Coronavirus disease (COVID-19)
FNHA Public Health Response
Community Situation Report
October 5, 2020

Note: Changes from the previous Community Situation Report are in red.

COVID-19 Updates

Provincial COVID-19 Cases – Update as of October 2, 2020 at 3:00pm:
There have been a total of 9,381 confirmed cases in BC, and 238 deaths. As of October 5, there were 1,302 active cases in the province, 63 people were hospitalized and of those, 16 people were in ICU. There are 3,114 people under active public health monitoring due to an identified exposure. Of the total number of cases, 7,813 (83.3%) patients have fully recovered.

Regional breakdown of total number of COVID-19 cases in BC

<table>
<thead>
<tr>
<th>Region</th>
<th>Number of COVID-19 Cases</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vancouver Coastal</td>
<td>3440</td>
</tr>
<tr>
<td>Fraser</td>
<td>4791</td>
</tr>
<tr>
<td>Vancouver Island</td>
<td>209</td>
</tr>
<tr>
<td>Interior</td>
<td>535</td>
</tr>
<tr>
<td>Northern</td>
<td>318</td>
</tr>
</tbody>
</table>

Active Outbreaks:
- Long-term care/assisted living centres: 14 outbreaks
- Acute care units: 3 outbreaks
- Community outbreaks: (As of September 30, 2020)
  - Witset First Nation: There were five (5) active cases in or near community in Witset First Nation community. Total 9 First Nations COVID-19 in or near community cases have been diagnosed in Witset First Nation community since the beginning of the pandemic.
  - Nak’azdli Whut’en: There were <5 active cases in or near community. Total 18 First Nations COVID-19 in or near community cases have been diagnosed in Nak’azdli Whut’en community since the beginning of the pandemic.
  - Tla’amin: There were < 5 active cases in or near community in Tla’amin. Total 27 First Nations COVID-19 in or near community cases have been diagnosed in Tla’amin community since the beginning of the pandemic.
  - There are currently 39 active cases in Vancouver Centre North which contains the Downtown East Side.
First Nations COVID-19 Cases:
As of September 30, 2020, the total number of First Nations COVID-19 cases were 528. Out of these 528 cases, there are 499 lab confirmed cases and 29 epi-linked cases. There were 141 active First Nations COVID-19 cases in BC, 28 of the active cases were in or near community as of September 30, 2020. Most of the lab confirmed cases of COVID-19 among First Nations in BC have now recovered. There have been a total of 67 (13%) First Nations people hospitalized due to COVID-19 since March 1, 2020.

Note: Analyses for In or Near Community includes lab confirmed cases and epi-linked cases with known geographical information. Other cases (including case tested outside of BC) are included in the cases by Health Authority.

The majority (69.7%) of cases among First Nations have occurred in those under age 50.

Active cases by Health Authority:
- 33 in Fraser Salish
- Less than 5 in Interior
- 16 in Northern
- 84 in Vancouver Coastal
- Less than 5 on Vancouver Island
The cumulative percent positive for all COVID-19 test completed for First Nations in BC was 3.27% as of September 30, 2020. The rate of positive cases was 325 per 100,000 people among First Nations. The rate of positive case among other residents of BC was 175 per 100,000 people. Until recently the rate for First Nations has been similar to other residents, this has only changed with the increase in cases in recent weeks.

Epidemic curve for First Nations COVID-19 cases (n=514), February 25-September 30, 2020

The epidemic curve shows the number of COVID-19 cases reported each day throughout the epidemic. Despite small outbreaks early in the pandemic, relatively few cases were reported on a daily basis, with periods spanning days or weeks where zero new cases were reported. Since approximately August 18 there has been an increasing number of daily cases with no days where zero new cases were reported.

Total number of First Nations persons tested as of September 30, 2020:
- **15,070** in all BC
  - 2,532 in Fraser Salish
  - 2,653 in Interior
  - 2,724 on Vancouver Island
  - 3,527 in Northern
  - 3,608 in Vancouver Coastal

On First Nations reserves in all provinces, as of October 2, 2020, Indigenous Services Canada is aware of:
- **689** confirmed positive COVID-19
- **111** active cases
- **58** hospitalizations
- **566** recovered cases
- **12** deaths

Case numbers per region:
- British Columbia: 151
- Alberta: 292
- Saskatchewan: 98
- Manitoba: 23
- Ontario: 77
- Quebec: 48
**First Nations Community Statistics from Indigenous Services Canada (September 17, 2020):**

<table>
<thead>
<tr>
<th>Band Office Closure – 145 (3 updates)</th>
<th>State of Local Emergency Declared – 65 (1 update)</th>
</tr>
</thead>
<tbody>
<tr>
<td>• 590 Bridge River</td>
<td>• 554 Tla'amin Nation (f. Sliammon)</td>
</tr>
<tr>
<td>• 689 Little Shuswap Lake</td>
<td>State of Local Emergency Rescinded – (0 update)</td>
</tr>
<tr>
<td>• 690 Neskonlith</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Band Office Reopening – (0 updates)</th>
<th>EOC Activations – 120 (0 update)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tribal Council Office Closure – 16</td>
<td>EOC Closed – (0 update)</td>
</tr>
<tr>
<td>(0 updates)</td>
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</table>

<table>
<thead>
<tr>
<th>Community Closure – 113 (1 update)</th>
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<tbody>
<tr>
<td>• 539 Nuxalk Nation (f. Bella Coola)</td>
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</table>

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<thead>
<tr>
<th>Community Closure Over – (0 update)</th>
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**FNHA Response**

- FNHA is on Week 27 of Level 3 Emergency Response, which means that FNHA spends 80% on COVID-19 and 20% on FNHA operations.
- Compounding the COVID-19 response is the increase in overdose deaths and re-emergence of flooding and forest fires that are affecting our First Nations communities.

**Working with Partners:**

- FNHA continues to work with its partners, and First Nations communities to identify needs and develop plans at both the provincial, and regional level for the Rural, Remote and Indigenous Framework.
- FNHA is in discussions federally and provincially to support BC Restart including reopening of public buildings, and return to work and business operations for facilities.

**Working with First Nations:**

- Continues to maintain essential services to support First Nations communities during this pandemic.
- Supporting First Nations communities in refreshing their Pandemic Plans, and provide COVID-19 resources for medical transportation, isolation and quarantine.
- “First Nations Virtual Doctor of the Day” is up and running in all five regions, which is to close this gap by providing virtual access of physicians to First Nations communities.
- FNHA continues to maintain operations team availability to respond to Isolation requests through the weekends during business hours.
- Site selection, training and deployment of Point of Care Testing for COVID-19 is underway.
- Supporting First Nations communities with the re-opening of their health centres.
- FNHA and First Nations Leadership calls on March 26, April 9, April 23, May 7, May 27 and June 4.
- FNHA and First Nations Health Directors calls on April 3, April 17, May 1, May 15 and May 29.
- FNHA and First Nations Leadership and Health Directors calls on June 18, July 9, July 16, July 23, July 30, August 20 and September 17.

**Personal Protective Equipment:**

- The FNHA continues to work with Federal and Provincial partners to obtain Personal Protective Equipment (PPE) for health care staff and first responders in all communities.
- PPE orders are received and shipped to all Regional Offices weekly basis.
- First Nations communities requiring personal protective equipment during the COVID-19 emergency can send their requests to the FNHA at the following email: COVID19needs@fnha.ca. Please refer to additional details in the FNHA Guide: Accessing Personal Protective Equipment for First Nations Communities: https://www.fnha.ca/Documents/FNHA-Accessing-Personal-Protective-Equipment-for-First-Nations-Communities.pdf
The FNHA website has been updated and has been divided into three sections: Community Leaders, Health Professionals and Public. [https://www.fnha.ca/what-we-do/communicable-disease-control/coronavirus.](https://www.fnha.ca/what-we-do/communicable-disease-control/coronavirus).


See Appendix “A” for full list of COVID Resources.
APPENDIX “A”
COVID-19 – What You Need to Know

FNHA APP: https://www.fnha.ca/about/news-and-events/news/fnha-launches-mobile-app. FNHA is here for you when you need us, putting helpful information directly into your hands. You can download the FNHA Mobile App today from the Apple App Store or Google Play Store. View the Frequently Asked Questions to find out more, or visit fnha.ca/app.

What are the symptoms?


Public Health Notices:
• First Nations Health Authorities Tell Commons Committee They Need More PPE, https://www.fnha.ca/about/news-and-events/news/first-nations-health-authorities-tell-commons-committee-they-need-more-ppe
• Article: When staying home is not safe: Domestic violence may increase during the COVID-19 pandemic https://www.fnha.ca/about/news-and-events/news/when-staying-home-is-not-safe
• Article and Workbook: Advance Care Planning for First Nations People https://www.fnha.ca/about/news-and-events/news/your-care-your-choices
Protective Factors:

- Video: Interview with Dr. Evan Adams, FNHA Chief Medical Officer on protecting you, your loved ones and community from COVID-19. [https://www.youtube.com/watch?v=qVLYraZM4oU&list=PLDKOxTJMukCL2KEQtOr_6pzFu8jJoW](https://www.youtube.com/watch?v=qVLYraZM4oU&list=PLDKOxTJMukCL2KEQtOr_6pzFu8jJoW)

Mental Health and Holistic Wellness

- Article: Remember that Food is Medicine [https://www.fnha.ca/about/news-and-events/news/remember-that-food-is-medicine](https://www.fnha.ca/about/news-and-events/news/remember-that-food-is-medicine)

**Harm Reduction:**

**FNHA Videos:**
- Using Compassion to Tackle the Stigma of Addiction [https://www.youtube.com/watch?v=79G2QKCfOmg](https://www.youtube.com/watch?v=79G2QKCfOmg) (Dr. Nel Wieman, September 17, 3.40 mins)
- The Overall Wellness Impact of COVID-19 [https://www.youtube.com/watch?v=L48JSAtoHwk&feature=youtu.be](https://www.youtube.com/watch?v=L48JSAtoHwk&feature=youtu.be) (Dr. Nel Wieman, September 11, 3.56 mins)
- Responding to Overdose with Compassion [https://www.youtube.com/watch?v=BYWFzc8okY&feature=youtu.be](https://www.youtube.com/watch?v=BYWFzc8okY&feature=youtu.be) (Dr. Nel Wieman, September 11, 31 seconds)
- Mental Health and COVID-19 [https://www.youtube.com/watch?v=lOXZtv0HFw&feature=youtu.be](https://www.youtube.com/watch?v=lOXZtv0HFw&feature=youtu.be) (Dr. Nel Wieman, September 11, 44 seconds)
- How has COVID-19 affected people who use substances? [https://www.youtube.com/watch?v=79G2QKCfOmg](https://www.youtube.com/watch?v=79G2QKCfOmg) (Dr. Nel Wieman, September 4, 3.49 mins)
- Stay Connected [https://www.youtube.com/watch?v=6QfTWJHcdX0&feature=youtu.be](https://www.youtube.com/watch?v=6QfTWJHcdX0&feature=youtu.be) (Dr. Nel Wieman, September 4, 30 seconds)
- Keep Your Bubble Small [https://www.youtube.com/watch?v=z7NFeuxw0uc&feature=youtu.be](https://www.youtube.com/watch?v=z7NFeuxw0uc&feature=youtu.be) (Dr. Shannon McDonald, August 28, 1.31 mins)
- An Update on COVID-19 [https://www.youtube.com/watch?v=58CjhzT6fOU&feature=youtu.be](https://www.youtube.com/watch?v=58CjhzT6fOU&feature=youtu.be) (Dr. Shannon McDonald, August 28, 1.54 mins)

**Podcasts:**
- We have recorded a number of podcasts to help raise awareness of various pandemic topics. Listen to the podcasts at [https://soundcloud.com/firstnationshealthauthority](https://soundcloud.com/firstnationshealthauthority).

**Additional Resources:**
- For information for Community Leaders, including regular Situation Report updates and funding guides, visit: COVID-19 Information for Community Leaders [https://www.fnha.ca/what-we-do/communicable-disease-control/coronavirus/community-leaders](https://www.fnha.ca/what-we-do/communicable-disease-control/coronavirus/community-leaders)