



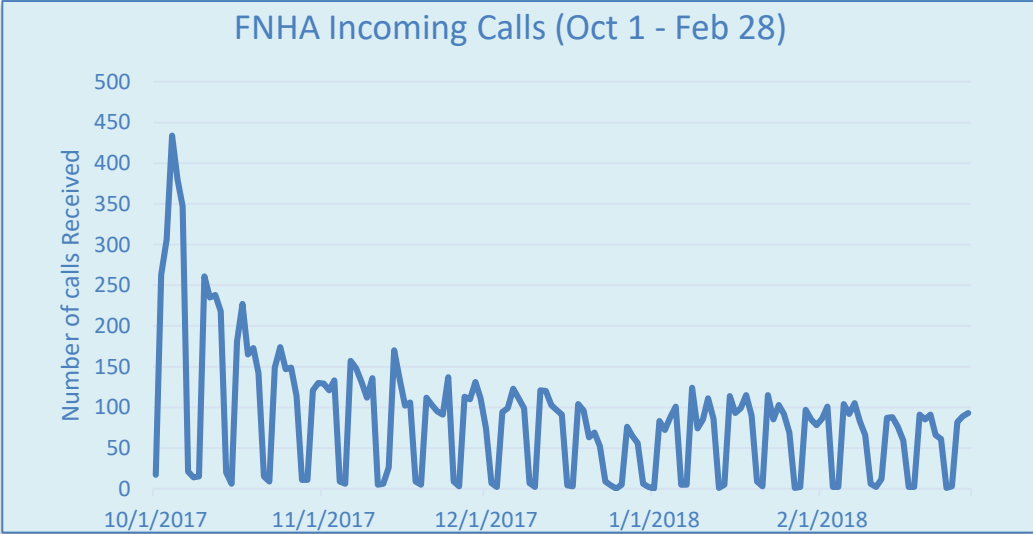
First Nations Health Authority
Health through wellness

**Caucus Session
Health Benefits Plan W &
Next Phase in Transformation
April 2018**



PharmaCare Transition – October 1, 2017

- PharmaCare Plan W (Wellness) is a fully paid plan and is the first payer of prescription drug benefits and many over-the-counter products for FNHA clients.
- Approximately 200,000 claims are paid through Plan W every month





Lessons Learned – What We Heard

- Better communications to clients and communities prior to transition
 - Communicate over a longer period of time
 - Greater efforts to reach those away from home
 - Proactive communications plan post-transition
- Better communication and education for Health Care Providers to support clients
- Ensure our Health Benefits Support Line is adequately resourced to support higher call volumes



We are Committed to Doing Better

- Work with our communities as we build new partnerships.
- Solicit input and feedback from community members (and other stakeholders) to develop the benefits plan.
- Communicate sooner and for a longer period of time.
 - The communications roadmap was a good tool for planning and implementation.
 - Develop more and targeted communications with communities and health care providers.
- Develop a network of change champions.



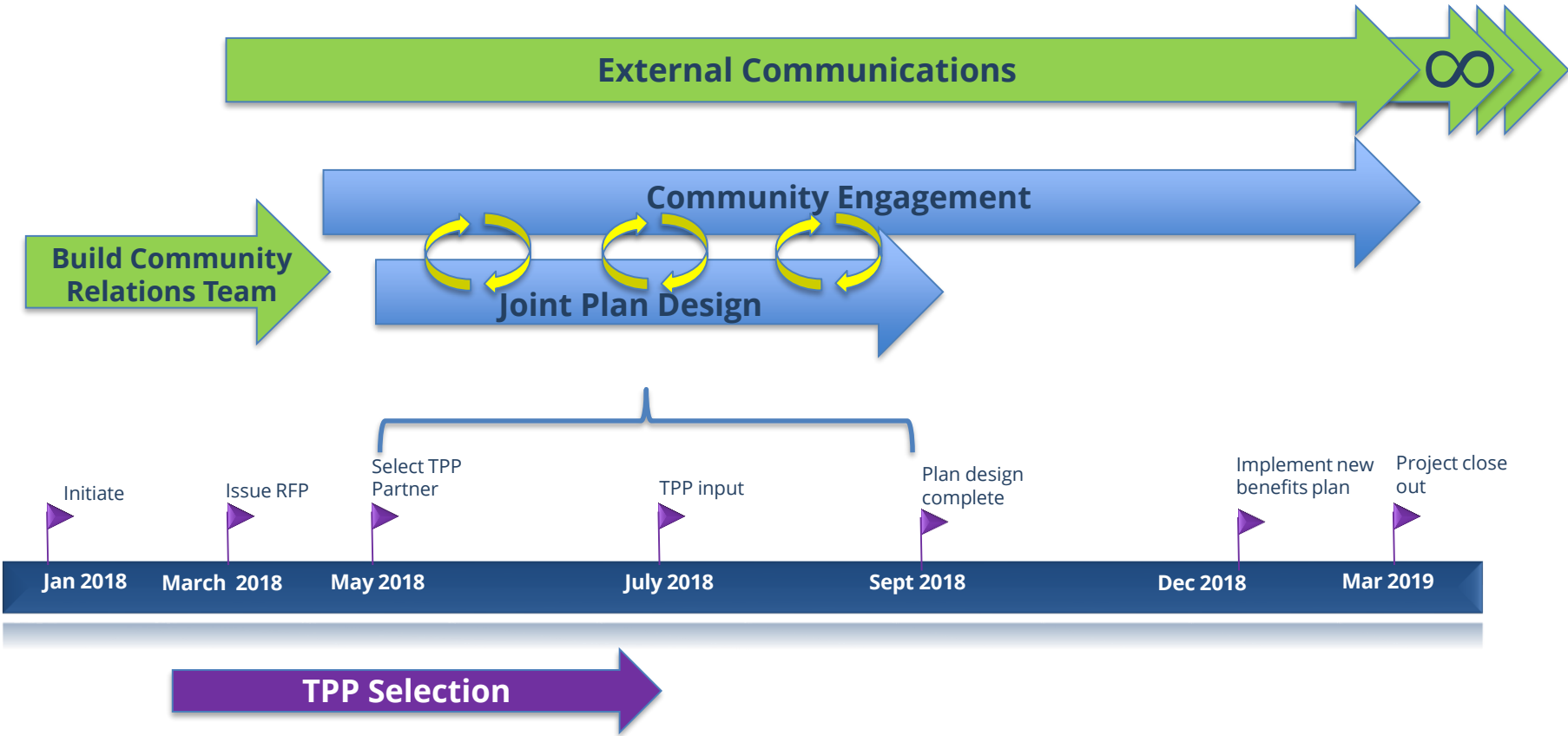
Dental, Vision, and Medical Supplies & Equipment

- Phase II: Transition Dental, Vision and Medical Supplies & Equipment (MS&E) from the federal NIHB program.
- Work with a third party provide to administer these benefits.
- Develop the benefits plan through joint plan design.
- Create the foundation from which to enhance benefits and services into the future.



The Partnership Journey

Build a health benefits plan using a community driven, nation based process.





ENGAGEMENT PLAN

Inform APR 2018



JUL 2018



OCT 2018



DEC 2018

- Community Members**
- Focus groups
 - Events and meetings
 - Social media surveys
 - Regional Engagement Guide

- Political Leadership**
- Focus groups
 - Events and meetings

- Technical Leadership**
- Focus groups
 - Events and meetings
 - Regional Engagement Guide

- Health Care Providers**
- Focus groups
 - Surveys
 - Interviews

- Community Members**
- Focus groups
 - Events and meetings
 - Social media surveys

- Political Leadership**
- Focus groups
 - Events and meetings

- Technical Leadership**
- Focus groups
 - Events and meetings

- Health Care Providers**
- Focus groups
 - Surveys
 - Interviews

- Community Members**
- Webinars
 - Events and meetings

- Political Leadership**
- Events and meetings

- Technical Leadership**
- Events and meetings

- Health Care Providers**
- Communicate via colleges/associations



Next Steps

- Commence general communications regarding CPST Phase 2 and anticipated timelines.
- Develop Regional Engagement Guide, that will be refined as the project progresses.
 - Determine approach and questions to achieve objectives
 - Determine approach/methods to gather answers in a consistent method for analysis
- Develop communications package
 - To introduce CPST Phase 2 and level-set

We welcome your ideas and



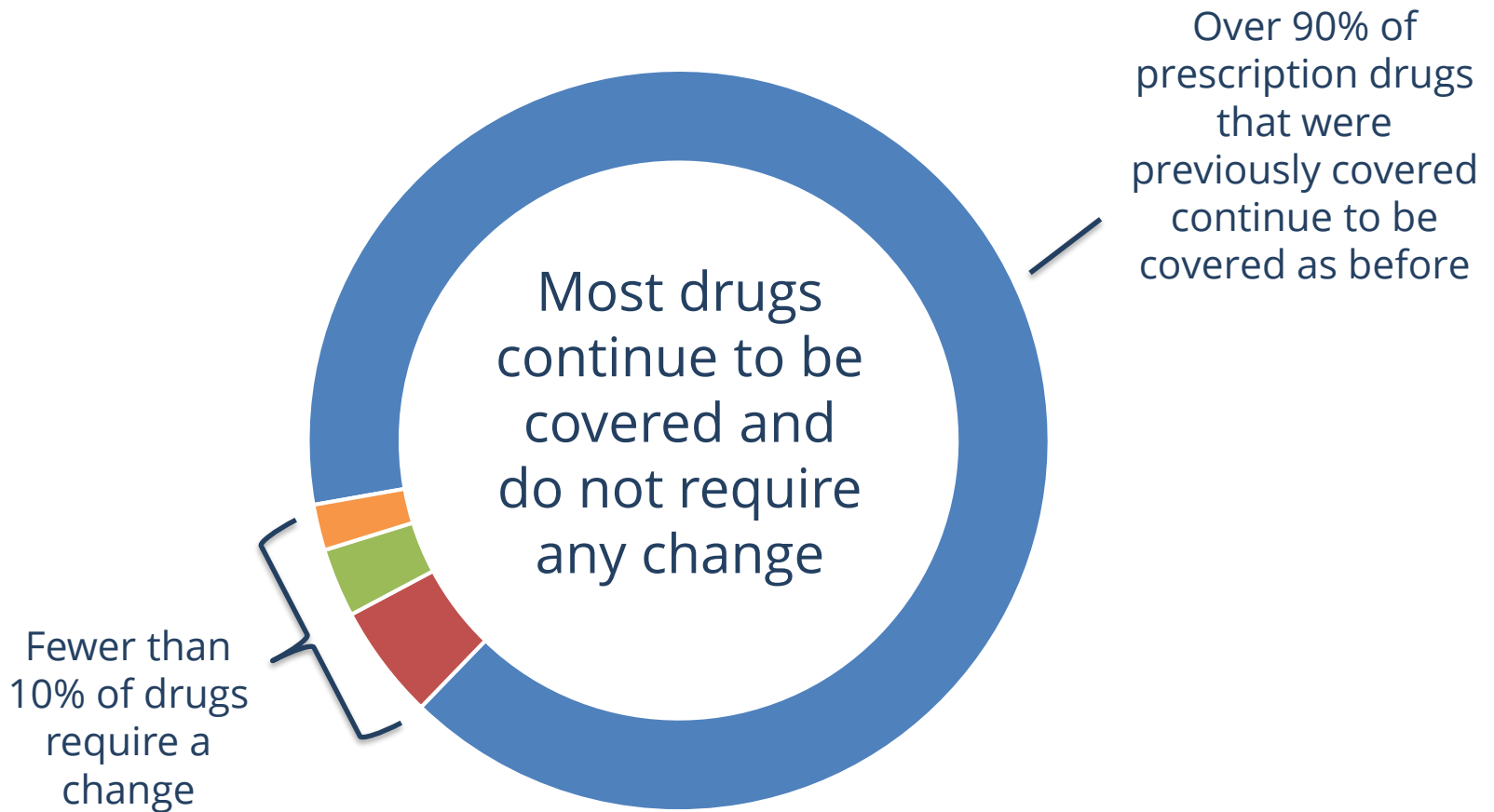


DISCUSSION





The majority of drugs continue to be covered





FACTS ABOUT
Generic Drugs

Generic *Brand Name*

Same Quality and Performance

- SAME** Active Drug Ingredients
- SAME** Performance in the Body
- SAME** Regulatory Testing

7 in 10
Prescriptions Filled in Canada are for Generic Drugs



Over-the-Counter Items; no prescription needed

First Nations Health Benefits (Plan W)

Over-the-counter Medications Appropriate for Pharmacist-Initiated Treatment

Condition	Therapeutic Class	Examples of Accepted Products
Acne		Benzoyl Peroxide gel, lotion, wash
Allergic Conjunctivitis	Mast Cell Stabilizers	Sodium Cromoglycate
	Ocular Lubricants	
Allergic Rhinitis	Oral Antihistamines	loratadine, diphenhydramine
	Intranasal Mast Cell Stabilizer	
Bacterial Conjunctivitis and Otitis Externa	Topical Antibiotics	Gramicidin-Polymyxin B, Bacitracin-Polymyxin B
Childhood Nutrition	Multivitamin Tablets and Oral Liquid (for patients up to 6 years of age) Vitamin D Drops and Liquid	
Constipation	Stimulant Laxatives	Bisacodyl, Sennosides
	Purgative	Citric Acid-Magnesium Oxide- Sodium Picosulfate
	Osmotic Agents	Glycerin, Lactulose, Sodium Phosphate, PEG 3350
	Lavage	Macrogol-Potassium Chloride-Sodium Bicarbonate-Sodium Chloride-Sodium Sulfate
	Lubricants Bulk-forming Agents	Mineral Oil Psyllium
Diabetes Mellitus	Skin Wipes	
	Insulin Pump Supplies	Infusion Set, Tubing, Cartridge
	Blood Glucose Testing Supplies	Lancets, Test Strips
	Insulin Supplies	Pen needles, syringes, and syringes and needles
Emergency Contraception		Levonorgestrel (1.5mg dose)
Fungal Infections of the skin and mucosa, including vaginal candidiasis	Topical Antifungals for Vaginal Candidiasis	Clotrimazole, Miconazole
	Oral Antifungals	Fluconazole (150mg dose) (Special Authority required)
	Topical Antifungals for Skin Infections	Miconazole, Nystatin, Tolnaftate
Lice	Pediculicides (Shampoo, Solution, Rinse)	Permethrin, Piperonyl Butoxide-Pyrethrins, Isopropyl Myristate, Dimethicone
Prenatal Multivitamins and Folic Acid Supplements	Multivitamin Tablets	
	Folic Acid Tablet 1mg tablets	



Other PharmaCare Plans

Plan B (Residents of LTC Facilities)

Plan W (FNHA Wellness Program)

Plan C (Income Assistance)

Plan P (Palliative Care)

Plan G (Mental Health)

Plan S (Smoking Cessation)

Plan D (Cystic Fibrosis)

Plan F (At Home Program)

Plan I (Fair PharmaCare)

Plan M (Medication Reviews)



Why PharmaCare?

	Previous Federal Plan	Plan W
Fully Paid Plan		
First Payer		
Streamlined Special Authorization Process		
Formulary Management		
Access to Provincial Programs		
Ability to Transform into the Future		