

Hope, Healing and Hip-Hop

A Webinar for World Suicide Prevention Day

Thursday, Sept. 10, 1 - 4:30 pm

SNOTTY NOSE REZ KIDS

1:30 - 2:30 pm

Join Haisla hip-hop duo Snotty Nose Rez Kids for a presentation, live performance and question and answer period.



DR. NATASHA WAWRYKOW

2:40 - 3:10 pm

Natasha, from Skuppah Band, will speak with us about her journey through academia, barriers she faced and strategies for promoting well-being.



OKANAGAN NATION RESPONSE TEAM

3:20 - 3:40 pm

Team members from the Okanagan Nation Alliance will provide helpful advice about how to communicate about the topic of suicide.



HELEN KNOTT

3:40 - 4:10 pm

Acclaimed author of *In My Own Moccasins: A Memoir Of Resilience*, Helen joins for a discussion on the topics of hope, resilience and transformation.



First Nations Health Authority
Health through wellness

We acknowledge the financial support of the
Province of British Columbia.

Please click the link below to join the webinar:

<https://fnha.zoom.us/j/69215858215>

Or Phone:

Canada: +1 778 907 2071 or 855 703 8985 (Toll Free)
Webinar ID: 692 1585 8215