

2020

# Winter

WELLNESS GRANTS

# BE MY GUEST

## *Youth for Elders*

The First Nations Health Authority (FNHA) envisions healthy, self-determining and vibrant BC First Nations children, families, and communities playing an active role in decision-making regarding their personal and collective wellness.



This year's theme aims to foster inter-generational connections by supporting youth in designing events to hold with or for Elders. First Nations communities as well as organizations, schools and agencies that offer direct services to Indigenous people may be eligible for funding to host a community-driven Winter Wellness event or initiative.

Applications will be weighed against the following:

- Inclusion of the theme of *"Be My Guest – Youth for Elders,"*
- A focus on one or more of the FNHA Wellness Streams,
- Collaboration and partnerships with other communities, demonstrated at the regional, or sub-regional level, and
- Fairness and equity within and across the five regions.

To be eligible, the event or initiative must be held between: **January 1 – February 16, 2020.**

Deadline for applications is  
**OCTOBER 25, 2019**



First Nations Health Authority  
Health through wellness



Community-Driven and Nation-Based  
Innovation in Health Promotion supported by the FNHA

APPLY ONLINE AT:

[www.fnha.ca/winterwellness](http://www.fnha.ca/winterwellness)

For more information email: [active@fnha.ca](mailto:active@fnha.ca)