FIRST NATIONS AND THE TOXIC DRUG POISONING CRISIS IN BC

FRASER SALISH | JANUARY - JUNE 2025



The unregulated drug supply in BC remains highly potent, unpredictable, and dangerous.

First Nations individuals, families, and communities continue to be disproportionately affected by the toxic drug crisis. Harm reduction is saving lives by offering compassionate, accessible health services to people who use substances, wherever they are on their healing journey. A First Nations approach strengthens conventional harm reduction by weaving in culture, teachings, community, and connections to the land and one another.

The data presented here is specific to the Fraser Salish Region.

Toxic Drug Poisoning Deaths Of First Nations People

19

FIRST NATIONS PEOPLE DIED FROM TOXIC DRUG POISONINGS BETWEEN JAN-JUNE 2025.

Rate of Toxic Drug Poisoning Deaths Involving First Nations People

5.6x

First Nations people experienced a death rate 5.6x higher than other residents of the region between Jan-June 2025.



This is a 36.7% decrease from the 30 deaths during the same period in 2024.

First Nations People are Disproportionately Represented in Toxic Drug Poisoning Deaths



First Nations people make up 1.5% of the region's population.



7.1% of toxic drug poisoning deaths between Jan-June 2025 were First Nations people.



This data includes only Status First Nations people and their status-eligible descendants. Additionally, our data is limited to biological sex at birth, which may misidentify two-spirit, transgender, nonbinary, intersex, and gender diverse people. Surveillance data is dynamic and subject to change with new information and historical

The FNHA gratefully acknowledges the health partners that make this data available: BC Centre for Disease Control, BC Coroners Service, BC Emergency Health Services, and the BC Ministry of Health.

You may find this information distressing. Cultural support is available at Tsow Tun Le Lum Society. Call 1-888-403-3123 (toll-free) or visit www.tsowtunlelum.org Toxic Drug Poisoning Events Involving First Nations People

197



TOXIC DRUG POISONING EVENTS EXPERIENCED BY FIRST NATIONS PEOPLE BETWEEN JAN-JUNE 2025.

This is a 23.6% decrease from the 258 events experienced during the same period in 2024.

Events of First Nations People BY SEX

67.5% Male

2 32.5%

Events of First Nations People BY AGE

38.6%40 Years and Older

61.4% Younger than 40 Rate of Toxic Drug Poisoning Events Involving First Nations People

7.9 x

First Nations people experienced an event rate 7.9x higher than other residents of the region between Jan-June 2025.

First Nations People are Disproportionately Represented in Toxic Drug Poisoning Events



First Nations people make up 1.5% of the region's population.



10.5% of toxic drug poisoning events between Jan-June 2025 were First Nations people.

NOTES

- Most toxic drug poisoning events are non-fatal and represent instances where paramedics were called and responded to a poisoning. Events that were treated successfully in community and events where 9-1-1 was not called are not captured in this data
- Event data is only collected for people with documented BC Personal Health Numbers (PHNs), and is therefore likely an underestimate, due to missing PHNs for some events

REGIONAL WELLNESS AND CULTURAL SUPPORTS

Drug Alerts - Text JOIN to ALERTS (253787)

Harm Reduction Marketplace
Online access to harm reduction
supplies.

www.fraserhealth.ca/healthtopics-a-to-z/mental-health-andsubstance-use/harm-reduction

KUU-US Crisis Service – Call 1-800-KUU-US17 (588-8717) for an immediate response. 24-hours a day, seven days a week. FNHA Systems Support Systems.Support@fnha.ca (604) 743-0635

Regional FNHA staff

Our team can help you navigate services including access to treatment, harm reduction, mental health and wellness counselling and/or traditional wellness.

Regional Addictions SpecialistsAmber Stewart
Ian Tait

Wellness Systems Navigator - Substance Use

Helena Visona

Mental Health and Wellness Liaison

Rosaline Madhavan

Harm Reduction Educators

Tracey Jirak

Mehrdad Ghafouri

Traditional Wellness Coordinators

Jody Jones Elizabeth Julian