



First Nations Health Authority  
Health through wellness

# Have COVID-19 Symptoms? Call 8-1-1

**Don't call 9-1-1 unless it's an emergency.**

**If you think you may have symptoms of COVID-19, call 8-1-1.**

8-1-1 is the provincial phone line for medical information and advice, including all COVID-19 questions. Call 8-1-1 free of charge to talk to trained nurses and get the info you need on the coronavirus and COVID-19.

**Remember: 9-1-1 should only be used in an emergency!** 9-1-1 operators do not have COVID-19 information. Calling 9-1-1 can put others at risk by delaying other emergency response efforts.

**For non-medical questions about COVID-19**, like questions about travel restrictions, call **1-888-COVID19** (1-888-268-4319). This info line is open from 7:30 AM to 8 PM. Do not call this line if you are sick. 8-1-1 is the best phone line if you think you have COVID-19.

**To self-assess your symptoms**, please visit the BC Centre For Disease Control's COVID-19 Symptom Self-Assessment Tool here: [covid19.thrive.health](https://covid19.thrive.health)



**For the latest information on COVID-19, go to [www.fnha.ca/coronavirus](https://www.fnha.ca/coronavirus)**