

Coronavirus disease (COVID-19) FNHA Public Health Response Community Situation Report

February 18, 2021

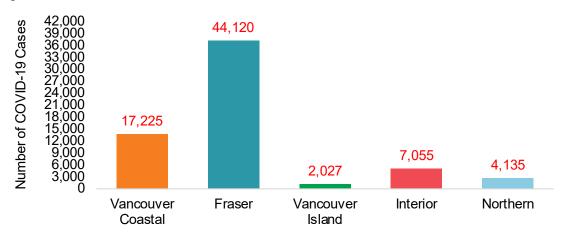
Note: Changes from the previous Community Situation Report are in red.

COVID-19 Updates

Provincial COVID-19 Cases – Updated as of February 17, 2021 at 3:18pm

Since the beginning of the pandemic, there have been a total of 74,710 confirmed cases in BC, and 1,317 deaths from COVID-19. There are 4,150 active cases in the province, 232 people are hospitalized and, of those, 63 people are in intensive care (ICU). 7,238 people are under active public health monitoring due to an identified exposure. Of the total number of cases, 69,167 (93%) people have fully recovered.

Regional breakdown of total number of COVID-19 cases in BC



Active Outbreaks (as of February 17, 2021)

- Long-term care/assisted living centres: 12 outbreaks
- Acute care units: 6 outbreaks

Vaccine Distribution

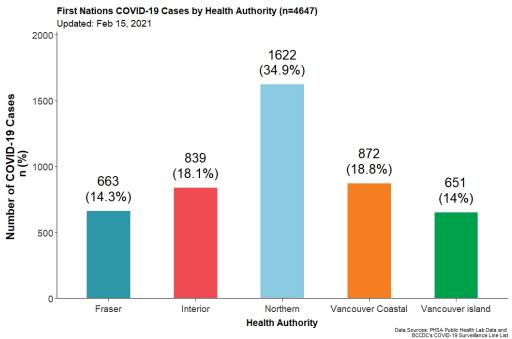
- Remote and isolated First Nations communities have been identified as a priority for vaccination and the first
 doses arrived on December 29. As of February 16, 2021, more than 17,800 First Nations individuals have received
 their first dose of the COVID-19 vaccine. More than 1,200 people have also received a second dose. This includes
 vaccines administered in First Nations communities, as well as vaccines administered by the Regional Health
 Authorities outside of communities.
- As of February 17, a total of 176,015 doses of COVID-19 vaccine have been administered in BC, 26,030 of which are second doses.

***A geographic distribution of COVID-19 by Local Health Area can be found here.

First Nations Cases in BC

As of **February 15, 2021**

- Total 4,656 First Nations COVID-19 cases (4,539 lab diagnosed cases and 117 epi-linked cases). This is an increase of 140 cases since February 16, 2021 report.
- Geographical information (In or near community/ off reserve) is available for 4,568 cases. Of these 4,568 cases, 2,091 (45.8%) cases are in or near community and 2,477 (54.2%) are off reserve.
- 438 active First Nations COVID-19 cases, 165 (37.7%) of the active cases are in or near community and 268 (61.2%) are off reserve. Information on in or near community/off reserve is not available for 5 active cases.
- Sadly, there have been total 70 COVID-19 related deaths reported among First Nations living in BC since the beginning of the pandemic. 2 additional deaths are reported after February 16, 2021 report.
- There have been a total 489 (10.9%) First Nations people hospitalized due to COVID-19 since March 1, 2020. Of these 228 hospitalizations are individuals who live in or near community and 260 off reserve. Information on in or near community/off reserve is not available for 1 case.



*Total number of cases (n=4,656) includes five COVID-19 cases reported as residents of Yukon, one case reported as "Out of Canada" resident and three cases reported as "Out of BC – Alberta" residents. Above figure provides regional distribution of COVID-19 cases (n=4,647) reported as BC residents.

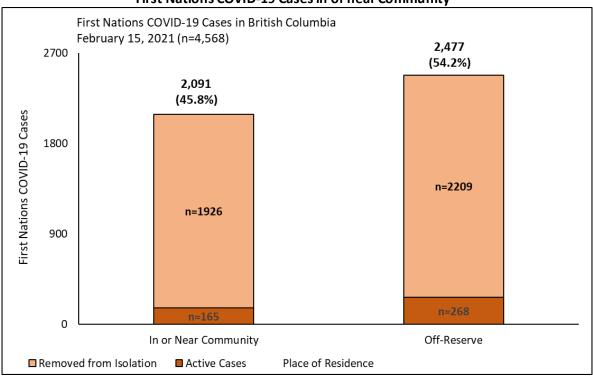
Regional Active cases and Testing data as of February 15, 2021

Regional Active cases and Testing data as of Testidally 15, 2021						
	Fraser Salish	Interior	Northern	Vancouver Coastal	Vancouver Island	Total N (%)
Active First Nations COVID-19 Cases*	36	89	156	57	97	438
Total persons tested**	7,125	7,404	8,729	7,142	7,109	37,536
Cumulative Percentage Positivity (%)	6.45%	8.77%	13.86%	7.91%	7.21%	8.98%
Testing Rate (Total tests per 100,000 First Nation Population)	41,417.0	30,348.8	29,192.4	48,640.7	26,413.8	33,501.7

*Algorithm to define people who are removed from isolation" is updated on February 5, 2021 to reflect change adopted by PHSA. Updated algorithm assigns cases who are lost to follow up and whose surveillance date (reported date and if not available then result date) >= 20 days before the line list case dataset date to "removed from isolation". This change reflects in reduced case counts for active cases in today's update.

^{**}Geographical Information (RHAs) for 27 BC First Nationspeople who are tested for COVID-19 is not available and these 27 people are tested Negative.

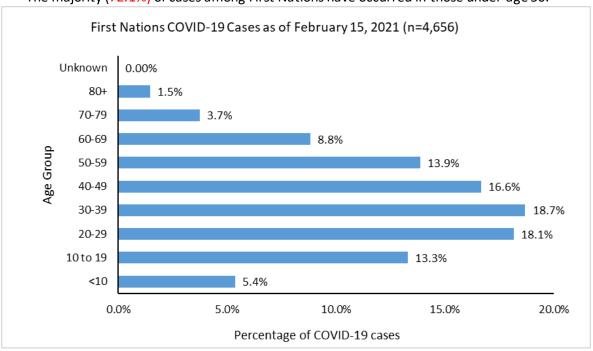
First Nations COVID-19 Cases in or near Community*



^{*} In or near community analysis is not available for 5 active case.

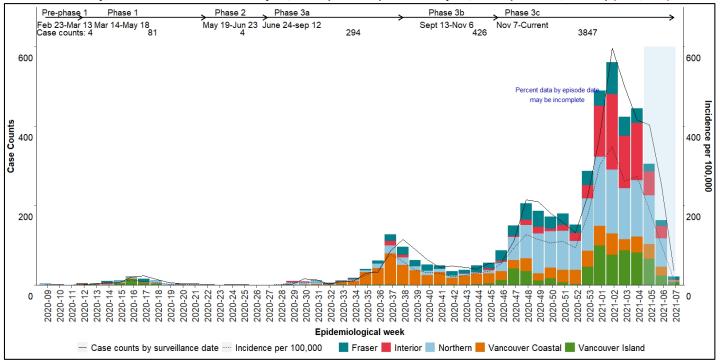
Note: Analyses for in or near community includes lab confirmed cases and epi-linked cases with known geographical information. Other cases (including case tested outside of BC) are included in the cases by Health Authority. As of February 15, 2021, there were 165 active First Nations COVID-19 cases residing in or near community.

The majority (72.1%) of cases among First Nations have occurred in those under age 50.



The cumulative percent positive for all COVID-19 test completed for First Nations in BC was 8.98% as of February 15, 2021. The rate of positive cases was 2,867.8 per 100,000 people among First Nations. The rate of positive case among other residents of BC was 1,418.0 per 100,000 people.

Epidemic curve for COVID-19 cases among BC First Nations by episode date (coloured bar)^a, surveillance date (line) and health authority, British Columbia February 23, 2020 (Week-9) – February 15, 2021 (Week-7, 2021*) (n=4,656)



^a Episode date is now defined as dates of illness onset, hospital admission, or death. When those dates are not available, earliest lab date (collection date or result date) is used, and if unavailable, surveillance date is used. Report date used previously is now replaced with surveillance date (laboratory result date, if unavailable then report date.

On First Nations reserves in all provinces, as of February 17, 2021, Indigenous Services Canada is aware of:

19,361 confirmed positive COVID-19

• 1,350 active cases

898 hospitalizations

17,803 recovered cases

208 deaths

Case numbers per region:

• British Columbia: 2,091

Alberta: 5,621

Saskatchewan: 5,275

Manitoba: 5.039

Ontario: 769

• Quebec: 556

Atlantic: 10

First Nations Community Statistics from Indigenous Services Canada (February 11, 2021):

Access Restrictions: 140 (-1)

Band Offices Inaccessible: 88 (-3)

Security Checkpoints: 71 (+2)

State of Local Emergency: 78 (-2)

EOC Activations: 114 (+1)

FNHA Response

• FNHA is on Week 46 of Level 3 Emergency Response, which means that FNHA spends 80% on COVID-19 and 20% on FNHA operations.

Working with Partners:

- Maintaining communications and regular telephone updates with the Regional Health Authorities, Emergency Management of BC, Ministry of Health, First Nations Leadership Council, and Indigenous Services Canada.
- FNHA continues to work with its partners, and First Nations communities to identify needs and develop plans at

b Data source: BCCDC's line list data received from RHAs (up to February 12, 2021) and PHSA's public health lab data (up to February 15, 2021). This epidemiological curve represents the weekly cases reported among First Nations in the province of BC. The proportion of cases within each region is colour coded and the case counts each day are represented by the solid black line. The incidence per 100,000 are represented by the dotted line. Regions are represented by following coloured bars in the diagram: Fraser-Dark blue, Interior-Red, Northern-Light Blue, Vancouver Coastal-Orange, and Vancouver Island-Green.

both the provincial, and regional level for the Rural, Remote and Indigenous Framework,

Working with First Nations:

- Continues to maintain essential services to support First Nations communities during this pandemic.
- Supporting First Nations communities in refreshing their Pandemic Plans, and provide COVID-19 resources for medical transportation, isolation and quarantine.
- "First Nations Virtual Doctor of the Day" is up and running in all five regions, which is to close this gap by providing virtual access of physicians to First Nations communities.
- The First Nations Virtual Substance Use and Psychiatry Service launched on August 25, 2020.
- FNHA continues to maintain operations team availability to respond to Isolation requests through the weekends during business hours.
- Site selection, training and deployment of Point of Care Testing for COVID-19 is underway.
- Supporting First Nations communities with the re-opening of their health centres.

Personal Protective Equipment:

- The FNHA continues to work with Federal and Provincial partners to obtain Personal Protective Equipment (PPE) for health care staff and first responders in all communities.
- PPE orders are received and shipped to all Regional Offices weekly basis.
- First Nations communities requiring personal protective equipment during the COVID-19 emergency can send their requests to the FNHA at the following email: COVID19needs@fnha.ca. Please refer to additional details in the FNHA Guide: Accessing Personal Protective Equipment for First Nations Communities: https://www.fnha.ca/Documents/FNHA-Accessing-Personal-Protective-Equipment-for-First-Nations-Communities.pdf

FNHA Resources

The FNHA website has been updated and has been divided into three sections: Community Leaders, Health Professionals and Public. https://www.fnha.ca/what-we-do/communicable-disease-control/coronavirus.

The COVID-19 Community Support Guide includes guidelines for eligible COVID-19 items for BC First Nations Communities: https://www.fnha.ca/Documents/FNHA-COVID-19-Community-Support-Guide.pdf

The FNHA has published an updated Communicable Disease Emergency Response (CDER) plan template – a living document that is user friendly, easy to follow and adaptable to each community's needs and strengths. https://www.fnha.ca/Documents/fnha-communicable-disease-emergency-response-plan.docx

APPENDIX "A" COVID-19-What You Need to Know

FNHA APP:

https://www.fnha.ca/about/news-and-events/news/fnha-launches-mobile-app. FNHA is here for you when you need us, putting helpful information directly into your hands. You can download the FNHA Mobile App today from the Apple App Store or Google Play Store. View the Frequently Asked Questions to find out more, or visit fnha.ca/app.

What are the symptoms?

 Self-Assessment Tool: Are you worried about your symptoms? Visit the Self-Assessment Tool from the BC Provincial Government. https://bc.thrive.health/

Better health through promotion protection and prevention. http://covid-19.bccdc.ca/

Includes: COVID-19 Self-Assessment Tool, COVID-19 for the Public, COVID-19 data, COVID-19 exposures, COVID-19 for health professionals,

Public Health Notices:

- Moving toward Vaccine Confidence https://www.fnha.ca/about/news-and-events/news/moving-toward-vaccine-confidence
- COVID-19 Orders https://www.fnha.ca/Documents/FNHA-New-COVID-19-Orders.pdf
- COVID-19 Vaccine Hot Topics: FNHA Experts Answer Your Questions https://www.fnha.ca/about/news-and-events/news/covid-19-vaccine-hot-topics-fnha-experts-answer-your-questions
- Caution over COVID-19 Urged during Vaccine Rollout https://www.fnha.ca/about/news-and-events/news/caution-over-covid-19-urged-during-vaccine-rollout
- After You Get Your COVID-19 Vaccine https://www.fnha.ca/Documents/FNHA-After-You-Get-Your-COVID-19-Vaccine.pdf

- COVID-19 Vaccines (Pfizer-BioNTech and Moderna) How They Work https://www.fnha.ca/about/news-and-events/news/covid-19-vaccines-pfizer-biontech-and-moderna-how-they-work
- Early Access to COVID-19 Vaccine for Rural and Remote First Nations Communities https://www.fnha.ca/about/news-and-events/news/early-access-to-covid-19-vaccine-for-rural-and-remote-first-nations-communities
- COVID-19 Vaccines Are Safe, Effective and Will Save Lives https://www.fnha.ca/about/news-and-events/news/covid-19-vaccines-are-safe-effective-and-will-save-lives
- COVID-19 Testing and Positive Test Results https://www.fnha.ca/about/news-and-events/news/what-to-do-if-youve-received-a-covid-19-positive-test-result
- What You Need to Know about the COVID-19 Vaccine https://www.fnha.ca/about/news-and-events/news/what-you-need-to-know-about-the-covid-19-vaccine
- Immunizations Keep Adults Healthy Too! A message from Dr. Helena Swinkels, Office of the Chief Medical Officer and Marion Guenther, Clinical Nurse Specialist for Immunizations, CDPPH office of the Chief Nursing Officer https://www.fnha.ca/about/news-and-events/news/immunizations-keep-adults-healthy-too
- FNHA/FNHC/FNHDA Public Health Notice: Nations Urged to Protect Each Other by Cancelling or Postponing Gatherings and Ceremonies https://www.fnha.ca/about/news-and-events/news/the-fnha-fnhc-fnhda-urge-nations-to-protect-each-other-by-cancelling-or-postponing-gatherings-and-ceremonies
- Expanded Prior Approval Coverage for Indian Residential School Resolution Health Support Program
 https://www.fnha.ca/about/news-and-events/news/expanded-prior-approval-coverage-for-indian-residential-school-resolution-health-support-program
- FNHA, FNHC, FNHDA Issue Statement Supporting Mary Ellen Turpel-Lafond's Investigation into Systemic Racism https://www.fnha.ca/about/news-and-events/news/fnha-fnhc-fnhda-issue-statement-supporting-mary-ellen-turpel-lafonds-investigation-into-systemic-racism
- COVID-19 Pandemic Sparks Surge in Overdose Deaths this Year https://www.fnha.ca/about/news-and-events/news/covid-19-pandemic-sparks-surge-in-overdose-deaths-this-year
- Update on COVID-19 Testing Protocols https://www.fnha.ca/about/news-and-events/news/update-on-covid-19-testing-protocols
- Safety First: Let's protect our children from ingesting hand sanitizer https://www.fnha.ca/about/news-and-events/news/safety-first-lets-protect-our-children-from-ingesting-hand-sanitizer
- First Nations Health Authority Issues Guidance on Notification of COVID-19 Cases
 https://www.fnha.ca/about/news- and-events/news/first-nations-health-authority-issues-guidance-on-notification-of-covid-19-cases
- Public health processes and the role of communities during COVID-19 https://www.fnha.ca/about/news-and-events/news/public-health-processes-and-the-role-of-communities-during-covid-19
- Fact Sheet: Introducing the First Nations Virtual Doctor of the Day https://www.fnha.ca/Documents/FNHA-First-Nations-Virtual-Doctor-of-the-Day-Fact-Sheet.pdf
- Article: When staying home is not safe: Domestic violence may increase during the COVID-19 pandemic https://www.fnha.ca/about/news-and-events/news/when-staying-home-is-not-safe

Protective Factors:

- Warning: Unsolicited Goods (PPE) https://www.fnha.ca/about/news-and-events/news/warning-unsolicited-goods-ppe
- When You're in Recovery and a Pandemic Hits https://www.fnha.ca/about/news-and-events/news/when-youre-in-recovery-and-a-pandemic-hits
- Article and Fact Sheet: Homemade Face Masks https://www.fnha.ca/about/news-and-events/news/homemade-face-masks
- Poster: Physical Distancing Do's and Don'ts https://www.fnha.ca/Documents/FNHA-Physical-Distancing-Dos-and-Donts-Poster.pdf
- Poster: How Physical Distancing Works https://www.fnha.ca/Documents/FNHA-How-Physical-Distancing-Works-Poster.pdf
- Poster: "Please do not enter our home for the protection of the people who live here." https://www.fnha.ca/Documents/FNHA-COVID-19-Do-Not-Enter-Home-Sign.pdf

Mental Health and Holistic Wellness

- COVID-19 Vaccine for Pregnant or Breastfeeding Women https://www.fnha.ca/about/news-and-events/news/just-the-facts-covid-19-vaccine-for-pregnant-or-breastfeeding-women
- Indigenous Youth and Mental Health: Culture and Tradition Go Virtual in a Good Way
 https://www.fnha.ca/about/news-and-events/news/indigenous-youth-and-mental-health-culture-and-tradition-go-virtual-in-a-good-way
- Good Medicine: Wellness Champion Megan Metz draws on Haisla culture to support youth mental health and wellness https://www.fnha.ca/about/news-and-events/news/good-medicine-wellness-champion-megan-metz-draws-

- on-haisla- culture-to-support-youth-mental-health-and-wellness
- FNHA Tackles BC's Dual Public Health Crises with Overdose Prevention Campaign and New Virtual Health Service https://www.fnha.ca/about/news-and-events/news/fnha-tackles-bcs-dual-public-health-crises-with-overdose-prevention-campaign-and-new-virtual-health-service
- Honouring our Elders Today and Every Day. https://www.fnha.ca/about/news-and-events/news/honouring-our-elders-today-and-every-day
- Accessing contraception, abortion and sexually transmitted infection counselling and services during COVID-19 https://www.fnha.ca/about/news-and-events/news/accessing-contraception-abortion-and-sexually-transmitted-infection-counselling-and-services-during-covid-19
- Staying strong during tough times with the "medicine of resilience" https://www.fnha.ca/about/news-and-events/news/staying-strong-during-tough-times-with-the-medicine-of-resilience
- Taking care of our sexual health during the pandemic https://www.fnha.ca/about/news-and-events/news/taking-care-of-our-sexual-health-during-the-pandemic.
- Staying connected if your loved one is hospitalized due to COVID-19 https://www.fnha.ca/about/news-and-events/news/staying-connected-if-your-loved-one-is-hospitalized-due-to-covid-19
- Practise Lateral Kindness to Help Reduce Stigma and Fear of COVID-19 https://www.fnha.ca/about/news-and-events/news/practise-lateral-kindness-to-help-reduce-stigma-and-fear-of-covid-19
- The Power of Voice to Advance Culturally Safe Health Care for First Nations Communities https://www.fnha.ca/about/news-and-events/news/the-power-of-voice-to-advance-culturally-safe-health-care-for-first-nations-communities
- Young Wisdom on Mental Health and Wellness https://www.fnha.ca/about/news-and-events/news/young-wisdom-on-mental-health-and-wellness
- Ten Tips for Sleeping Well During Troubled Times https://www.fnha.ca/about/news-and-events/news/ten-tips-for-sleeping-well-during-troubled-times
- Resource List: Mental Health and Cultural Supports Available During the COVID-19 Pandemic https://www.fnha.ca/Documents/FNHA-COVID-19-Mental-Health-and-Cultural-Supports.pdf
- Fact Sheet: Providing Activities for Children during a time of Crisis https://www.fnha.ca/about/news-and-events/news/providing-activities-for-children-during-a-time-of-crisis
- Article: Good Medicine: Keeping Active at Home https://www.fnha.ca/about/news-and-events/news/good-medicine-keeping-active-at-home
- Article: How to Host a Virtual Social Gathering during the Pandemic https://www.fnha.ca/about/news-and-events/news/how-to-host-a-virtual-social-gathering-during-the-pandemic-staying-connected-while-practising-physical-distancing
- Article: Remember that Food is Medicine https://www.fnha.ca/about/news-and-events/news/remember-that-food-is-medicine

Harm Reduction:

- FNHA Webinar: Substances & Stigma https://firstnationshealthauthority.createsend1.com/t/i-l-mxdikk-l-k/
- Article: Practising Harm Reduction during COVID-19 https://www.fnha.ca/about/news-and-events/news/practising-harm-reduction-during-covid-19
- Fact Sheet (BC Centre for Disease Control): COVID-19 Harm Reduction and Overdose Response http://www.bccdc.ca/Health-Info-Site/Documents/COVID19-harm-reduction.pdf

FNHA Videos:

- COVID-19 Update https://www.youtube.com/watch?v=rJsqaTfP3IQ&feature=emb_title (Dr. McDonald, Jan.21/21)
- Using Compassion to Tackle the Stigma of Addiction https://www.youtube.com/watch?v=79G2QKCfOmg (Dr. Nel Wieman, September 17)
- The Overall Wellness Impact of COVID-19 https://www.youtube.com/watch?v=L48JSAtoHwk&feature=youtu.be (Dr. Nel Wieman, September 11)
- Responding to Overdose with Compassion https://www.youtube.com/watch?v=BYWFzc8oikY&feature=youtu.be (Dr. Nel Wieman, September 11)
- Mental Health and COVID-19 https://www.youtube.com/watch?v=IOXZtvf0HFw&feature=youtu.be (Dr. Nel Wieman, September 11)
- How Has COVID-19 Affected People Who Use Substances? https://www.youtube.com/watch?v=79G2QKCfOmg
- (Dr. Nel Wieman, September 4)
 <u>Stay Connected</u> https://www.youtube.com/watch?v=6QfTWJHcdX0&feature=youtu.be (Dr. Nel Wieman, September 4)