



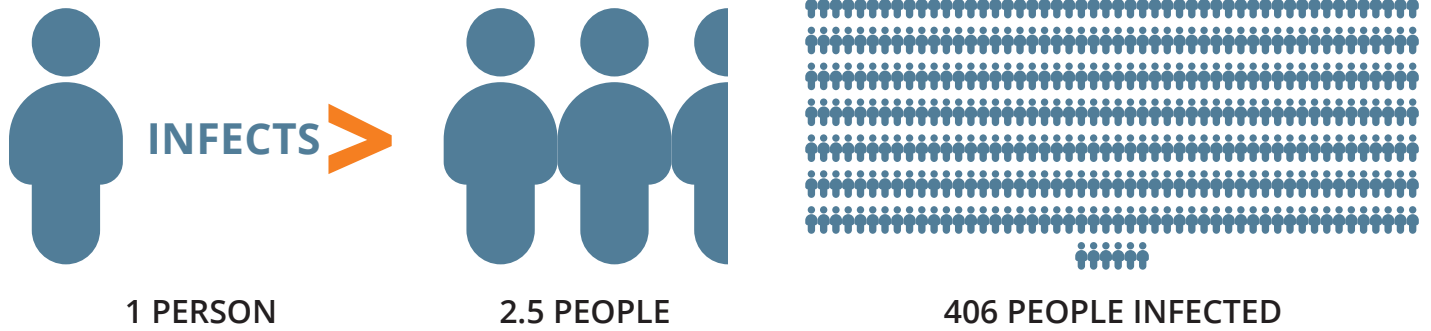
First Nations Health Authority
Health through wellness

How Physical Distancing Works



EXPOSURE **5 DAYS** **30 DAYS**

NO PHYSICAL DISTANCING



50% LESS EXPOSURE



75% LESS EXPOSURE



For the latest information on COVID-19, go to www.fnha.ca/coronavirus

These numbers are averages and therefore sometimes include decimals instead of whole numbers. Credit: Robert A.J. Singer Ph.D.