



First Nations Health Authority
Health through wellness

Prevent COVID-19 (Novel Coronavirus)

by Cleaning your Phone



Clean your phone twice daily or as needed.

Turn off your phone and unplug all cables.

Use gloves before cleaning your phone (optional).

Always check manufacturer guidelines before cleaning your phone.

STEP 1: CLEAN (removing germs and dirt)

Use a soft, lint-free cloth with warm soapy water. Avoid getting moisture in openings.

STEP 2: DISINFECT (killing germs)

Gently wipe the exterior of your phone using a 70 per cent isopropyl alcohol wipe. Do not use bleach.

Wash your hands after cleaning your phone.



For more information: <https://www.fnha.ca/coronavirus>