“As Indigenous people, we are strong. We are resilient. We will get through this no matter how long it takes.”
- Dr. Evan Adams, Tla’amin Nation

This is a time for kindness and understanding. Please take care of yourselves and each other. Let’s have calm in our hearts and trust in each other.

We respect each other by honouring privacy for everyone in our community.

We will get through COVID-19 together.