FNHA 5 Year Plan
Spring 2021 Engagement

www.fnha.ca/5yearplan
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Nuts Amaht!

We are gathering the wisdom of BC First Nations individuals, communities and leaders to help shape our organization’s goals for the next 5 Years.
What is the FNHA Five-Year Plan?

- Our Five-Year Plan provides the FNHA with goals, priorities and measures that help guide our work towards our Shared Vision of: 

**Healthy, Self-determining, and Vibrant BC First Nations Children, Families and Communities.**

- Current and past plans can be found here: [Summary Service Plan](#) 
- FNHA's plan is refreshed annually and renewed on a five year basis. Input will form part of an ongoing dialogue on the FNHA's priorities.

Why are we renewing it?

- Renewing the plan provides FNHA an opportunity to reflect on its progress to date and gather input from First Nations in BC on our goals for the next five years (2022/23 – 2027/28).

What have we done so far?

- The Five-Year Plan Renewal is being shaped by two phases of engagement, and a review of key information sources, including Community and Regional Health and Wellness Plans.

**Fall 2020 | Phase 1 Engagement**

- Engagement on FNHA goal and priority areas for next five years
- Review of community and regional plans, evaluation and document findings
- Ongoing planning discussions with First Nations Health Governance Leadership

**Winter 2021 | Draft Baskets of Work Emerged**

- Review of engagement findings and key documents

**Spring 2021 | Phase 2 Engagement**

- Feedback on draft baskets of work through second round of engagement
Where We’ve Been

*The following timeline demonstrates key milestones in the story of the FNHA's plans, leading up to the release of major evaluation findings and the development of a new Five-Year Plan.*
Phase 1 Approach

**BACKGROUND**

Further Information

- The Five-Year Plan Renewal is occurring in the context of dual public health emergencies requiring significant organizational focus, and also requiring 100% of Five-Year Plan engagement to be held virtually.

- Engagement in fall 2020 included six virtual focus groups, an online feedback platform and paper-based packages. Participation spanned all five regions; urban, in-community, and rural/remote populations; community members, health staff, and political leads.

- Review of evaluations and documents included the FNHA Evaluation, Tripartite Framework Agreement Evaluation, and significant reports impacting our environment such as the FNHA/FNHDA/FNHC Anti-Racism, Cultural Safety and Humility Joint Framework and Action Plan.
The following draft baskets of work have emerged to inform our draft goals:

- Health Governance
- Access to Quality Services
- Mental Health and Wellness
- Anti-Racism
- Health and Wellness Innovation

During spring 2021 engagement, we invite feedback on these emerging baskets of work. The following pages provide further information for each of these baskets to inform the discussion.
Health Governance

Health Governance Themes from Fall 2020 Engagement

Trends in Community Health and Wellness Plans

- Policies, processes, approaches, and/or compliance a common community priority.
- Education as social determinant of health also commonly included in community plans.

Related Regional Health and Wellness Plan Content

Evaluation Findings

- Invest more time in engagement – particularly with First Nations leaders, clients and service providers
- Update funding formulae/mechanisms to ensure urban & away from home clients receive an appropriate share of resources/programming

Fraser Salish Base of Our Sitel: Governance & Engagement

Interior Goal 3: Establish Effective Governance and Partnership Relationships (Goal 3.1)

Northern Priority 7: Strengthen Partnerships and Governance

Vancouver Coastal Priority 1: Health Governance

Vancouver Island Priorities: Traditional Wellness, Mental Health & Wellness, Primary Care & Nursing; Rural & Remote Communities
**Access to Services Themes from Fall 2020 Engagement**

- Programs & Services
- Virtual Services
- Access to Services
- Wholistic, Cultural & Traditional Wellness
- Primary Care
- Dental Health
- Chronic Conditions
- Health Benefits
- Home and Community Care
- Medical Transportation
- Elder Wellness
- Child/Youth Wellness
- Health Human Resources
- Family Wellness

**Evaluation Findings**

- **Challenge of limited access to wholistic primary care** creating health complications
- **Ensure sustainability** of Health Benefits program; improved accessibility/utilization expected to increase cost
- **Continued inequitable health outcomes** experienced by Indigenous infants, children and youth

**Trends in Community Health and Wellness Plans**

- Family Wellness is a very common theme across community plans.
- Chronic Disease also one of most common community themes.

**Related Regional Health and Wellness Plan Content:**

- **Fraser Salish** Pillars: Primary Health Care; Public Health and Health Literacy; Common Thread: Traditional Wellness
- **Interior** Goal 1: Improve Health Programs and Services (Goal 1.1, 1.3-1.4)
- **Northern** Priority 1, 2, 3: Revitalize Traditional Wellness; Deliver Primary Health Care; Support Maternal and Child Health
- **Vancouver Coastal** Priority 3: Holistic Wellness and Health Service Delivery
- **Vancouver Island** Priorities: Primary Care and Nursing; Rural and Remote Communities; Traditional Wellness; Maternal, Child, and Family Health and Wellness; Health Benefits
Mental Health and Wellness

Trends in Community Health and Wellness Plans
- Mental Health and Wellness is second most prominent theme in community plans across regions.
- Substance Use was fourth most common theme across regions.

Related Regional Health and Wellness Plan Content
- Fraser Salish Pillar: Mental Health and Wellness
- Interior Goal 1: Improve Health Programs and Services (Goal 1.4)
- Northern Priority 4: Promote Mental Wellness
- Vancouver Coastal Priority 3: Holistic Wellness and Health Service Delivery
- Vancouver Island Priority: Mental Health and Wellness

Evaluation Findings
- Support healing from intergenerational trauma
- Further enhance accessibility of culturally safe harm reduction and treatment services
- Continue to allocate resources to address root causes of MHW (e.g. systemic racism, discrimination, and determinants of health)

Document Review: *Opioid Overdose Public Health Emergency*
- Rise in overdoses since onset of pandemic due to interrupted supply; increasingly toxic drug supply; unintended consequences of public health measures
Anti-Racism Themes from Fall 2020 Engagement

- Cultural Safety and Humility
- First Nations Health Advocates
- Cultural Safety Training
- Systemic Racism / Discrimination in Health System
- Culturally Safe Services / Standards
- Healing and Trauma

Trends in Community Health and Wellness Plans

- Community plans include priorities around embedding culture into services and staff training, and increasing cultural safety and humility through external partnerships.

Related Regional Health and Wellness Plan Content

- **Fraser Salish** Common Thread: Cultural Safety and Humility
- **Interior** Goal 1: Improve Health Programs and Services (Goal 1.3)
- **Northern** Priority 1: Revitalize Traditional Wellness and Priority 2: Deliver Primary Health Care
- **Vancouver Coastal** Priority 3: Holistic Wellness and Health Service Delivery
- **Vancouver Island** Priority: Cultural Safety and Humility

Evaluation Findings

- **Sustain commitment and efforts** at multiple levels of the system to permanently “hardwire” cultural safety and humility in health-related sectors
- **Sustain efforts to increase awareness of cultural safety and humility**

Document Review:

FNHA/First Nations Health Council/First Nations Health Directors Association Anti-Racism, Cultural Safety and Humility Joint Framework and Action Plan (see visual right)
Innovation Themes from Fall 2020 Engagement

- Communications
- Emergency Preparedness and Response
- COVID-19
- Funding
- Knowledge Exchange
- Community Training & Resources
- Community Capital

Evaluation Findings
- Develop a formal strategy for client/community engagement
- Improve practices around how engagement results are documented and shared within the organization
- Review/revise funding formulas to ensure funding is allocated based on need, and that improvements in programs and services equally benefit all client groups

Trends in Community Health and Wellness Plans:
- Relationships and communication & community capital assets are themes found in community plans.

Related Regional Health and Wellness Plan Content:

- Fraser Salish: Common Threads: Health Human Resources; Planning, Reporting and Evaluation
- Interior: Goal 2: Function as an excellent and efficient organization (Goal 2.1-2.2);
- Northern: Priority 6: Coordinate Emergency and Crisis Management; Priority 8: Enhance Learning and Community Capacity; Priority 9: Develop Internal Infrastructure that Supports the Operational Plan Implementation
- Vancouver Coastal: Priority 2: Planning, Engagement, and Communications; Priority 4: Health Human Resources; Priority 5: Operational Excellence
- Vancouver Island: Priorities: Rural and Remote Communities; Communication and Engagement Pathways
Virtual Provincial & Regional Focus Groups
- Share back draft baskets of work
- Visit www.fnha.ca/5yearplan to register

Virtual Regional Spring Health Forum
- Provide update on process, share back draft baskets of work

Self-Serve Online Feedback Platform
- Summaries of draft basket areas via online feedback platform at www.fnha.ca/5yearplan

Self-Serve Feedback Package
- Paper packages or fillable PDFs can be downloaded from www.fnha.ca/5yearplan, or mailed to participants on request by emailing ppqplanning@fnha.ca or by phoning 1.778.887.9357

Further Information: www.fnha.ca/5yearplan
Spring 2021 Engagement Topics

During Focus Groups and Surveys, participants will be asked for feedback on:

Emerging Draft Baskets of Work
We want to know if the emerging areas resonate with you:

- Health Governance
- Access to Quality Services
- Mental Health and Wellness
- Anti-Racism
- Health and Wellness Innovation

What does success look like?
We will ask how you would describe success within each areas over the next 5 years.

Specific Actions for the Next 5 Years
We want to hear what specific areas of work are most important.