



First Nations Health Authority
Health through wellness



THE UNIVERSITY OF BRITISH COLUMBIA

Pharmacists Clinic

Faculty of Pharmaceutical Sciences

Speak with a Pharmacist

Do you have questions about your medications?

You can speak with a pharmacist if you have medication-related concerns or questions.

Topics may include:

- Concerns around taking too many medications
- Medications after a recent hospital stay
- Difficulty taking medications
- Allergies or medication sensitivity
- More information on natural health products or supplements

What you can expect when you speak to our pharmacists

- Cultural safety as a priority, with our pharmacists receiving ongoing training
- An individual appointment, where you can include your family members, a friend or nurse involved in your care
- A consultation that will be conducted by phone or video depending on your preference
- A better understanding of your health and medications
- Information to enhance your ability to manage your own medications
- Ongoing support with medication changes

How to schedule an appointment

People who would like to speak to a clinical pharmacist can set up a phone or video appointment, which can be arranged in the following ways:

- by contacting Health Benefits at: **1-855-550-5454** for support or a referral
- through a nurse or community health care worker who can refer and help set up an appointment
- through a referral from First Nations Virtual Doctor of the Day
- by contacting the UBC Pharmacists Clinic directly by calling **604-827-2584**, or online to set up an appointment with a Pharmacist:
<http://pharmsci.ubc.ca/pharmacists-clinic>

To find out more about healthy medication use, visit: fnha.ca/coyotestory

