Coronavirus disease (COVID-19) FNHA Public Health Response Community Situation Report
December 24, 2020

Note: Changes from the previous Community Situation Report are in red.

COVID-19 Updates

Provincial COVID-19 Cases – Update as of December 23, 2020 at 4:30pm

There have been a total of 48,027 confirmed cases in BC, and 796 deaths. The regional breakdown, since the beginning of the pandemic, is as follows:

- Vancouver Coastal: 11,428
- Fraser: 30,559
- Vancouver Island: 847
- Interior: 3,440
- Northern: 1,651

As of December 23, there were 9,137 active cases in the province, 348 people were hospitalized and of those, 80 people were in ICU. There are 9,689 people under active public health monitoring due to an identified exposure. Of the total number of cases, 36,952 (77%) patients have fully recovered.

Regional breakdown of total number of COVID-19 cases in BC

***A geographic distribution of COVID-19 by Local Health Area can be found here.***

Active Outbreaks in BC:
- Long-term care/assisted living centres: 55 outbreaks
- Acute care units: 6 outbreaks

**[Enron logo]**

**First Nations Health Authority**
Health through wellness

Note: Changes from the previous Community Situation Report are in red.
First Nations COVID-19 Cases:
As of December 21, 2020, the total number of First Nations COVID-19 cases are 1,735. Out of these 1,735 cases, there are 1,678 lab diagnosed cases and 57 epi-linked cases. There are 400 active First Nations COVID-19 cases in BC, 158 of the active cases were in or near community as of December 21, 2020. As of December 21, 2020, 77.8% of the total COVID-19 cases among First Nations in BC have now recovered. Sadly, there have been total 20 COVID-19 related deaths reported among First Nations living in BC since the beginning of the pandemic. There have been a total 204 (12.1%) First Nations people hospitalized due to COVID-19 since March 1, 2020. As of December 21, 2020, 41 (2.4%) First Nations cases are currently hospitalized due to COVID-19.

*Total number of cases (n=1,735) includes two COVID-19 cases reported as residents of Yukon. Above figure provides regional distribution of COVID-19 cases (n=1,733) reported as BC residents.

### Regional Active cases and Testing data as of December 21, 2020

<table>
<thead>
<tr>
<th></th>
<th>Fraser Salish</th>
<th>Interior</th>
<th>Northern</th>
<th>Vancouver Coastal</th>
<th>Vancouver Island</th>
<th>Total N (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Active First Nations COVID-19 Cases</td>
<td>86</td>
<td>24</td>
<td>209</td>
<td>62</td>
<td>17</td>
<td>400*</td>
</tr>
<tr>
<td>Total persons tested</td>
<td>5,597</td>
<td>4,857</td>
<td>6,454</td>
<td>5,864</td>
<td>5,147</td>
<td>27,941**</td>
</tr>
<tr>
<td>Cumulative Percentage Positivity* (%)</td>
<td>4.59%</td>
<td>1.77%</td>
<td>7.72%</td>
<td>6.80%</td>
<td>2.73%</td>
<td>5.02%</td>
</tr>
<tr>
<td>Testing Rate (Total tests per 100,000 First Nation Population)</td>
<td>29,434.4</td>
<td>18,645.6</td>
<td>20,111.3</td>
<td>36,808.0</td>
<td>17,981.2</td>
<td>23,205.0</td>
</tr>
</tbody>
</table>

* Total number of cases (n=400) includes two COVID-19 cases reported as residents of Yukon.
**Geographical Information (RHAs) for 22 BC First Nations people who are tested for COVID-19 is not available and these 22 people are tested Negative.**

*In or near Community analysis is not available for 5 active cases.*

Note: Analyses for in or Near Community includes lab confirmed cases and epi-linked cases with known geographical information. Other cases (including case tested outside of BC) are included in the cases by Health Authority. As of December 21, 2020, there were 158 active First Nations COVID-19 cases residing in or near community.

The majority (71.2%) of cases among First Nations have occurred in those under age 50.
The cumulative percent positive for all COVID-19 test completed for First Nations in BC was 5.02% as of December 21, 2020. The rate of positive cases was 1068.7 per 100,000 people among First Nations. The rate of positive case among other residents of BC was 932.2 per 100,000 people.

Epidemic curve for COVID-19 cases among BC First Nations by episodic date (coloured bar), report date line) and health authority, British Columbia February 23, 2020 (Week-9) – December 20, 2020 (Week-52*) (n=1,690)

Data source: BCCDC’s line list data received from RHAs (updated up to December 20, 2020).
This epidemiological curve represents the weekly cases reported among First Nations in the province of BC. The proportion of cases within each region is colour coded and the case counts each day are represented by the solid black line. Regions are represented by following coloured bars in the diagram: Fraser-Dark blue, Interior-Red, Northern-Light Blue, Vancouver Coastal-Orange, Vancouver Island-Green.

On First Nations reserves in all provinces, as of December 23, 2020, Indigenous Services Canada is aware of:

- 7,615 confirmed positive COVID-19
- 3,005 active cases
- 348 hospitalizations
- 4,541 recovered cases
- 69 deaths

Case numbers per region:
- British Columbia: 573
- Alberta: 2,182
- Saskatchewan: 2,026
- Manitoba: 2,412
- Ontario: 226
- Quebec: 193
- Atlantic: 3

First Nations Community Statistics from Indigenous Services Canada (December 10, 2020):

| Band Office Closure | 145 (7 update) |
| Band Office Reopening | (8 update) |
| Tribal Council Office Closure | 17 (1 updates) |
| Tribal Council Office Re-opening | (0 updates) |

State of Local Emergency Declared – 78 (18 update)
State of Local Emergency Rescinded – (33 update)
EOC Activations – 117 (7 update)
FNHA Response

- FNHA is on Week 38 of Level 3 Emergency Response, which means that FNHA spends 80% on COVID-19 and 20% on FNHA operations.
- Compounding the COVID-19 response is the increase in overdose deaths and re-emergence of flooding and forest fires that are affecting our First Nations communities.

Working with Partners:
- FNHA continues to work with its partners, and First Nations communities to identify needs and develop plans at both the provincial, and regional level for the Rural, Remote and Indigenous Framework.
- FNHA is in discussions federally and provincially to support BC Restart including reopening of public buildings, and return to work and business operations for facilities.

Working with First Nations:
- Continues to maintain essential services to support First Nations communities during this pandemic.
- Supporting First Nations communities in refreshing their Pandemic Plans, and provide COVID-19 resources for medical transportation, isolation and quarantine.
- “First Nations Virtual Doctor of the Day” is up and running in all five regions, which is to close this gap by providing virtual access of physicians to First Nations communities.
- FNHA continues to maintain operations team availability to respond to Isolation requests through the weekends during business hours.
- Site selection, training and deployment of Point of Care Testing for COVID-19 is underway.
- Supporting First Nations communities with the re-opening of their health centres.
- FNHA and First Nations Leadership calls on March 26, April 9, April 23, May 7, May 27 and June 4.
- FNHA and First Nations Health Directors calls on April 3, April 17, May 1, May 15 and May 29.
- FNHA and First Nations Leadership and Health Directors calls on June 18, July 9, July 16, July 23, July 30, August 20 and September 17.

Personal Protective Equipment:
- The FNHA continues to work with Federal and Provincial partners to obtain Personal Protective Equipment (PPE) for health care staff and first responders in all communities.
- PPE orders are received and shipped to all Regional Offices weekly basis.
- First Nations communities requiring personal protective equipment during the COVID-19 emergency can send their requests to the FNHA at the following email: COVID19needs@fnha.ca. Please refer to additional details in the FNHA Guide: Accessing Personal Protective Equipment for First Nations Communities: https://www.fnha.ca/Documents/FNHA-Accessing-Personal-Protective-Equipment-for-First-Nations-Communities.pdf

FNHA Resources

The FNHA website has been updated and has been divided into three sections: Community Leaders, Health Professionals and Public. https://www.fnha.ca/what-we-do/communicable-disease-control/coronavirus.


The FNHA has published an updated Communicable Disease Emergency Response (CDER) plan template – a living document that is user friendly, easy to follow and adaptable to each community’s needs and strengths. https://www.fnha.ca/Documents/fnha-communicable-disease-emergency-response-plan.docx

FNHA’s Communicable Disease Emergency (CDE) team is available to support communities, including support
updating/creating a Communicable Disease Emergency Response (CDER) plan, scenario/exercise discussions and full scale planning exercises. The CDE Management team can be reached via email: cdmgmt@fnha.ca.

APPENDIX “A”
COVID-19 – What You Need to Know

FNHA APP: https://www.fnha.ca/about/news-and-events/news/fnha-launches-mobile-app. FNHA is here for you when you need us, putting helpful information directly into your hands. You can download the FNHA Mobile App today from the Apple App Store or Google Play Store. View the Frequently Asked Questions to find out more, or visit fnha.ca/app.

What are the symptoms?


Public Health Notices:
- Immunizations Keep Adults Healthy Too! A message from Dr. Helena Swinkels, Office of the Chief Medical Officer and Marion Guenther, Clinical Nurse Specialist for Immunizations, CDPPH office of the Chief Nursing Officer. https://www.fnha.ca/about/news-and-events/news/immunizations-keep-adults-healthy-too
- Article: When staying home is not safe: Domestic violence may increase during the COVID-19 pandemic.


**Protective Factors:**

- Video: Interview with Dr. Evan Adams, FNHA Chief Medical Officer on protecting you, your loved ones and community from COVID-19. https://www.youtube.com/watch?v=qVLyraZM4oU&list=PLDKQxTJMukCL2KEQtOr_6pzFu8jJOWX
- Article and Fact Sheet: Homemade Face Masks https://www.fnha.ca/about/news-and-events/news/homemade-face-masks

**Mental Health and Holistic Wellness**

• Article: Good Medicine: Keeping Active at Home https://www.fnha.ca/about/news-and-events/news/good-medicine-keeping-active-at-home
• Article: Remember that Food is Medicine https://www.fnha.ca/about/news-and-events/news/remember-that-food-is-medicine

Harm Reduction:
• Article: This Month, Let’s be “Sober(er) October”. https://firstnationshealthauthority.createsend1.com/t/i-l-mdikk-I/VI

FNHA Videos:
• Using Compassion to Tackle the Stigma of Addiction https://www.youtube.com/watch?v=79G2QKClfOmg (Dr. Nel Wieman, September 17, 3.40 mins)
• The Overall Wellness Impact of COVID-19 https://www.youtube.com/watch?v=L48JSAtoHwk&feature=youtu.be (Dr. Nel Wieman, September 11, 3.56 mins)
• Responding to Overdose with Compassion https://www.youtube.com/watch?v=BYWFzc8okY&feature=youtu.be (Dr. Nel Wieman, September 11, 31 seconds)
• Mental Health and COVID-19 https://www.youtube.com/watch?v=IOXZtvf0HFw&feature=youtu.be (Dr. Nel Wieman, September 11, 44 seconds)
• How has COVID-19 affected people who use substances? https://www.youtube.com/watch?v=79G2QKClfOmg (Dr. Nel Wieman, September 4, 3.49 mins)
• Stay Connected https://www.youtube.com/watch?v=6QfTWJHcdX0&feature=youtu.be (Dr. Nel Wieman, September 4, 30 seconds)
• Keep Your Bubble Small https://www.youtube.com/watch?v=z7NFexw0uc&feature=youtu.be (Dr. Shannon McDonald, August 28, 1.31 mins)
• An Update on COVID-19 https://www.youtube.com/watch?v=58CihzT6iOU&feature=youtu.be (Dr. Shannon McDonald, August 28, 1.54 mins)

Podcasts:
• We have recorded a number of podcasts to help raise awareness of various pandemic topics. Listen to the podcasts at https://soundcloud.com/firstnationshealthauthority.