



# **Transforming Health Benefits for First Nations in BC**

















# **Opening Prayer & Acknowledgements**







### **Presenter Disclosure**

The following presenters have no current or past relationships with commercial entities and have not received a speaker's fee for this learning activity:

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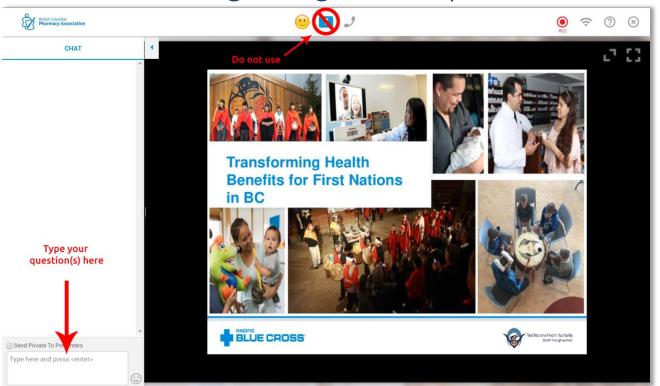






### We Want to Hear From You

Submit questions to during the webinar through the chat function to be chosen for answering during the Q&A period









### **Learning Objectives**

- 1. Be aware that on September 16, 2019, FNHA is completing the transition from the Federal Non-Insured Health Benefits program, for medical supply and equipment benefits, and select drug benefits that will be administered by Pacific Blue Cross.
- 2. Recognize the client pathways and understand how to navigate the process to help First Nations patients obtain the benefits they require.
- Understand FNHA's Benefit Plan changes and new claiming procedures to prepare for the transition
- 4. Be familiar with the resources available to support pharmacists to address or resolve any coverage or claims issues, and learn more about how cultural safety and humility in practice impacts healthcare.







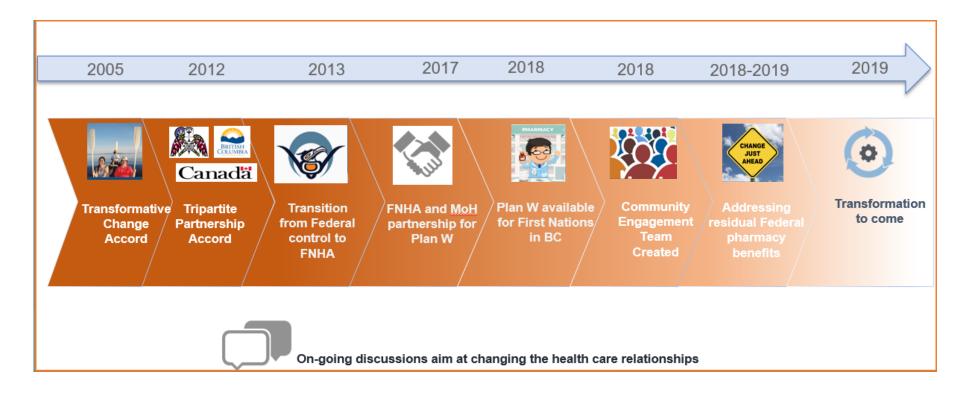
### **Outline**

- FNHA benefits transformation journey
- Overview of the transition to PBC
- Client eligibility and possible client pathways
- Enrolling clients in Plan W
- New MS&E plan
- New supplementary drug benefits
- Processing claims
- Resources





### **Introducing the First Nations Health Authority**







### **Cultural Safety and Humility**

### **Cultural Safety**

Cultural safety is an outcome based on respectful engagement that recognizes & strives to address power imbalances inherent in the healthcare system. It results in an environment free of racism & discrimination, where people feel safe when receiving health care.

### **Cultural Humility**

Cultural humility is a <u>process</u> of self-reflection to understand personal & systemic biases & to develop & maintain respectful processes & relationships based on mutual trust. Cultural humility involves humbly acknowledging oneself as a learner when it comes to understanding another's experience.



### Communicate the vision for a suburally safe health system

- 2 Communicate the vision of suburally safe health system for Rhis Nations and Aboriginal people in BC and the absolute need for commitment and understanding on behalf of all states inters.
- Open an horsest and convincing dialogue within our of influence to show that change is necessary.
- Mentify and remove faciliers to progress.

- Lead and enable successive spaces of exition until subural humbly and safety are essential elements of the system.

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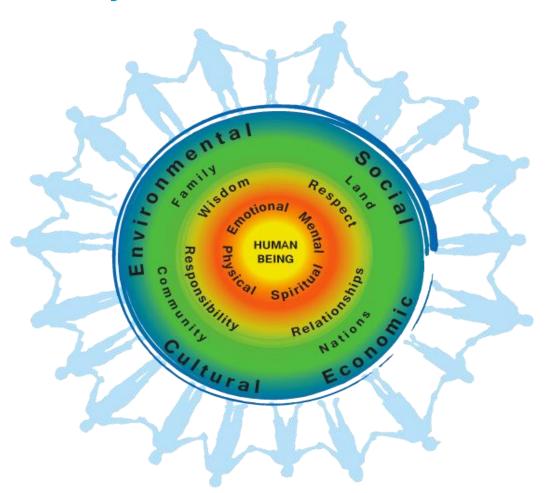


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# Why is there a First Nations Health Authority?



Ministry of Health/ Ministry of Mental Health & Addictions Health Canada/ Indigenous Services Canada



Provincial Health Services Authority



Regional Health Authorities









### **Health Benefits Transformation Journey**

On September 16, 2019, Pacific Blue Cross will become the new third-party administrator of the following benefits:

- Dental
- Vision
- Medical supplies and equipment
- Drugs
  - FNHA's supplementary drug benefits for all FNHA clients
  - Drug benefits for clients not yet enrolled in Plan W



FNHA and Pacific Blue Cross Partnership - Signing Ceremony





First Nations Health Authority Health through wellness

# **Engagement Process**







### Client & Provider Feedback

"Problems with NIHB being difficult has resulted in pharmacies being used to saying 'no'."

Vancouver Island Region FocusGroup

"Getting approvals is difficult for certain medical supplies (e.g. wound care is of most concern)."
- Provider Interview

"I wasn't offered the more expensive cream at first. Am I not good enough to get the good stuff?"

- Northern Region Focus Group

"Pharmacists should not be expected to use third-party software. Having pseudo-DINS recognized would be essential.

- Provider Interview







"The system in place makes it difficult for our people to receive care. The more doors that close on you, the more you are likely to not seek care."

Fort Nelson Focus Group

March 15, 2019







### **Client Eligibility**

### Criteria:

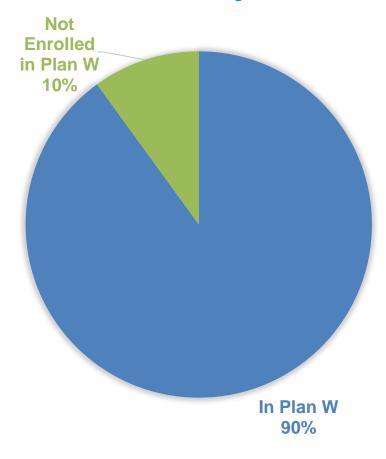
- 1. Have "Status" or infant (up to 18 months old) of an eligible parent; and
- 2. Be a resident of BC according to MSP; and
- Not be funded/insured under any other benefit system/plan (eg: federal or self-government agreement)
- The following First Nations individuals are **not eligible** for benefits through the program:
  - Not resident in BC
  - Incarcerated
  - In a provincially/territorially funded institution







### Client Pathways to Access Benefits From Pharmacies



- Most FNHA clients are enrolled in Plan W
- 10% FNHA clients are not yet enrolled in Plan W:
  - 5000 of these clients have claims through NIHB
  - Remaining clients either have coverage through private insurance or have not accessed any benefits
  - Ongoing work to ensure all FNHA clients are enrolled in Plan W

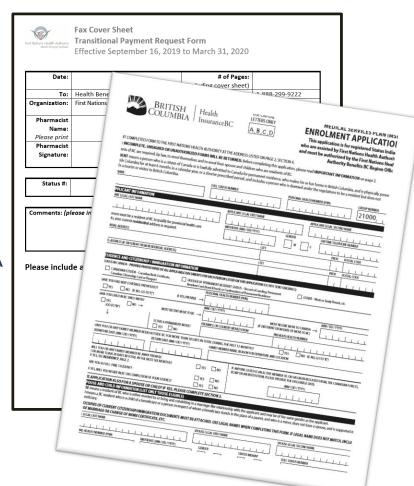






# Pharmacists Supporting Plan W Enrollment Requests

- Encourage FNHA clients not yet enrolled in Plan W to contact FNHA at 1-855-550-5454 to request Plan W coverage, OR
- 2. Support enrolling FNHA clients into Plan W by:
  - Submitting a <u>Transitional</u>
     <u>Coverage Request Form</u> and <u>FNHA MSP application</u> to FNHA
    - Ensure the FNHA MSP application has the client's signature and contact information
  - Receive a \$10 support fee from FNHA to support Plan W enrollment requests









### **NEW BENEFITS PLAN**



# We've got you covered









### FNHA's New Plan in PBC

- Medical supplies and equipment benefit list
- Diabetic Equipment
- Wound care
- Limb and body orthotics
- Pressure garments
- Prosthetics
- Audiology
- Supplementary drug benefits for all FNHA clients
- Drug claiming processes for clients not yet enrolled in Plan W









### Set-up PBC Billing for FNHA Clients

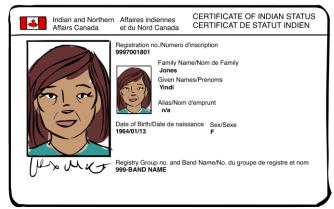
- Do not delete First Nations Status Numbers from patient profiles
- FNHA PBC Group ID: 40000
- FNHA Client ID: clients' 10digit status number
- New clients accept either 1 primary ID or 2 secondary ID to verify status number
- No status

   number/incorrect Status?

   Email FNHA at

   HealthBenefits@fnha.ca
   or
   call 1-855-550-5454





Can show PBC card OR status card for benefits







# MEDICAL SUPPLIES & EQUIPMENT



### New MS&E Plan

- Starting September 16, claims submitted to NIHB will be rejected as a non-eligible benefit.
- Fewer PINs and pre-determinations
- Reference retired PINs to current PINs in FNHA fee supplement
- Similar and simpler coverage:
  - Retail pricing for most items (or unit price)
  - Use Drug Cost/Product Value and Cost Upcharge fields for electronic MS&E item claims
  - Electronic claims with values in the Professional Fee,
     Compounding Change or Special Service Fee(s) will be rejected
  - PBC can return up to 5 CPhA response codes, plus 3 short PBC text messages to explain claim payment/reason for refusal







### New Plan Example

- Wound care changes:
  - Supplies are now listed in one of two groups:
    - Group 1
      - Clients can accumulate up to \$30/year
      - Clients do not need to submit a prescription or PA
    - Group 2
      - Clients can receive up to 20 items or an accumulate total of \$200 every 6 months
      - \$200 includes claims for Group 1 supplies
      - Requires a prescription from a physician/NP
      - Providers do not need to submit prescription to PBC (retain on file)
  - If client requires more than limits set for Group 1 and Group 2, need to complete a <u>Wound Care Assessment Form</u>/Care Plan and submit to PBC for review







### New Plan Example

- Diabetic equipment changes for clients not yet enrolled in Plan
   W:
  - Supplies like blood glucose test strips can be submitted electronically to PBC using the BC PharmaCare PINs and limits
  - See PBC <u>Pharmacy Reference Guide</u> section 9 (MS&E)

Description	Group ID 40000	All other PBC Plans
Blood Glucose Test Strips	Submit using PHC** PIN	Submit using PHC PIN
Blood Ketone Strips	Submit using PIN 11120002	Submit using PIN 11120002
Insulin Pump Supplies*	Submit using PHC PIN	Submit using PHC PIN
Ketostix	Submit using PIN 11120003	Submit using PIN 11120003
Lancets	Submit using PIN 11120004	Submit using PIN 11120004
Needles and syringes for	Submit using PIN 00999725	Submit using PIN 00999725
insulin use		
Needles and syringes for non-	Submit using PIN 11200016	Not a benefit
diabetic use		
Ostomy Supplies	Submit using PHC PIN	Requires manual submission
Spacer Device	Submit using PHC PIN	Requires manual submission

<sup>\*</sup>Please refer to insulin pump supplies section for further details on submitting the correct quantity for these items.

<sup>\*\*</sup> PHC refers to BC PharmaCare PIN







### **Pharmacy Practice Management Software**

- Pharmacies will be required to update FNHA Client information in their software systems to show Pacific Blue Cross as the Carrier (Carrier ID: E1).
- Pharmacies must submit claims to Pacific Blue Cross using Pharmacare and/or Pacific Blue Cross DINs/PINs for claims submission.
  - See the <u>FNHA fee supplement</u> for a complete list of MS&E PINs
  - PBC will only be accepting claims electronically for MS&E PINs for the FNHA Policy 40000.





### **Pharmacy Practice Management Software**

### **PLEASE NOTE:**

- Pharmacies will still need to have access to the NIHB/Express Scripts plan in their systems if the Pharmacy is supporting a non-FNHA Client with access to NIHB benefits.
- Where a FNHA client is the secondary plan to a private carrier, the Pharmacy will need to submit the sum of all amounts paid by all previous plans in the Previous Paid Field.
- If you are experiencing Technical Difficulties:
  - Contact you software vendor if you receive centralized updates or,
  - Manually configure you software as per your usual business practice.







### **Pre-determinations (PD) Process**

- See FNHA fee supplement to see if there is claiming criteria requiring a PD
  - PBC will have 2 years of client history on file
- Download <u>Provider Health Claim Form</u> from PBC website:
  - 1. Select "pre-determination"
  - 2. Fill in sections 1-3 of the Claim Form (signatures not required)
  - 3. Enclose copies of all supporting medical documentation
  - 4. Submit by mail/fax 604-677-0277
- If additional documentation is required, PBC will reject the PD and provide the reasons. Submit additional documentation:
  - As a new PD; or
  - With the missing information and reference the rejected PD ID # and/or attach a copy of the Explanation of Benefits (EOB) statement
- An approved PD enables electronic claim submission







### Pre-determinations (PD) Issues

- Ineligible benefit:
  - Claim response code C1 'DIN/PIN/GP #/SSC' not a benefit
  - Item is either not eligible to be submitted electronically or is not covered
  - Consult FNHA fee supplement to confirm if a PIN is eligible and any associated PD requirements/criteria
- Manual Submission:
  - Claim response code A6 'submit manual claim'
  - Refer to previous slide for Provider Health Claim Form steps
  - Refer to PBC Pharmacy Provider Guide section "FNHA claiming procedures" on how to submit on behalf of FNHA clients







### Case Study 1

Lana and Sam were doing home renovations. An accident happened and Sam suffered second degree burns at home. He requires wound care supplies including gauze, tape, and silver alginate dressings.

### **Questions:**

- What coverage is Sam eligible for on and after Sept 16, 2019?
- Does Sam need to submit a prescription or require a prior authorization to access these benefits?
- What steps would you need to take if Sam requires additional wound care beyond the limit?







# **SUPPLEMENTARY DRUG BENEFITS**



### **New Plan for Supplementary Drug Benefits**

- PBC will adjudicate supplementary drugs benefits for ALL FNHA clients
  - Formerly known as the FNHA-NIHB Residual Formulary
- Submitting claims using CPhA claims standards:
  - Drug mark-ups = Cost Upcharge field (D.67.03)
  - Dispensing fees= Professional Fee field (D.68.03)

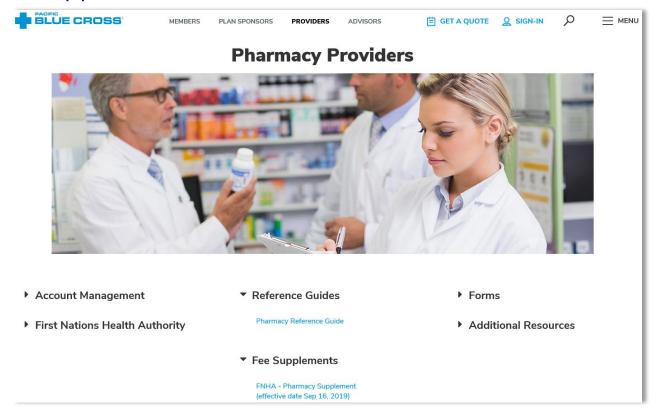






### Pharmacy Reference Guide & Fee Supplement

- Pharmacy Reference Guide
- FNHA Fee Supplement









### **Processing Drug Claims**

PharmaCare Adjudication

PBC Adjudication

- Medical supplies and equipment
- Supplementary formulary for ALL FNHA clients
- Drugs for FNHA clients not yet enrolled in Plan W

### **NOTE:**

- Any active PharmaCare SA is applied to the claim during adjudication
- Use appropriate Non-Benefit PINs for PharmaCare adjudication







### Continuity of Therapy Through Transition to PBC

Limited Coverage Drugs (LCD) require PharmaCare Special Authorities for coverage in PBC

SA Request May Be Required	Active Ingredient
1 month	Ciclopirox Olamine, Ciprofloxacin (OP), Ofloxacin, Vancomycin, Linezolid
3 months	Apixaban, Aprepitant, Enoxaparin, Terbinafine, Voriconazole
6 months	Acamprosate, Adalimumab, Certolizumab, Dalteparin, Donepezil, Etanercept, Evolocumab, Fentanyl, Filgrastim, Fluconazole, Glycopyrronium, Glatiramer, Golimumab, Goserelin, Hydromorphone, Infliximab, Naltrexone, Nintedanib, Obeticholic, Onabotulinumtoxina, Ondansetron, Rivaroxaban, Rivastigmine, Ticagrelor, Tiotropium, Tocilizumab
1 year	Clopidogrel
19th birthday, or 6 months for 19+	Atomoxetine, Lisdexamfetamine, Methylphenidate, Mixed Salts Amphetamine
Case-by-case	Hep C treatments, others







# Continuity of Therapy Through Transition to PBC

Drugs granted exceptional coverage in PBC for continuity of therapy

SA Request May Be Required	Active Ingredient
1 month	Levofloxacin
19th birthday, or 6 months for 19+	Atomoxetine, Guanfacine, Methylphenidate
6 months	Ceftriaxone, Midazolam, Montelukast, Morphine, Sitagliptin, Sitagliptin-Metformin,
Case-by-case	Anastrozole, Abacavir Sulfate-Lamivudine, Cobicis-Elviteg- Emtric-Tenofo, Cabergoline, Cobicistat-Darunavir, Darunavir, Efavirenz-Emtricitabine-Tdf, Efavirenz-Emtricitab-Tenofovir, Emtricitabine-Rilpivirine-Teno, Emtricitabine-Tenofovir, Raltegravir, Ritonavir, Ulipristal Acetate, others







### Continuity of Therapy Through Transition to PBC (Cont'd)

The drug benefit program mirrors PharmaCare drug listings

 For FNHA clients not yet enrolled in Plan W, several drug therapies may require a change to the benefit DIN/PINs for continuity of therapy

### **Examples**

Acetaminophen, Acetylsalicylic Acid, Alprazolam, Amphetamine-Dextroamphetamine, Ascorbic Acid, Azathioprine, Blood Glucose Test Strip, Candesartan, Clonazepam, Clarithromycin, Fluoxetine, Fusidic Acid, Fusidic Acidhydrocortisone, Gabapentin, Hydrocortisone Acetate, Intrauterine Device, Isopropyl Alcohol, Lancet, Levonorgestrel, Methadone HCL, Methadone Powder, Metronidazole, Needle, Nystatin, Phenytoin, Prenatal Multivitamin, Quetiapine, Risperidone, Sodium Chloride, Spacer Device, Urine Test Strip







# **Processing Drug Claims**

- If unable to adjudicate through Pharmacare first:
  - Contact FNHA and support client enrollment into Plan W using the <u>Transitional Coverage Request form</u> and <u>FNHA</u>
     MSP Application form
  - Send claims to PBC with "DA" intervention code for:
    - Medical supplies and equipment
    - Supplementary formulary for ALL FNHA clients
    - Drugs for FNHA clients not yet enrolled in Plan W
  - Confirm valid SA for Limited Coverage Drugs by calling HIBC or by obtaining a copy of SA approval from the prescriber and use "DV" intervention code







# Case Study 2

Daniel's drug and MS&E claims have been paid by the NIHB program previously. He has been prescribed Vyvanse (lisdexamfetamine) and he is not yet enrolled in FNHA's Plan W. He would like to start on his new drug therapy as soon as possible.

#### **Questions**:

- What therapeutic options are available? Which are going to meet Daniel's needs?
- What steps can you take to support a FNHA client to enroll in Plan W?
- What are the steps required to obtain a covered treatment option for this client?







# Non-prescription Drugs Initiated by Pharmacist to PBC

- There are claims for eligible non-prescription benefits where claims will be allowed when recommended and initiated by pharmacists
- No payment of clinical services fees for prescribing non-prescription drugs
- Non-prescription benefits include:
  - Diabetic supplies
  - Blood glucose test strips
  - Epi-Pens
- Documentation:
  - Date
  - Name, address, and DOB of patient
  - Name, strength, and quantity of drug
  - Directions for use
  - Pharmacist's name, signature, and license #

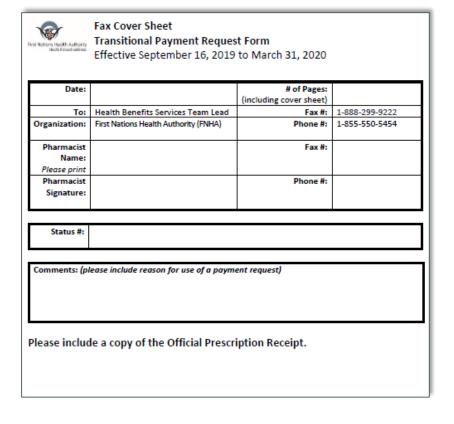






# **Supporting First Nations Through The Change**

If there is a coverage issue resulting from the transition and claim is rejected for an eligible benefit, submit a <u>Transitional Coverage</u>
 <u>Request Form</u> to FNHA for reimbursement







# **Blood Glucose Test Strips**

- If a FNHA client does not have a Diabetic Education Certificate in place for BGTS coverage, please contact First Nations Health Benefits to enable coverage. Clients may choose to attend a Diabetes Education Centre (DEC); however it is not mandatory for BGTS coverage in Plan W. FNHA recognizes the diabetic education provided in non-institutional settings, such as through First Nations Health Service Organizations.
- Diabetic educators, pharmacists, nurses and other healthcare workers can contact FNHA at 1-855-550-5454 to enable BGTS coverage for FNHA clients.

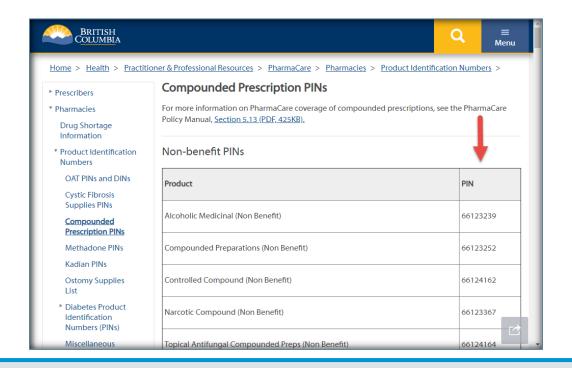






# Compounds

Claims for extemporaneous compounds for First Nations clients not enrolled in PharmaCare will need to use the relevant BC PharmaCare compound PIN









# **Correct Quantities for PharmaCare Claims**

General items	Enter quantity using this unit of measure
Creams or ointments	Weight in grams
Inhalers	Number of doses or volume in millilitres (see inhaled medications list on PharmaCare website)
Liquid (oral)	Volume in millilitres
Liquid (injectable)	Volume in millilitres or number of vials (see injectables list on PharmaCare website)
Nebulizers	Volume in millilitres
Patches	Number of patches
Powders for injection	Grams or number of vials (see injectables list on PharmaCare website)
Pre-loaded syringes	Number of syringes
Sprays	If product package indicates number of doses, enter the number of doses.  Otherwise, use volume in millilitres
Suppositories	Number of suppositories
Table/capsules/caplets	Number of tablets or capsules or caplets







#### **Provider Resources**

# Visit **pac.bluecross.ca/provider** for resources:

- Pharmacy Reference Guide
- FNHA Fee Supplement
- Provider Health Claim Form
- Wound Care Assessment Form
- Transition FAQ

#### Visit **fnha.ca** for resources:

- <u>Transitional Coverage Request Form</u>
- FNHA MSP Application Form











# **Cultural Safety and Humility Resources**

- Cultural safety and humility resources:
  - FNHA website: <a href="http://www.fnha.ca/wellness/cultural-humility">http://www.fnha.ca/wellness/cultural-humility</a>
  - First Nations' perspective on wellness:
     <a href="http://www.fnha.ca/wellness/wellness-and-the-first-nations-health-authority/first-nations-perspective-on-wellness">http://www.fnha.ca/wellness/wellness-and-the-first-nations-perspective-on-wellness</a>
  - College of Pharmacists of BC ReadLink series: <a href="https://www.bcpharmacists.org/readlinks-tags/cultural-safety-and-humility">https://www.bcpharmacists.org/readlinks-tags/cultural-safety-and-humility</a>
- Online learning modules:
  - San'yas indigenous cultural safety training: <a href="http://www.sanyas.ca/">http://www.sanyas.ca/</a>
  - BC Patient Safety & Quality Council 12 part webinar series: http://www.fnha.ca/wellness/cultural-humility/webinars







### Summary



Streamlined MS&E benefits experience starting September 16, 2019. Update PINs for electronic claims submissions.



PBC will adjudicate FNHA supplementary drug formulary and drugs for clients not yet enrolled in Plan W.



Help enroll clients not in Plan W by submitting the Transitional Coverage Form and MSP Form.







# **Questions?**







# **Engage Us**

#### **First Nations Health Authority**

1-855-550-5454

HealthBenefits@fnha.ca

#### **Pacific Blue Cross**

1-877-PAC-BLUE

#### **BC Pharmacy Association**

1-800-663-2840

info@bcpharmacy.ca







# Thank you

Gayaxsixa (Hailhzaqvla)

Huy tseep q'u

Haa'wa (Haida)

Gila'kasla (Kwakwaka'wakw)

Kleco Kleco (Nuu-Chah-Nulth)

kwukwstéyp (Nlaka'pamux)
Snachailya (Carrier)

Mussi Cho (Kaska Dena)

Tooyksim niin (Nisga'a)

Kukwstsétsemc

(Secwepemc)

čεčεhaθεč (Ayajuthem)

Sechanalyagh (Tsilhqot'in) kw'as ho:y (Halq'eméylem)

T'oyaxsim nisim (Gitxsan)



