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TRANSFORMING LIVES
TRANSFORMER DES VIES

Implementing Culturally Relevant Care in Ontario's Healthcare System



Presenter: Renee Linklater, PhD
Director, Aboriginal Engagement and Outreach

**First Nations Health Authority Mental Health and Wellness Summit
Vancouver 2018**

Historic Location Since 1850's





HISTORY



The Centre for Addiction and Mental Health (CAMH)

CAMH is Canada's largest mental health and addiction teaching hospital, as well as one of the world's leading research centres in its field.

SIX STRATEGIC DIRECTIONS

1. Enhance recovery by improving access to integrated care and social support
2. Earn a reputation for outstanding service, accountability and professional leadership
3. Build an environment that supports recovery
4. Ignite discovery and innovation
5. Revolutionize education and knowledge exchange
6. Drive social change



GUIDING DIRECTIONS


A Plan to Strengthen Our Practices and Partnerships
with First Nations, Inuit and Métis Peoples



CAMH in the Community




Internal Initiatives at CAMH




**CANADA 150:
DEVELOPING A
RECONCILIATION
AGENDA FOR CAMH**

TUESDAY, JUNE 27, 2017
1PM-2:30PM
QUEEN ST.
CEREMONY GROUNDS



Lori Spadorcia, Vice-President, Communications & Partnerships and Renee Linklater, Director, Aboriginal Engagement & Outreach, invite you to a conversation to contribute your ideas on reconciliation between Indigenous and non-Indigenous peoples within health care settings.



For more information,
please contact,
Nadia.Green@camh.ca

camhPSSP
Positive System
Response Program

Clinical Program – Acute Care

Aboriginal Services



Aboriginal Services Team

Aboriginal Services provides culturally safe clinical and traditional care using a holistic approach that is based on Aboriginal values, beliefs and traditions

We value:

- Client-centered approach
- Culturally integrated therapies
- Trauma-informed care
- Gifts and strengths of clients and patients
- Integral role of families and communities





Aboriginal Services Room

Ceremony Grounds



Bringing Culture into Policy



3.4 In accordance with the Smoke-Free Ontario Act, this policy acknowledges the traditional use of tobacco that forms part of Aboriginal culture and spirituality; therefore, culturally related use, purchase or cultivation of tobacco will be permitted for clients/patients, staff, students, and visitors under the supervision of CAMH's Aboriginal Staff/ Aboriginal Services staff.

Clinical Program – Telepsychiatry and ECHO Ontario

Aboriginal Telemental Health



ECHO Ontario First Nations, Inuit and Métis Wellness

Project ECHO model uses telemedicine technology to bring the best practices in complex mental health care to communities where access to specialized care for clients with complex needs is limited or not available.



Telemental Health Room

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Institute for Mental Health Policy Research (IMHPR)

Research in Indigenous communities

- Using a mobile research lab to understand and address mental health, substance use and violence challenges in diverse communities
- A strengths-based approach to understanding how First Nations people cope with trauma and stress

CAMH mobile research lab



Community based research

All research initiatives involve working closely with community representatives at all stages of the research, including the research plan, data collection, knowledge sharing and applying knowledge to the development of strengths based programming



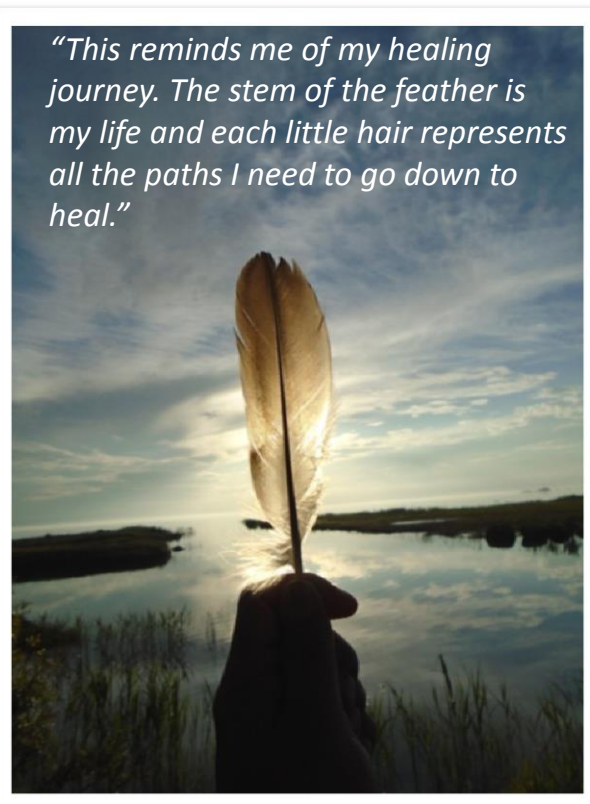
Institute for Mental Health Policy Research (IMHPR)

A participatory action approach to addressing First Nations boys' and men's mental health

- This study uses Participatory Action Research (PAR) to address the mental health needs of First Nations boys and men
- Respects and prioritizes the experiences of First Nations boys and men
- Uses Photovoice to give traditionally silenced people the opportunity to capture, reflect on and critique personal and community issues in a creative way
- Establishes a comprehensive, well-integrated and culturally appropriate program of services

Indigenous males have a suicide rate of 126 per 100,000 compared to a rate of 24 per 100,000 for non-Indigenous males

Funded by Movember Canada and led by Dr. Julie George, CAMH Scientist and Mental Health, Addiction and Violence Program Manager, Kettle & Stony Point First Nation





VISION

Transforming Systems—
Improving Lives

Working together
with partners across
sectors, the
**Provincial System
Support Program**
moves evidence to
action to transform
mental health and
addictions systems
in Ontario.

CAPACITY AND EXPERTISE

OUR TEAMS

We use a variety of skills and approaches to achieve our mandate.



Health equity and engagement



Knowledge exchange



Performance measurement and evaluation research



Implementation science



Information management

Provincial System Support Program Aboriginal Engagement and Outreach (AEO)



AEO has **18 staff** located in the provincial office (Toronto) and throughout seven of the nine regional offices in Ontario.



Provincial System Support Program

Aboriginal Engagement and Outreach (AEO)

- Building relationships and collaborative partnerships;
- Providing training to support workforce development;
- Advancing culturally relevant systems initiatives; and
- Improving practice through research and knowledge exchange.



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A large group of people are gathered in a conference room, with many of them raising their hands in the air. The room has a high ceiling with a large, ornate chandelier and recessed lighting. The atmosphere appears to be one of active participation or a vote-taking session. A semi-transparent purple banner is overlaid across the middle of the image, containing the text "Service Collaboratives".

Service Collaboratives

What are Service Collaboratives?

- A group of local service providers who work together to improve access to and coordination of mental health and/or addiction services.

Statement of Purpose

Service Collaboratives will bring together service providers and other stakeholders from various sectors that interact with people who have mental health and/or addictions problems, in particular children and youth agencies, justice programs, health providers, and education organizations. By working together to identify and implement system level changes, the Collaboratives will improve individuals' ability to access services, their service experience, and their health outcomes.

(Government of Ontario, 2011)

Who is Participating?



A black and white photograph of a snowy residential area. In the foreground, there is a snow-covered ground with a few small structures and a fence. In the middle ground, there are several houses with snow on their roofs. A utility pole with many power lines is prominent in the center. In the background, more houses and utility poles are visible. Two people are walking in the snow on the right side, one pulling a suitcase. A small white dog is also visible. A pink trapezoidal shape is overlaid on the right side of the image, containing the text "Aboriginal Workforce Development".

Aboriginal Workforce Development



WHAT IS MTTI?

Mobile Training Teams Initiative for Aboriginal Workers



Centre for Addiction and Mental Health



Engagement Sessions: Focus Groups



Timmins Native Friendship Centre
(Timmins)



Moore River Lodge
(Moosonee)

Virtual Engagement Session

Events Index

Filter Events ▾

☒ Slide Changes

☒ Camera

▶ Lobby [0:00:00]

What training hub is closes...

▶ Lobby [0:26:28]

What training hub is closes...

Which trainings are you m...


▶ Lobby [1:15:21]

Q and A [1:18:14]

Which trainings are you m...

▶ Lobby [1:28:26]

Camera and Voice (1)



Alison and Renee

Aboriginal Engagement and Outreach - Mobile Training Initiative



Attendee List (26)

Active Speakers

Tech Support 2

Presenters (2)

Alison and Renee

Tasca Black

Participants (22)

Angela Sofea

Anishinaabe AbinFamily Services

Anna Maria Barsanti

Beulah Wabasse

Brian

Brian 2

Brian 3

Chantelle Syrette

Donna Mac Donald

Ed Didur (M'Chigeeng Health Centre)

guest

Audio Troubleshooting

If you experience difficulty with audio, please phone in:

Teleconference #: 1-800-509-6600

Pin code: 41940683#

Resources from Today

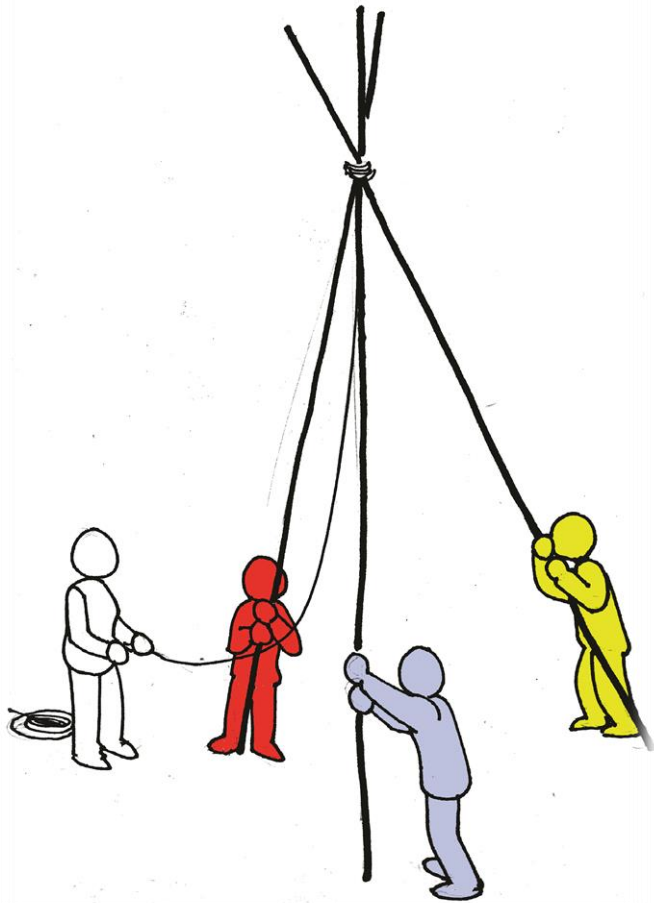
Name	Size
Slide deck presentation	2 MB

TRAINING MENU

1. Acceptance and Commitment Therapy
2. Child-Adult Relationship Enhancement
3. Dancing with Spirit: Conversations about change
4. Foundation for Understanding Trauma and the Health of Aboriginal Peoples
5. Honoring Children, Mending the Circle
6. Quality Behavioural Competencies
7. Solution-Focused Brief Therapy
8. Structured Relapse Prevention
9. Trauma-Informed Care: Framework for Practice with Aboriginal Peoples
10. Understanding Opiate Addiction: The Continuum of Care



TRAINING TEAM MODEL



- MTTI Project Team
- AEO Provincial Team and PSSP Regional Teams
- Clinical programs at CAMH
 - Aboriginal Services
 - Addiction Medicine Clinic
 - Concurrent Addiction In-Patient Treatment Services
 - Forensics (Law and Mental Health)
 - Problem Gambling Institute of Ontario
- External resources
 - University of Toronto/University Health Network
 - University of Oklahoma Health Sciences Center
 - Aboriginal agencies and First Nations communities

TRAINING MODEL

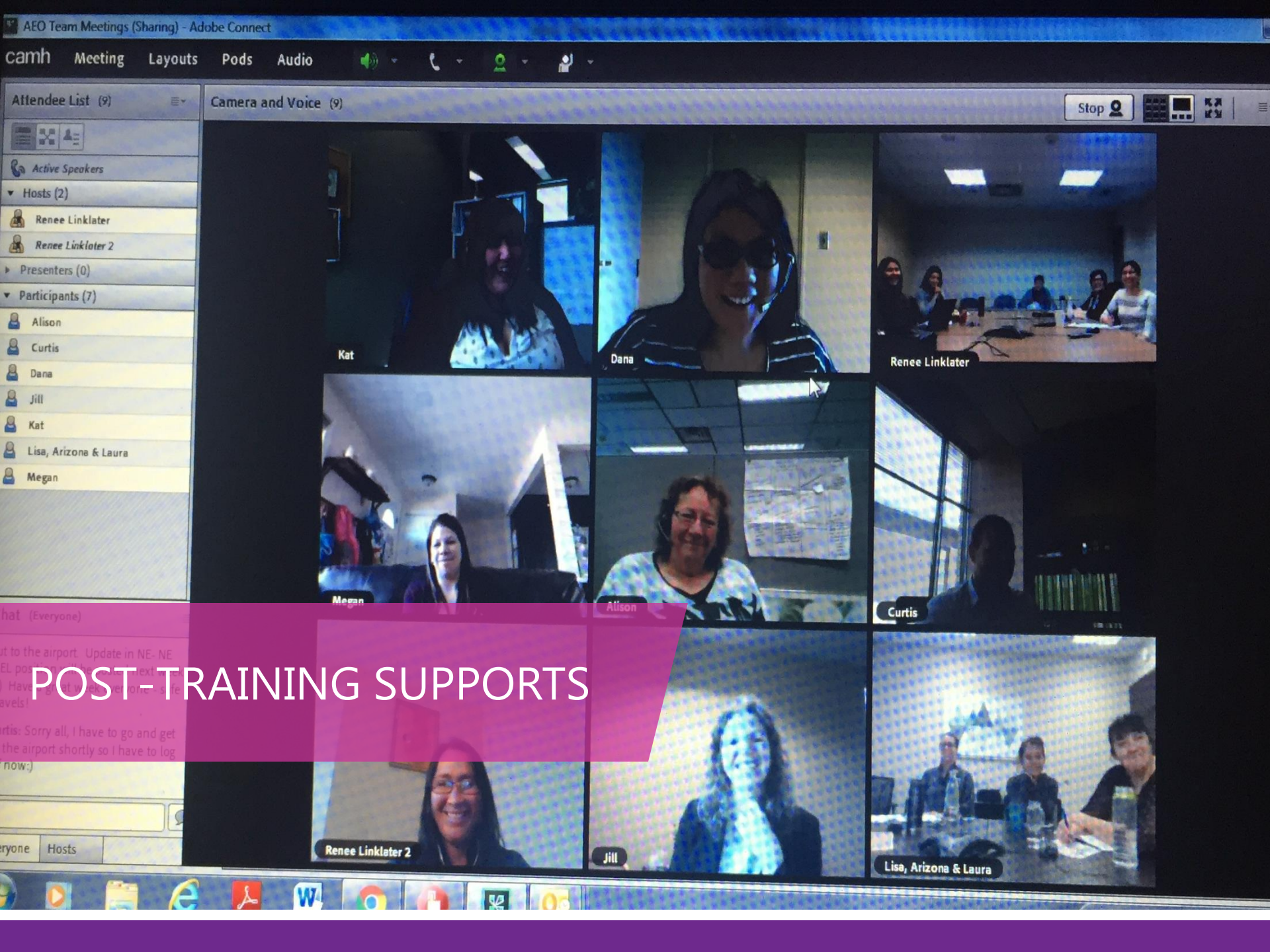
Face-to-face

Virtual Learning Circles

Communities of Practice

Online learning





POST-TRAINING SUPPORTS

ACCREDITATION

Indigenous Certification Board of Canada:
126 hours (8 training sessions)
21 hours post-training implementation supports

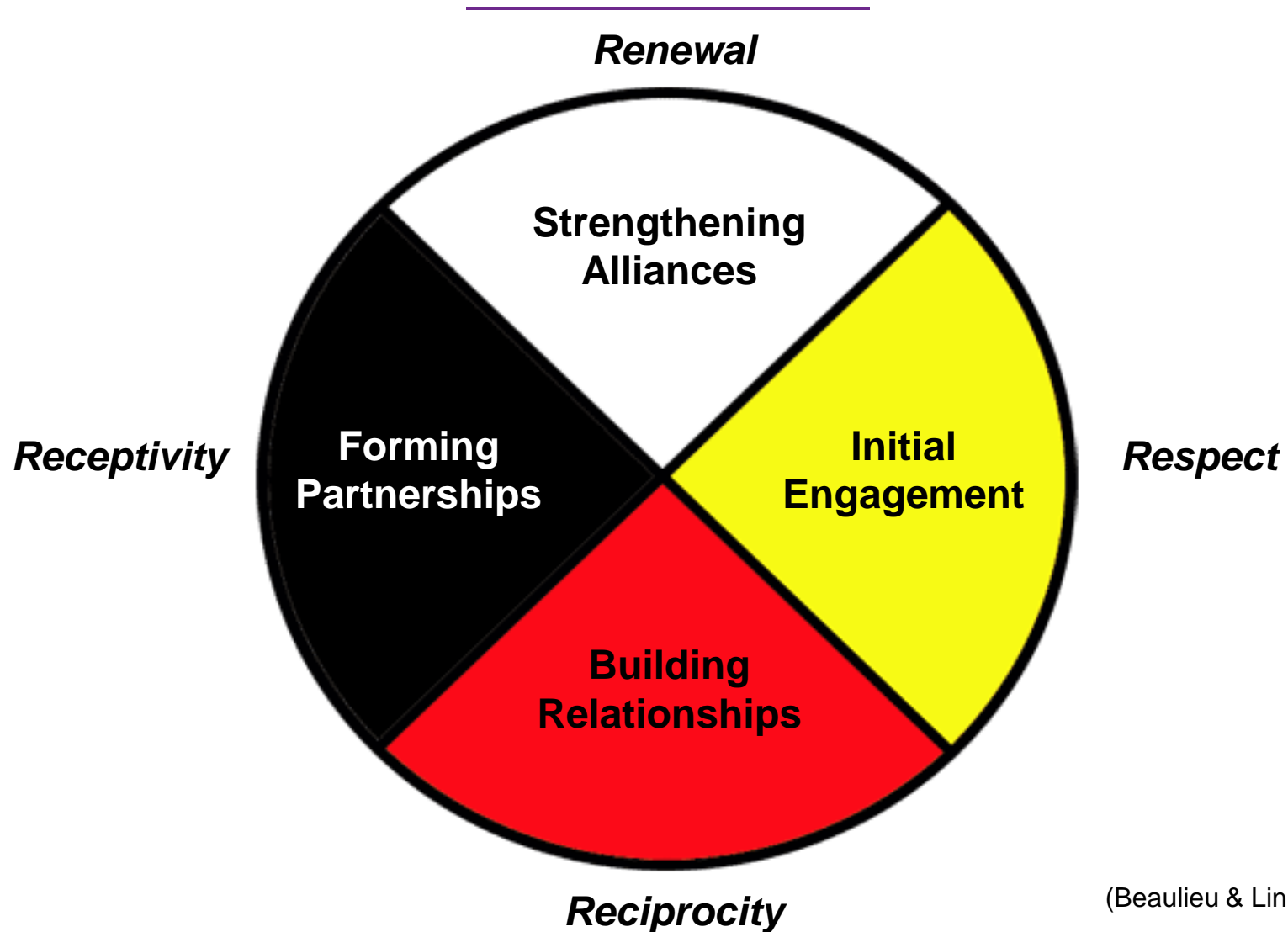




Partnership Building



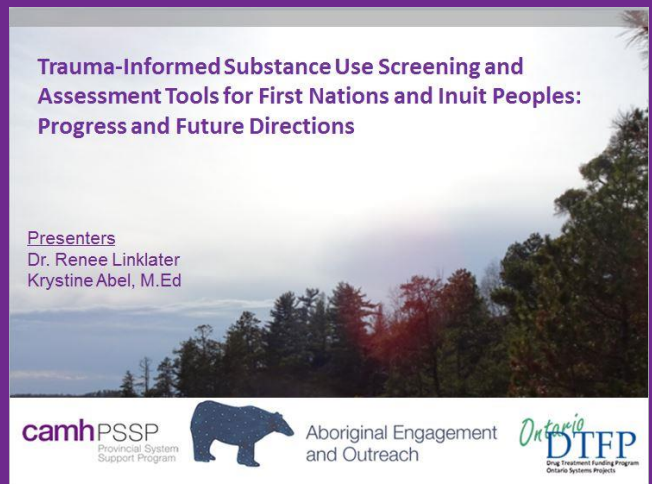
Engagement & Partnership Wheel

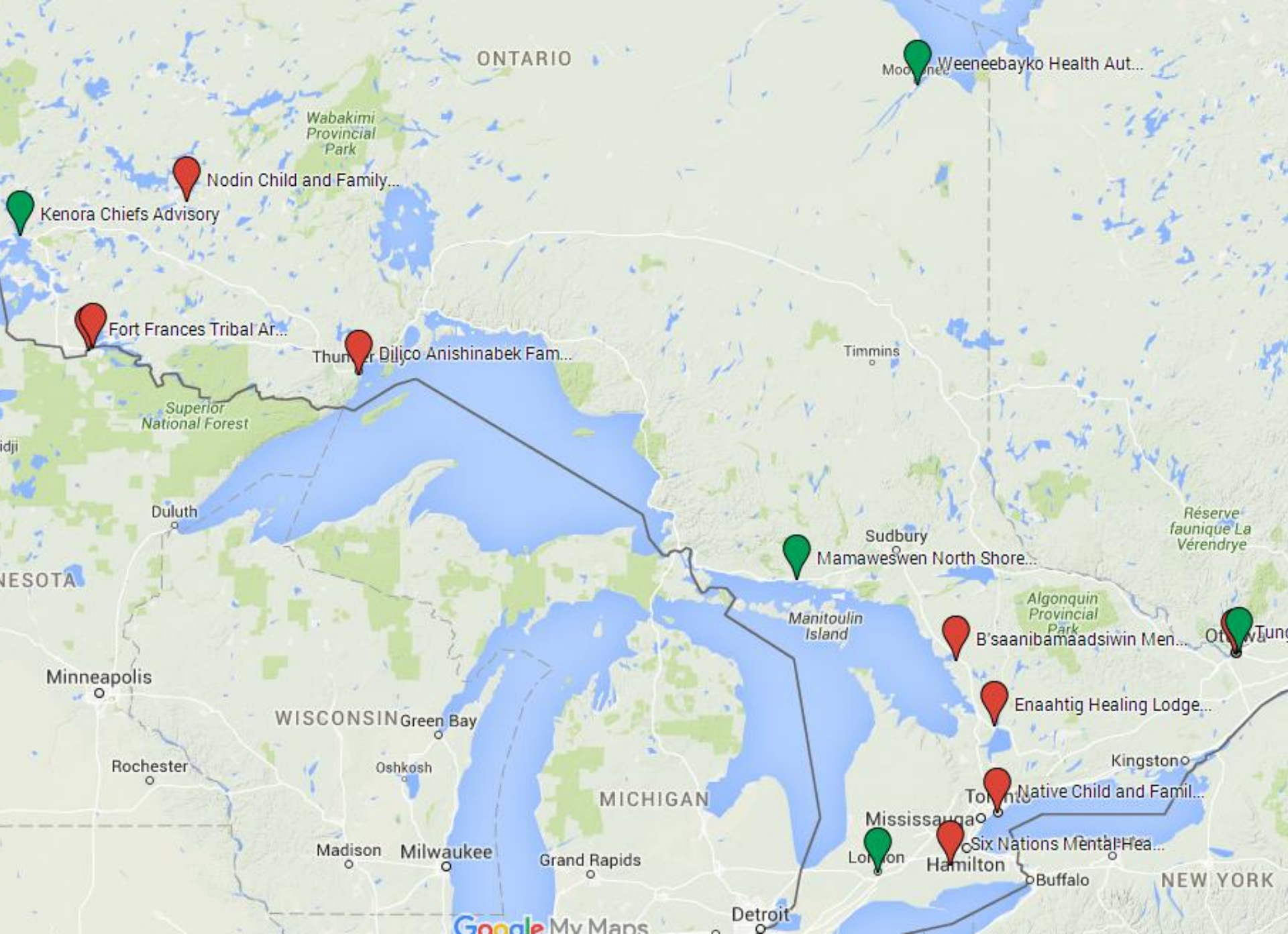


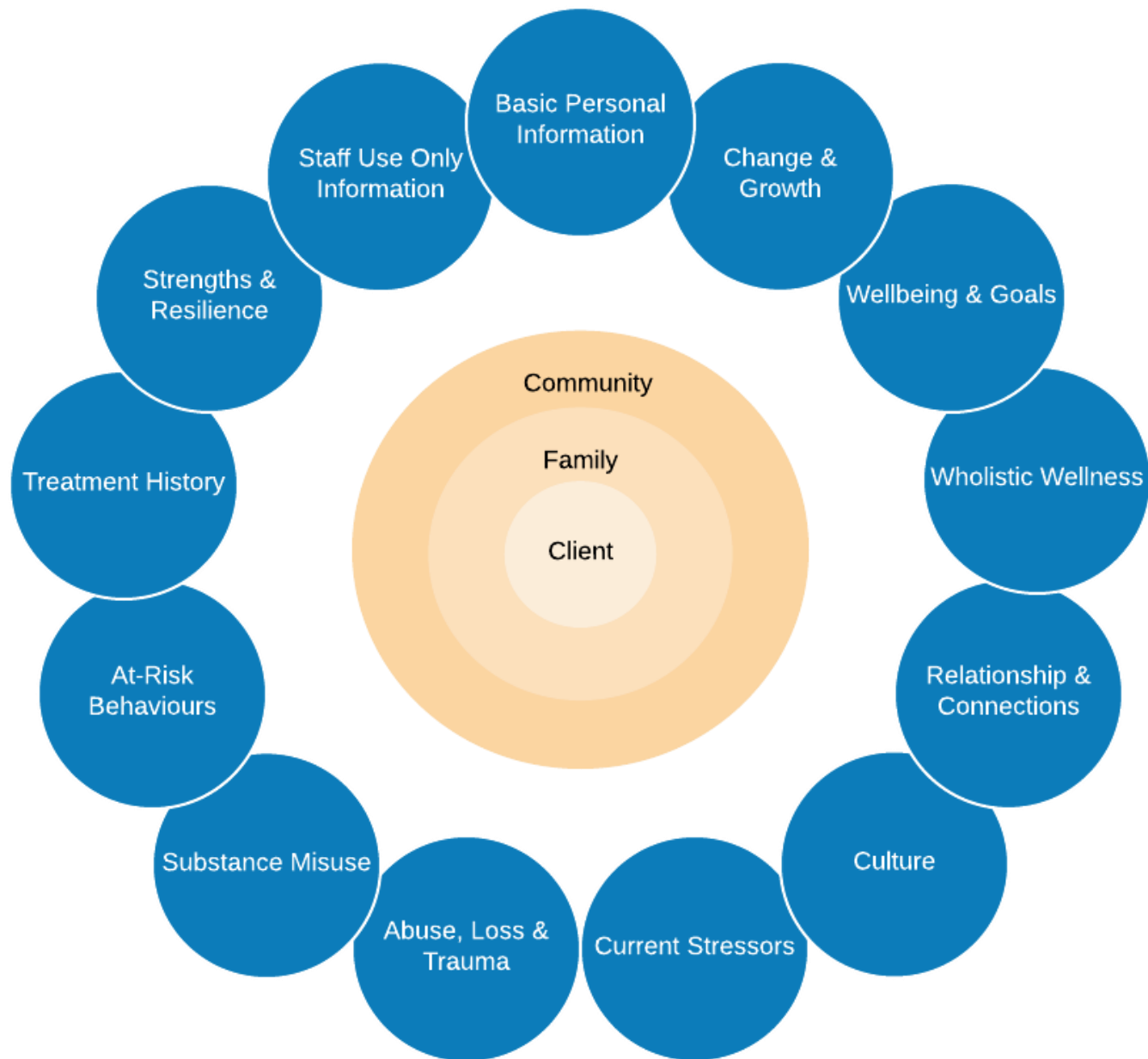
(Beaulieu & Linklater, 2014)

New Tools Project

- Trauma and Substance Use assessment tool for First Nations, Inuit and Métis
- Culturally appropriate tool that will gather essential information necessary for identifying healing pathways, compiling addiction referral information, planning for client care , and collecting relevant systems data
- Ten partners across Ontario: Dilico Anishinabek Family Care, Enaahtig Healing Lodge and Learning Centre, Fort Frances Tribal Area Health Services Behaviour Health Unit, Native Child and Family Services of Toronto, Nodin Child and Family Intervention Services (Sioux Lookout First Nations Health Authority), Six Nations Mental Health Team, Tungasuvvingat Inuit-Mamisarvik Healing Centre, Weechi-it-te-win Family Services, Métis Nation of Ontario







Mind Chatter

For the full story and link to the video, [click here](#).

For more information:

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Outreach
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