Provincial COVID-19 Cases – Update as of November 20, 2020 at 4:35pm:
There have been a total of 25,474 confirmed cases in BC, and 331 deaths. As of November 20, there were 7,122 active cases in the province, 227 people were hospitalized and of those, 57 people were in ICU. There are 10,002 people under active public health monitoring due to an identified exposure. Of the total number of cases 17,477 (68.6%) patients have fully recovered.

Active Outbreaks:
- Long-term care/assisted living centres: 51 outbreaks
- Acute care units: 6 outbreaks

First Nations COVID-19 Cases:
As of November 18, 2020, the total number of First Nations COVID-19 cases are 898. Out of these 898 cases, there are 858 lab diagnosed cases and 40 epi-linked cases. There are 162 active First Nations COVID-19 cases in BC, 31 of the active cases were in or near community as of November 18, 2020. Most of the lab confirmed cases of COVID-19 among First Nations in BC have now recovered. Sadly, there have been total 13 COVID-19 related deaths reported among First Nations living in BC since the beginning of the pandemic. There have been a total 110 (12.6%) First Nations people hospitalized due to COVID-19 since March 1, 2020.
Regional Active cases and Testing data as of November 18, 2020

<table>
<thead>
<tr>
<th></th>
<th>Fraser Salish</th>
<th>Interior</th>
<th>Northern</th>
<th>Vancouver Coastal</th>
<th>Vancouver Island</th>
<th>Total N (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Active First Nations COVID-19 Cases</td>
<td>52</td>
<td>&lt;5</td>
<td>34</td>
<td>60</td>
<td>&lt;15*</td>
<td>162</td>
</tr>
<tr>
<td>Total persons tested</td>
<td>4,184</td>
<td>3,942</td>
<td>4,842</td>
<td>5,010</td>
<td>4,020</td>
<td>22,029</td>
</tr>
<tr>
<td>Cumulative Percentage Positivity* (%)</td>
<td>3.51%</td>
<td>1.18%</td>
<td>3.57%</td>
<td>6.67%</td>
<td>1.21%</td>
<td>3.53%</td>
</tr>
<tr>
<td>Testing Rate (Total tests per 100,000 First Nation Population)</td>
<td>20,779.0</td>
<td>14,614.0</td>
<td>14,169.7</td>
<td>29,821.5</td>
<td>13,453.0</td>
<td>17,421.9</td>
</tr>
</tbody>
</table>

*Precise numbers are not shared to prevent inadvertent identification of case counts below 5 in Interior region.
Note: Analyses for in or Near Community includes lab confirmed cases and epi-linked cases with known geographical information. Other cases (including case tested outside of BC) are included in the cases by Health Authority. As of November 18, 2020, there were 31 active First Nations COVID-19 cases residing in or near community.

The majority (71.0%) of cases among First Nations have occurred in those under age 50.
The cumulative percent positive for all COVID-19 test completed for First Nations in BC was 3.53% as of November 18, 2020. The rate of positive cases was 553.1 per 100,000 people among First Nations. The rate of positive case among other residents of BC was 490.0 per 100,000 people.

Epidemic curve for COVID-19 cases among BC First Nations by episodic date (coloured bar), report date line) and health authority, British Columbia February 23, 2020 (Week-9) – November 18, 2020 (Week-47*) (n=871)

On First Nations reserves in all provinces, as of November 20, 2020, Indigenous Services Canada is aware of:

- 2,956 confirmed positive COVID-19
- 1204 active cases
- 135 hospitalizations
- 1,727 recovered cases
- 25 deaths

Case numbers per region:
- British Columbia: 213
- Alberta: 890
- Saskatchewan: 767
- Manitoba: 783
- Ontario: 175
- Quebec: 128

First Nations Community Statistics from Indigenous Services Canada (November 19, 2020):

- Band Office Closure – 144 (0 update)
- Band Office Reopening – 1 (0 update)
- Tribal Council Office Closure – 16 (0 updates)
- Tribal Council Office Re-opening – (0 updates)
- Community Closure – 115 (0 updates)
- Community Closure Over – (0 update)

State of Local Emergency Declared – 65 (0 update)
State of Local Emergency Rescinded – 1 (0 update)
EOC Activations – 120 (0 update)
EOC Closed – (0 update)
FNHA Response

- FNHA is on Week 34 of Level 3 Emergency Response, which means that FNHA spends 80% on COVID-19 and 20% on FNHA operations.
- Compounding the COVID-19 response is the increase in overdose deaths and re-emergence of flooding and forest fires that are affecting our First Nations communities.

Working with Partners:
- FNHA continues to work with its partners, and First Nations communities to identify needs and develop plans at both the provincial, and regional level for the Rural, Remote and Indigenous Framework.
- FNHA is in discussions federally and provincially to support BC Restart including reopening of public buildings, and return to work and business operations for facilities.

Working with First Nations:
- Continues to maintain essential services to support First Nations communities during this pandemic.
- Supporting First Nations communities in refreshing their Pandemic Plans, and provide COVID-19 resources for medical transportation, isolation and quarantine.
- “First Nations Virtual Doctor of the Day” is up and running in all five regions, which is to close this gap by providing virtual access of physicians to First Nations communities.
- FNHA continues to maintain operations team availability to respond to Isolation requests through the weekends during business hours.
- Site selection, training and deployment of Point of Care Testing for COVID-19 is underway.
- Supporting First Nations communities with the re-opening of their health centres.
- FNHA and First Nations Leadership calls on March 26, April 9, April 23, May 7, May 27 and June 4.
- FNHA and First Nations Health Directors calls on April 3, April 17, May 1, May 15 and May 29.
- FNHA and First Nations Leadership and Health Directors calls on June 18, July 9, July 16, July 23, July 30, August 20 and September 17.

Personal Protective Equipment:
- The FNHA continues to work with Federal and Provincial partners to obtain Personal Protective Equipment (PPE) for health care staff and first responders in all communities.
- PPE orders are received and shipped to all Regional Offices weekly basis.
- First Nations communities requiring personal protective equipment during the COVID-19 emergency can send their requests to the FNHA at the following email: COVID19needs@fnha.ca. Please refer to additional details in the FNHA Guide: Accessing Personal Protective Equipment for First Nations Communities:

FNHA Resources

The FNHA website has been updated and has been divided into three sections: Community Leaders, Health Professionals and Public. https://www.fnha.ca/what-we-do/communicable-disease-control/coronavirus.


The FNHA has published an updated Communicable Disease Emergency Response (CDER) plan template – a living document that is user friendly, easy to follow and adaptable to each community’s needs and strengths.

FNHA’s Communicable Disease Emergency (CDE) team is available to support communities, including support updating/creating a Communicable Disease Emergency Response (CDER) plan, scenario/exercise discussions and full scale planning exercises. The CDE Management team can be reached via email: cdmgmt@fnha.ca.
APPENDIX “A”
COVID-19 – What You Need to Know

FNHA APP: https://www.fnha.ca/about/news-and-events/news/fnha-launches-mobile-app. FNHA is here for you when you need us, putting helpful information directly into your hands. You can download the FNHA Mobile App today from the Apple App Store or Google Play Store. View the Frequently Asked Questions to find out more, or visit fnha.ca/app.

What are the symptoms?


Public Health Notices:
- Immunizations Keep Adults Healthy Too! A message from Dr. Helena Swinkels, Office of the Chief Medical Officer and Marion Guenther, Clinical Nurse Specialist for Immunizations, CDPH office of the Chief Nursing Officer. https://www.fnha.ca/about/news-and-events/news/immunizations-keep-adults-healthy-too
- First Nations Health Authorities Tell Commons Committee They Need More PPE, https://www.fnha.ca/about/news-and-events/news/first-nations-health-authorities-tell-commons-committee-they-need-more-ppe
- Article: Need to see a doctor? Introducing the First Nations Virtual Doctor of the Day https://www.fnha.ca/about/news-and-events/news/need-to-see-a-doctor-introducing-the-first-nations-virtual-

• Article: When staying home is not safe: Domestic violence may increase during the COVID-19 pandemic. [https://www.fnha.ca/about/news-and-events/news/when-staying-home-is-not-safe]


• Article and Workbook: Advance Care Planning for First Nations People [https://www.fnha.ca/about/news-and-events/news/your-care-your-choices]

Protective Factors:
• FNHA ships over 150,000 pieces of Personal Protective Equipment (PPE) across the province. [https://www.fnha.ca/about/news-and-events/news/fnha-ships-over-150-000-pieces-of-personal-protective-equipment-across-the-province]


• Video: Interview with Dr. Evan Adams, FNHA Chief Medical Officer on protecting you, your loved ones and community from COVID-19. [https://www.youtube.com/watch?v=qVLYraZM4oU&list=PLDKOxTJMukCL2KEQtO6pzFu8j0W]

• Article and Fact Sheet: Homemade Face Masks [https://www.fnha.ca/about/news-and-events/news/homemade-face-masks]

• Poster: Physical Distancing Do’s and Don’ts [https://www.fnha.ca/Documents/FNHA-Physical-Distancing-Dos-and-Don-ts-Poster.pdf]


Mental Health and Holistic Wellness
• The First Nations Virtual Substance Use and Psychiatry Service: [https://www.fnha.ca/what-we-do/ehealth/virtual-substance-use-and-psychiatry-service]

• Good Medicine: Wellness Champion Megan Metz draws on Haisla culture to support youth mental health and wellness [https://www.fnha.ca/about/news-and-events/news/good-medicine-wellness-champion-megan-metz-draws-on-haisla-culture-to-support-youth-mental-health-and-wellness]


• Welcome to the FNHA 30x30 Active Challenge! [https://www.fnha.ca/about/news-and-events/news/welcome-to-the-fnha-30x30-active-challenge]

• Honouring our Elders Today and Every Day. [https://www.fnha.ca/about/news-and-events/news/honouring-our-elders-today-and-every-day]


• Staying strong during tough times with the “medicine of resilience”. [https://www.fnha.ca/about/news-and-events/news/staying-strong-during-tough-times-with-the-medicine-of-resilience]


• Good Medicine: Show us your homemade / handmade face masks! [https://www.fnha.ca/about/news-and-events/news/good-medicine-show-us-your-homemade-handmade-face-masks]

• Staying connected if your loved one is hospitalized due to COVID-19. [https://www.fnha.ca/about/news-and-events/news/staying-connected-if-your-loved-one-is-hospitalized-due-to-covid-19]


• Article: Remember that Food is Medicine [https://www.fnha.ca/about/news-and-events/news/remember-that-food-is-medicine](https://www.fnha.ca/about/news-and-events/news/remember-that-food-is-medicine)

Harm Reduction:


• Article: This Month, Let’s be “Sober(er) October”. [https://firstnationshealthauthority.createsend1.com/t/i-l-mdlick-i-h](https://firstnationshealthauthority.createsend1.com/t/i-l-mdlick-i-h)

• FNHA Webinar: Substances & Stigma (Oct 15). [https://firstnationshealthauthority.createsend1.com/t/i-l-mdlick-i-k](https://firstnationshealthauthority.createsend1.com/t/i-l-mdlick-i-k)


FNHA Videos:


• Using Compassion to Tackle the Stigma of Addiction [https://www.youtube.com/watch?v=79G2QKcfoMg](https://www.youtube.com/watch?v=79G2QKcfoMg) (Dr. Nel Wieman, September 17, 3.40 mins)

• The Overall Wellness Impact of COVID-19 [https://www.youtube.com/watch?v=L48JS4oHwK](https://www.youtube.com/watch?v=L48JS4oHwK) (Dr. Nel Wieman, September 11, 3.56 mins)

• Responding to Overdose with Compassion [https://www.youtube.com/watch?v=BYWFzC8okY](https://www.youtube.com/watch?v=BYWFzC8okY) (Dr. Nel Wieman, September 11, 31 seconds)

• Mental Health and COVID-19 [https://www.youtube.com/watch?v=10XZtv0HFw](https://www.youtube.com/watch?v=10XZtv0HFw) (Dr. Nel …)
Wieman, September 11, 44 seconds)
• How has COVID-19 affected people who use substances? https://www.youtube.com/watch?v=79G2QKCfOmg
• (Dr. Nel Wieman, September 4, 3.49 mins) Stay Connected https://www.youtube.com/watch?v=6QfTWJHcdX0&feature=youtu.be (Dr. Nel Wieman, September 4, 30 seconds)
• Keep Your Bubble Small https://www.youtube.com/watch?v=z7NFeuxw0uc&feature=youtu.be (Dr. Shannon McDonald, August 28, 1.31 mins)
• An Update on COVID-19 https://www.youtube.com/watch?v=58CjhzT6fOU&feature=youtu.be (Dr. Shannon McDonald, August 28, 1.54 mins)

Podcasts:
• We have recorded a number of podcasts to help raise awareness of various pandemic topics. Listen to the podcasts at https://soundcloud.com/firstnationshealthauthority.

Additional Resources:
• For information for Community Leaders, including regular Situation Report updates and funding guides, visit: COVID-19 Information for Community Leaders https://www.fnha.ca/what-we-do/communicable-disease-control/coronavirus/community-leaders