



First Nations Health Authority  
Health through wellness

# FNHA Quitting Tobacco Product Info Sheet

## Coverage for Quitting Products

You can use all quitting product types listed below at the same time to help you quit – nicotine patches, gum, lozenges, an inhaler and prescription medication. All coverage limits apply for a one year period, beginning on the date the first prescription is filled. Coverage for most items is for approximately a three month supply.

### Nicotine Patches

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You may use one of the following:

1. **Habitrol** – 168 nicotine patches of the following strengths: 7 mg / 14 mg / 21 mg
2. **Nicoderm** – 140 nicotine patches of the following strengths: 36 mg / 78 mg / 114 mg
3. **Nicotrol Transdermal** – 140 nicotine patches of the following strengths: 5 mg / 10 mg / 15 mg  
OR the following strengths for ‘two patch’ sizes:  
8.3 mg per 10 cm two patch / 16.6 mg per 20 cm two patch / 24.9 mg per 30 cm two patch
4. **Transdermal Nicotine** – 168 nicotine patches of the following strengths: 17.5 mg / 35 mg / 52.5 mg

### Nicotine Gum or Lozenges or Inhaler

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You may use gum, lozenges, and/or inhaler cartridges up to a maximum of 945 pieces.

#### 1. Gum

Nicorette Gum – 2 mg or 4 mg / Nicorette PLUS Gum – 4 mg / Thrive Gum – 2 mg or 4 mg

#### 2. Inhaler

Nicorette Inhaler – 10 mg

#### 3. Lozenges

Thrive Lozenges – 1mg or 2 mg / Nicorette Lozenges – 2 mg or 4 mg

### Prescription Medication

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Two types of prescription drugs are covered.

#### 1. Varenicline

- Champix Starter Pack – 165 tablets of the following strengths: 0.5 mg and 1 mg
- Champix – 165 tablets of the following strengths: 0.5 mg or 1 mg

#### 2. Bupropion HCL

- Zyban – 180 tablets of 150 mg

For more information to help you quit smoking, visit [www.fnha.ca/respectingtobacco](http://www.fnha.ca/respectingtobacco)