

2016

WHAT'S YOUR RESOLUTION?



BEING
ACTIVE



EATING
HEALTHY



NURTURING
SPIRIT



RESPECTING
TOBACCO

FNHA WINTER WELLNESS GRANTS

FOR MORE INFORMATION, IDEAS FOR CHALLENGES, AND TO APPLY VISIT FNHA.CA OR EMAIL US AT ACTIVE@FNHA.CA

The First Nations Health Authority envisions healthy, self-determining and vibrant BC First Nations children, families and communities playing an active role in decision-making regarding their personal and collective wellness.

Organizations, schools and agencies that are engaged in direct health service delivery to BC First Nations and/or Aboriginal people may be eligible for funding to host a Community-Driven Winter Wellness Event or initiative.

The 2015-16 theme is around new year's resolutions. The FNHA wants Winter Wellness events to encourage and sustain wellness in individuals, families, and communities throughout the year.

Applications will be weighed against the following criteria:

- Includes a change-focused/transformational aspect participants can implement within their lifestyle/community throughout the year.
- Event or initiatives that focus on one or more of the FNHA Wellness Streams.
- BC First Nations community-based applications (single or multiple).
- Applications where collaboration or partnership with other communities is possible and demonstrated at the regional, or sub-regional level.
- Fairness and equity within and across the five regions.
- Host organizations that can involve higher numbers of participants.
- Past Day of Wellness grant recipients who have submitted closing reports for previous years' grant.

To be eligible the event or initiative must be held between **January 1 and February 15, 2016.**

The deadline for applications is **December 3, 2015 at 4 pm.**



First Nations Health Authority
Health through wellness