

Rebuilding the Circle

Kackaamin Family Development Centre

Lisa Robinson
Executive Director, Kackaamin



Rebuilding the Circle—Impacts



<https://vimeo.com/931300913/1b1f855b3d?share=copy>

Rebuilding the Circle

Vision

Hishukish tsawalk

Standing together with our ancestors, living as Naas means us to be balanced,

happy, healthy, joyful, thriving, safe, & strong. Our children, families, and communities have healthy relationships and control over their bodies, minds, and spirits.

Mission

Working together, for future generations, to address the generational impacts of sexual abuse in Nuuchahnulth communities through a full range of culturally appropriate and trauma informed services for those who have harmed and have been harmed sexually and their families. We are on a journey of healing for all and restoring the strength of Nuuchahnulth communities.

Rebuilding the Circle

Core Values

Iisak (Respect)

Quu?as knowledge and learning

Taqukłmis (Trust)

Na?aatah (Peaceful Listening)

?aaphiist'ał (Kindness)

Yaa?a q (Love)

Adaptability

- Integrity - Inclusion - Accountability -

Reciprocity - Responsibility

Rebuilding the Circle Curriculum

**RTC Curriculum is guided by the knowledge,
wisdom, and evidence - based best practices of :**

Jane Middleton-Moz

Dr. Liam Marshall

Rebuilding the Circle Core Team

Rebuilding the Circle 2021-2024

2021

- 5 Year Strategic Plan Completed
- 3 Community Interventions Completed
- Established Program Policies & Annual Funding

2022

- Program & Curriculum Development
- 2 Community Interventions/
Professional Development

2023

- 2 Women's Healing Sessions
- 1 Family Session
- 2 Community Interventions/ PD
- Program & Curriculum Development

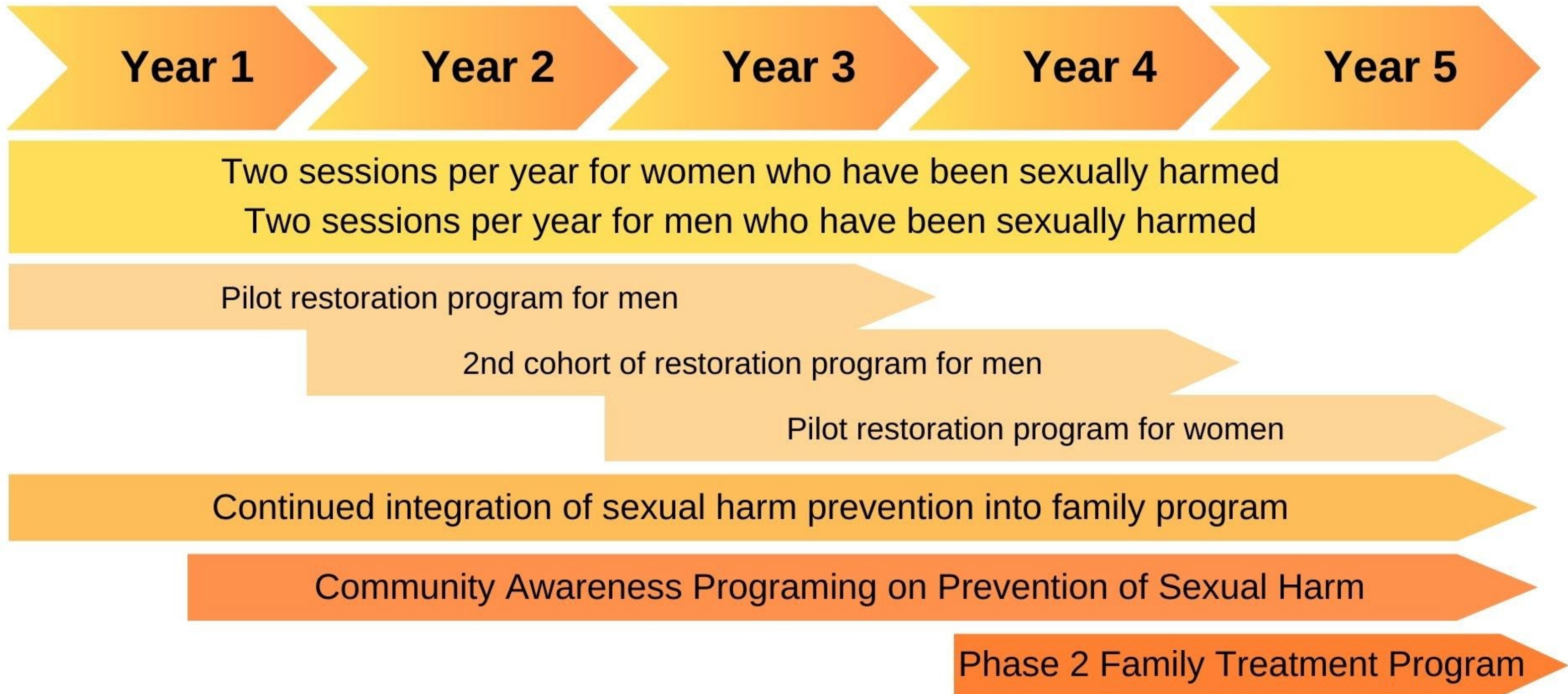
2024

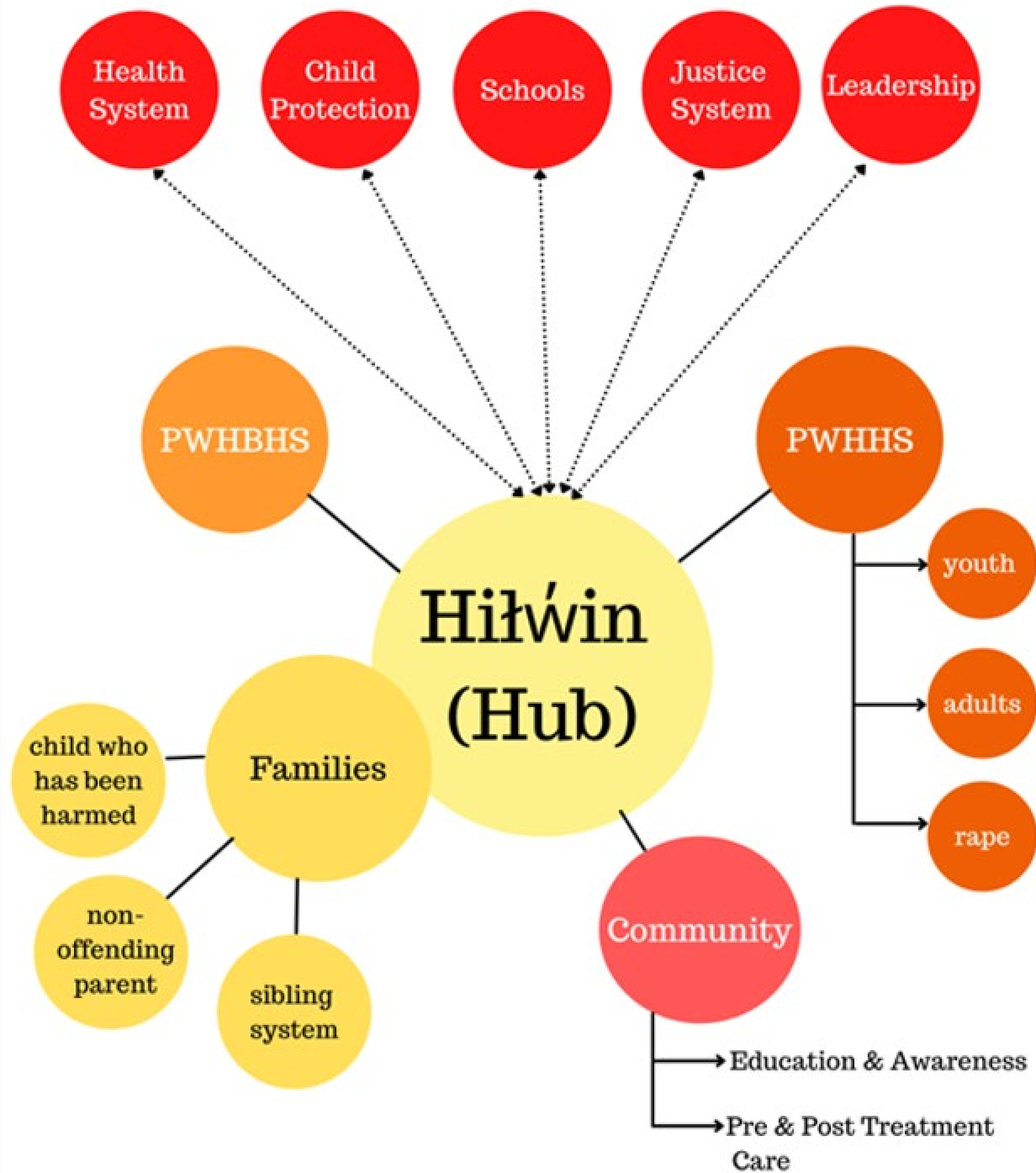
- 2 Men's Healing Sessions
- 2 Women's Healing Sessions
- 1 Men's Restoration Circle
- 2 Community Interventions/PD
- Program & Curriculum Development

Rebuilding the Circle

Looking Ahead: 5 Year Program Plan

Rebuilding the Circle 5-Year Programming Plan

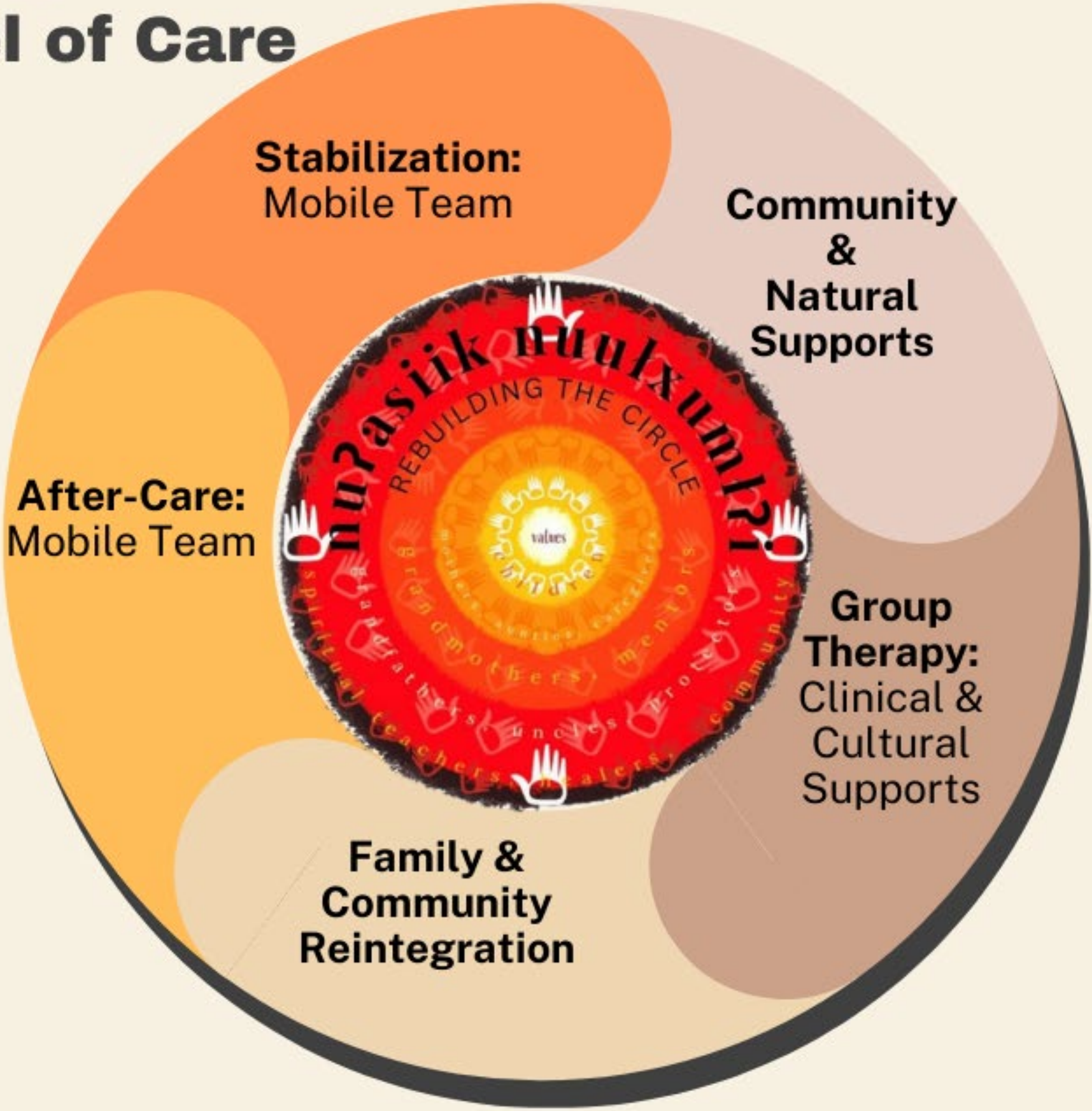




Rebuilding the Circle Program Model



Rebuilding the Circle Model of Care





**Phase I:
Stabilization**

**Phase II:
Building Safety**

**Phase III:
Building a Cognitive
Life Raft**

**Phase IV:
Self-Management &
Reintegration**

**Phase V:
After-Care**

Stabilization

**Building Safety &
A Cognitive Life Raft**

**Schemas, Family
Alignments,
Shame & Guilt**

**Grief, Reconnecting,
Building a Support
System**

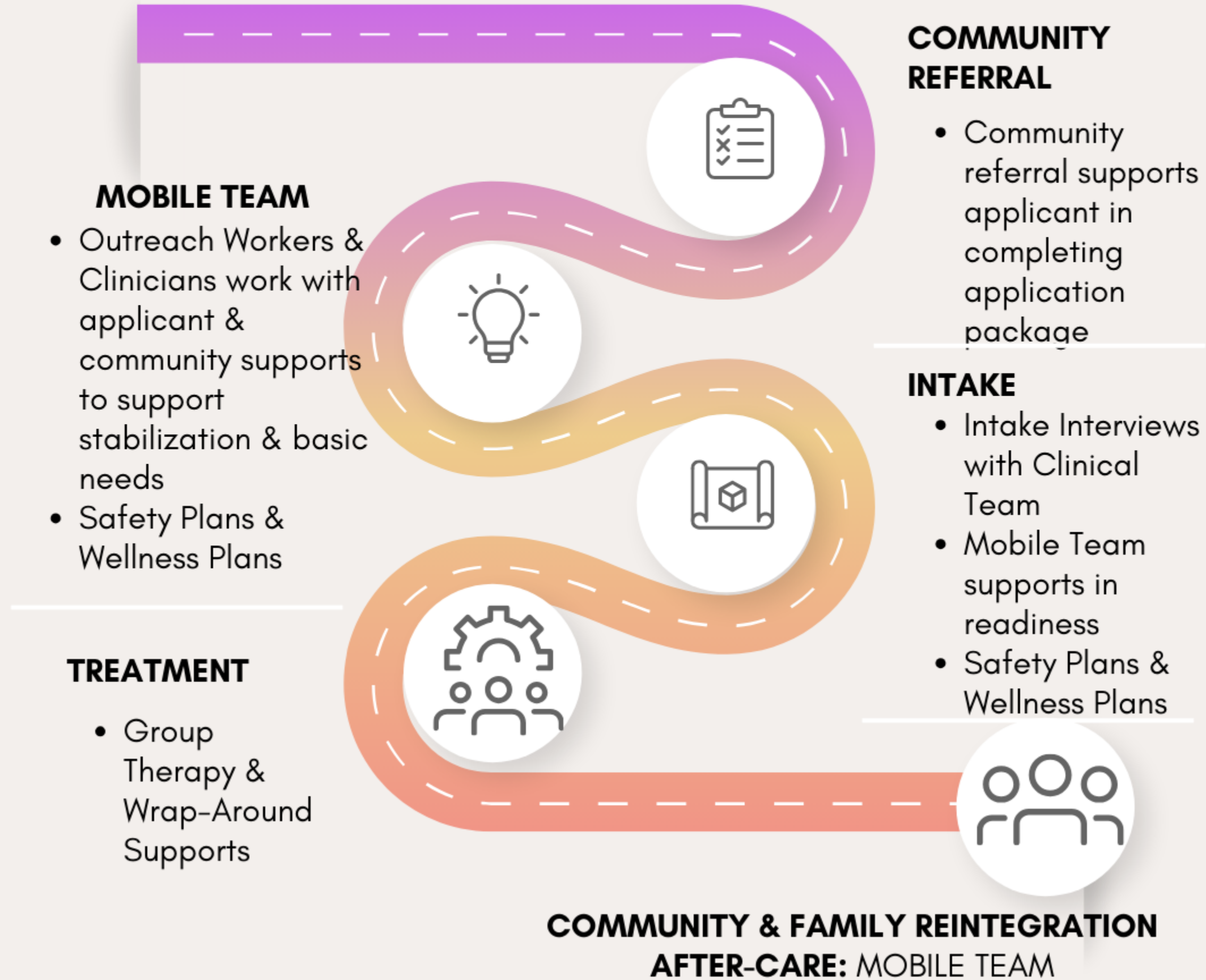
After-Care



**Healing
Program
Structure
For Those Who
Have Been
Harmed Sexually**

**-4-Week Residential Program
-Group Therapy Model with
Wrap-Around
Clinical & Cultural Supports**

Intake Process: Those Who Have Been Harmed Sexually



Intake Process: Those Who Have Harmed Others Sexually

MOBILE TEAM

- Outreach Workers & Clinicians work with applicant & community supports to support stabilization & basic needs
- Safety Plans & Wellness Plans

TREATMENT

- Group Therapy & Wrap-Around Supports
-

COMMUNITY & FAMILY REINTEGRATION

WHEN APPROPRIATE

AFTER-CARE: MAINTENANCE SUPPORT GROUPS & MOBILE TEAM

COMMUNITY REFERRAL

- Community referral supports applicant in completing application package

INTAKE

- Intake Interviews with Clinical Team
- Legal Consents
- Mobile Team
- Safety Plans & Wellness Plans

