

# Family and Friend Caregiver Resources

## Family Caregiver of BC



- Support Line Phone Number
- Support Groups and Learning Centre
- Resources for Young Caregivers

## Caring for the Caregiver



- Links, Resources and Tools for Caregivers
- Canadian Caregiver Credit (Canada Revenue Agency)
- Provincial Programs (e.g., Home & Community Care)

## TEVA Canada



- Caregiver Self Burnout Assessment and Care Plan
- Printable Resources
- Resources based on Topic and Province

## Alzheimer's Society of BC



- Alzheimer's Supports & Resources, and Helpline
- Resources based on Regional Health Authority Boundaries

## Qmunity



- Queer, Trans and Two-Spirit Focus
- Youth Programs
- Senior and Older Adult Programs

## Inclusion BC



- Self-Advocacy & Family Support for people with Disabilities

## Indigenous Caregivers of BC



- Caregivers Support of Children and Youth
- Non-Indigenous Caregivers of Indigenous Children and Youth

## Family Support Institute of BC



- Support and Advocacy for those with Disabilities
- Support Line Phone Number
- Workshops and Training

## Indigenous Youth Wellness



- Youth and Young Caregivers
- Youth-Led Participatory Programs
- Training and Workshops