	North Island Metis Nation	North Island Metis Nation is partnering with VIHA to host healthy eating/cooking demonstrations in honour of Aboriginal Day of Wellness.
Vancouver Island	Nuchatlaht Tribe	Nuchatlaht Tribe will host a community dinner for Elders, adults and youth, including traditional foods such as salmon, halibut and herring roe. During this meal, everyone will have the opportunity to share stories, relax and socialize.
Vancouver Island	Pacheedaht First Nation	Pacheedaht First Nation's Aboriginal Day 2016 event will include a pit cook feast, spirit walk, Elder recognition and traditional activities and demonstrations.
Vancouver Island	Port Alberni Friendship Center	For Aboriginal day of Wellness, Port Alberni Friendship Center will have an outdoor event with various activities including a fashion show, live bands and BBQ feast.
Vancouver Island	Qualicum First Nation	Qualicum First Nation will host National Aboriginal Day celebrations at Bowen Park in Nanaimo. There will be activities, traditional foods, arts and crafts and ceremonial cedar practices.
Vancouver Island	Songhees Nation	The Songhees Nation Aboriginal Day of Wellness Event will bring communities together for an evening that celebrates culture, community, health and wellness. The event will include traditional dances, FitNation, open-gym activities, traditional foods and raffles and door prizes.
Vancouver Island	Stz'uminus First Nation	Stz'uminus First Nation will hold a celebration for Aboriginal Day of Wellness, which will include traditional performances, food and demonstrations.
Vancouver Island	Tseshah First Nation	Tseshah First Nation will host an Aboriginal Day celebration that is open to everyone in the Alberni Valley. There will be healthy food from the community garden, activities and prayers by Elders.

Vancouver Island	T'Sou-ke First Nation	T'Sou-ke First Nation will join other First Nations in a cultural event that will bring communities together to canoe into Victoria Harbour for Aboriginal Day activities.
Vancouver Island	Uchucklesaht Tribe Government	On June 21, Uchucklesaht Tribe Government will host a public event from 10am to 4pm. There will be opportunities for young and old to take part in wellness activities. Drum and rattle making will also be included.
Vancouver Island	Victoria Native Friendship Centre	Victoria Native Friendship Centre will hold a health fair for community members. The fair will include information booths set up by various community organizations.
Vancouver Island	WSANC School Board	WSANC School Board will be holding a wellness fair with stations giving cultural and traditional teachings on the importance of water. Participating students, staff and visitors will receive water bottles.