

First Nations Traditional Wellness Harm Reduction Grant Application

Who can apply?

We accept funding applications from First Nations communities, First Nation Health Service Organizations, and Friendship Centers that are engaged in direct health service delivery to First Nations in BC.

Eligible organizations may apply for up to \$20,000 in funding to support First Nations-led harm reduction and wellness initiatives that engage youth, adults and Elders, impacted by the toxic drug public health emergency, to strengthen connection to culture, healing, identity, and support wholistic well-being. Communities looking to expand education around harm reduction practices and to include people who use substances to reconnect to culture are encouraged to apply.

In the spirit of leaving no one behind, anyone that requires support to complete the grant and/or develop a plan for this work may email hrgrants@fnha.ca and we can support you through this process.

FNHA advances First Nation led harm reduction practice and programming to support the healing and wellness of First Nations people impacted by the toxic drug public health emergency. We have heard from communities the importance of intergenerational healing, and this includes holding up elders and youth in this space. This year FNHA will support First Nation communities in leading initiatives that weave together traditional wellness, cultural practices, and harm reduction.

What does the funding support?

The proposed event or initiative:

- Demonstrate alignment to traditional cultural teachings and harm reduction practices that support individual and community wellness, including ceremonies, language-based activities, intergenerational knowledge transfer, and the guidance of Knowledge Keepers, Elders, and Youths.
Examples: Ceremonies, cultural workshops, storytelling, language activities, traditional medicine practices, and youth and/or Elder-led teachings circles.
- Contribute to regalia, cultural tools and cultural creation that enable continuation and revitalization of cultural identity and practices along with opportunities to engage in healing for people who are impacted by the toxic drug public health emergency.
Examples: Creation, repair, and use of regalia; drum-making, carving, weaving, and other cultural item development needed for ceremonies and cultural events.
- Integrate land-based wellness and on-the-land activities that strengthen and promote physical, mental, emotional, and spiritual well-being and healing for those who are impacted by the toxic drug public health emergency.
Examples: Camps, seasonal harvesting, medicine gathering, canoeing, traditional food practices, and community land-based gatherings.

- Integrate infrastructure supporting cultural wellness and harm reduction activities that include the development and enhancement of facilities, shelters, or spaces that enable the delivery of traditional wellness programs to support space for healing from the toxic drug public health emergency.

Examples: Wellness spaces, outdoor cultural areas, shelters, fire pits, equipment for on-the-land programs, ceremonial supplies, and tools or technology.

Grant funds cannot be used for the purchase of alcohol, for prize money, or payments provided directly to an individual, or for illegal purchases. In addition, funds cannot be used for capital purchases such as vehicles or major infrastructure. However, they may be used to contribute towards installing cultural structures like smokehouses, sweat lodges or fire pits, but are unlikely to be approved for general building renovations.

Grant Funding Maximum

Maximum funding available through the First Nations Harm Reduction Grant is up to \$20,000 per application.

Application Form

To apply for a grant, please complete this application. Funds may be used for any required costs necessary to carry out the event or initiative except for those listed as ineligible on the application. Only fully completed application forms will be considered.

Applications can be submitted via email to hrgrants@fnha.ca no later than **April 3, 2026**

FNHA First Nations Traditional Wellness Harm Reduction Grant Application Form

Legal name of host community or organization (as it should appear on grant cheque):

Host community or organization's complete mailing address: (include postal code)

Name of Key Contact:

(Person within your community or organization who will be the key contact with FNHA)

Key Contact's position/job title with the host community or organization:

Key Contact's contact information

Work:

Cell:

Email:

Select which health region you are located in? (For help, click the link: [FNHA Regions](#) to view the regional divisions)

- | | |
|--|---|
| <input type="checkbox"/> Northern Region | <input type="checkbox"/> Vancouver Coastal Region |
| <input type="checkbox"/> Interior Region | <input type="checkbox"/> Fraser Salish Region |
| <input type="checkbox"/> Vancouver Island Region | |

Did you receive a Traditional Wellness Grant in 2025? yes no

Did you receive a Harm Reduction Grant in 2025? yes no

Have you received funding from FNHA before? yes no

What type of initiative are you planning to hold?

<input type="checkbox"/> Traditional Ceremony	<input type="checkbox"/> Land Based Healing Event	<input type="checkbox"/> Cultural Connection Event
<input type="checkbox"/> Community and/or outreach Program	<input type="checkbox"/> Grief and loss related	<input type="checkbox"/> One time / time specific community activity or awareness raising event (i.e.: harm reduction learning, or wellness & healing related workshops)
<input type="checkbox"/> Other: _____		

Examples of eligible projects are listed below, however, other project ideas are welcome.

Please provide a title of or tagline for your event/initiative

Please provide a short description of what you will be doing.

Please provide a brief timeline for your project (e.g. if a 1-time event when do you anticipate hosting it?).

Who is the primary audience for this event? (e.g.: people who use substances or their family and friends, community members, youth, elders)

Please provide an estimated budget:

	\$
	\$
	\$
	\$
	\$
	\$

**Budget may be provided in an additional document.*

Total Grant Funding Requested: \$ _____

Partnership/Collaboration information:

Please list First Nations communities who have reviewed and formally endorsed your application along with other community partner agencies (Health Authority, non-profit organizations, businesses, etc.) for your initiative. Partners would include groups willing to share in expenses or contribute resource materials, host facilities, health promotions expertise, knowledge in cultural teaching/traditional wellness, etc. Please note that review and/or endorsement of this application by a First Nations community should be done before submitting for consideration.

Please list all partners and their contributions in the chart below:

Partner Name	Type of contribution from partnership	Estimated value of contribution

Please provide any additional information you think may assist us in reviewing your application.

Reporting and Sharing Your Stories

The FNHA would like to learn from your Traditional Wellness and Harm Reduction initiatives and to share resources and information to continue to grow in our collective wellness

journey. All approved initiatives will be required to submit a brief closing report. Photos of your initiative and storytelling are encouraged for submission.

For any questions regarding the grant application and guidelines please contact us at:
hrgrants@fnha.ca