Coverage for drugs and products to help quit the use of commercial tobacco is provided primarily through the BC Smoking Cessation Program. To access the program, you will need to sign a declaration each time you need a supply of the NRT product or prescription drug. Coverage for most treatment options is for a 12-week supply per calendar year (i.e., January to December), and a 28-day supply at a time. The table below shows the different NRT products and prescription drugs covered under the BC Smoking Cessation Program:

### BC SMOKING CESSATION PROGRAM

<table>
<thead>
<tr>
<th>PRESCRIPTION DRUGS</th>
<th>NICOTINE REPLACEMENT THERAPY (NRT) PRODUCTS</th>
</tr>
</thead>
</table>
| You may use one 12-week course of treatment in a year of one of these prescription drugs*:  
  - Bupropion (Zyban®) – 150 mg **OR**  
  - Varenicline (Champix®) – 0.5 mg or 1 mg | You may use one 12-week course a year of one of the following NRT products:  
  - **Nicotine Patches**  
    84 Nicoderm® patch – 7 mg or 14 mg or 21 mg **OR**  
  - **Gum**  
    945 pieces of Nicorette® gum (Ultra Fresh Mint only) – 2 mg or 4 mg **OR**  
  - **Inhaler**  
    504 cartridges of Nicorette® Inhaler – 10 mg **OR**  
  - **Lozenges**  
    792 Nicorette® Lozenges – 2 mg or 4 mg |

*The Zyban® brand of bupropion is covered for smoking cessation. Varenicline generics are fully covered whereas the Champix® brand is covered as a partial benefit, up to the cost of the generic versions.

Coverage is intended for 84 days in a row, and for a single treatment option.
There is supplementary coverage for NRT products available from First Nations Health Benefits through Pacific Blue Cross (PBC). Talk to your pharmacist, doctor or nurse practitioner about whether you would benefit from the addition of a second NRT product or to extend the length of treatment. Coverage limits apply for one calendar year (i.e., January to December). The table below shows the different NRT products covered for First Nations Health Authority (FNHA) clients through PBC:

<table>
<thead>
<tr>
<th>SMOKING CESSATION PRODUCTS FOR FNHA CLIENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>NICOTINE PATCHES</td>
</tr>
<tr>
<td>You may use nicotine patches up to a maximum of a 24-week supply.</td>
</tr>
<tr>
<td>AND</td>
</tr>
<tr>
<td>GUM, LOZENGES, AND/OR INHALER</td>
</tr>
<tr>
<td>You may use gum, lozenges, and/or inhaler cartridges up to a maximum of a 24-week supply.</td>
</tr>
<tr>
<td>Other flavours of nicotine gum are covered, e.g., Fresh Fruit.</td>
</tr>
</tbody>
</table>

RESOURCES

More information on the BC Smoking Cessation Program:
https://www2.gov.bc.ca (search “BC Smoking Cessation Program”)

Support programs and resources to help you plan your quit strategy:
www.quitnow.ca

More information from the First Nations Health Authority to help you quit smoking:
www.fnha.ca/respectingtobacco

For more information or questions, contact:
First Nations Health Benefits
Phone: 1.855.550.5454 or Email: HealthBenefits@fnha.ca