

# First Nations Virtual Substance Use & Psychiatry Service

Your culture. Your comfort. Your care.  
*Culturally-safe specialist support for your health and wellbeing*



1. For a referral, ask a health and wellness provider who supports you or call the First Nations Virtual Doctor of the Day.



2. You and your provider can call the service together to set up an appointment by video or phone.



3. An assistant will connect you with a specialist to give you the support you need.

**Support is available Monday to Friday**  
**Learn more at [FNHA.ca/VirtualHealth](https://fnha.ca/VirtualHealth)**

*If you do not have a health and wellness provider and need a referral, call the First Nations Virtual Doctor of the Day at **1.855.344.3800**. Services are open to all First Nations people living in BC and their family members, including family members who are not Indigenous.*

***If you need urgent medical help, please call 911 or your local emergency response service.***



First Nations Health Authority  
Health through wellness