

Honouring and Celebrating our Cultural Teachings and Practices

Traditional Healer & Wellness Practitioner

Piccola Room | June 18-19, 2019 | 8:30am - 4:30pm
Yiktsa7 Carol Thevarge, N'Quatqua Nation

Sharing her ancestral Indigenous knowledge allowing others to weave what they need into their own lives to bring themselves to their highest good. Yiktsa7 is trained in Reiki, Lymphatic Drainage Massage, Chair Massage, Reflexology, Shiatsu and has been practicing for 15 years.



Traditional Knowledge Keepers

Nuxalk Nation, Central Coast - Clyde Tallio
Lil'wat Nation, Southern Stl'atl'imx - Chris Wells
Tseil-Waututh Nation, South Coast - William Thomas

Traditional healing and wellness include ceremony, prayer, traditional medicines and foods, songs, sacred spaces, language, stories, dance, smudging, brushings, hunting and gathering, fasting, running, winter bathing etc...



Squamish Lil'wat Cultural Centre - Cultural Ambassadors Calvina, Jay, Travis & Brandon

Our Cultural Ambassadors will commence your special event by welcoming your delegation to the traditional territories of the Squamish and Lil'wat Nations. Complete with a traditional language introduction and interpretation, then a brief overview of the territory in which Whistler is situated, and finished with a powerful drum song that caps off the presentation in an authentic and meaningful way.



Bear Dancers - Xax'lip Territory within Fountain Valley

Our healing journey is a lifetime commitment to creator in prayer and ceremony. The keepers of ceremony teach, guide, people to a direction of this journey. They are tools of the creator, born with a responsibility to teach, aide, guide, through visions and ceremonies passed down by our ancestors.



Cultural Performer

Alex Wells, Lil'wat Nation

First Nations Dance and Cultural tradition's has been his family's way of life, and he was brought up through culture and ceremony. Traveling across North America since childhood competing in First Nations dance competitions that has brought Alex into making it a professional business and a way of life. Giving him the natural ability to teach the cultural dances step by step to all ages. Being part of major roles and world indigenous cultural events.



2019 Spring Vancouver Coastal Caucus

JUNE 18-19, 2019 | WHISTLER, BC

PROGRAM



First Nations Health Council



VANCOUVER COASTAL REGION
First Nations Health Authority

2019 Spring Vancouver Coastal Caucus

JUNE 18-19, 2019 | WHISTLER, BC

Time	Agenda Item	Presenter(s)
AGENDA: DAY#1		
<i>Breakfast blessing by William Thomas, Tsleil-Waututh</i>		
9:00am	Welcome to the traditional territory	Chief Dean, Lil'wat Nation
	Traditional opening	Chris Wells, Lil'wat, Traditional Knowledge Keeper
9:10	Opening Remarks	Ernest Armann, FNHC Representative
9:15	Review/Motion to Approve 2018 Fall Vancouver Coastal Caucus Meeting Minutes 2019 Spring Vancouver Coastal Caucus Agenda	
9:25	Video: Living Well - Transforming First Nations Health in BC	
9:50	Directive #1: Community-Driven, Nation-Based Evolving engagement structure, regional health governance and leadership advocacy and participation	
10:15	Leadership dialogue, questions & answers	All
10:30	<i>Wellness break</i>	
10:45	Video: Social Determinants of Health	Ernest Armann, FNHC Representative
11:00	Directive #2: Increase First Nations Decision-Making and Control Political health advocacy with partners on the implementation of the Tripartite Memorandum of Understanding on mental health and wellness: Financial analysis, reporting framework and long-term financial commitment for mental health and wellness	
11:30	Leadership dialogue, questions & answers	All
12:00pm	<i>Lunch blessing by Clyde Tallio, Nuxalk Cultural performance by Alex Wells, Lil'wat</i>	
12:15	South Coast Sub-Regional Governance Elections - Singing Pass Room	
1:00	Working Towards a Ten-Year Strategy on the Social Determinants of Health Developing guiding principles to support family-based health and wellness	Ernest Armann, FNHC Representative
1:30	Leadership dialogue, questions & answers	All
1:45	National Indian Child Welfare Association What matters? Measuring improvements in mental health and wellness	Sarah L. Kastelic, Executive Director
2:30	<i>Wellness break</i>	
2:45	First Nations Health Authority Update on mental health and wellness disbursements	Katie Hughes, Executive Director
2:55	First Nations Health Council Sub-Regional family planning on mental health and the social determinants of health Sub-Regional family community leadership to report back	Ernest Armann, FNHC Representative
4:15	Closing Comments	Ernest Armann, FNHC Representative
4:30pm	<i>Caucus day#1 meeting adjourn</i>	

2019 Spring Vancouver Coastal Caucus

JUNE 18-19, 2019 | WHISTLER, BC

Time	Agenda Item	Presenter(s)
AGENDA: DAY#2		
<i>Breakfast blessing by Chris Wells, Lil'wat</i>		
9:00am	Traditional opening	Clyde Tallio, Traditional Knowledge Keeper
9:10	Overview of agenda for day#2	Maria Martin, FNHC Representative
9:15	Indigenous Services Canada Jordan's Principle makes sure all First Nations children can access products, services and supports they need, when they need them. It can help in a wide range of health, social and education needs.	Chiara Taylor, Director, Children & Family Services Madhvi Russell, Regional Program Manager, Jordan's Principle
9:30	Leadership dialogue, questions & answers	All
9:45	First Nations Health Authority Board of Directors Summary Service Plan and the Evaluation of FNHA's Health Benefits Pharmacy Program for BC First Nations	FNHA Board Members
10:00	First Nations Health Authority Update on operations and First Nations Health Benefits	Richard Jock, Chief Operating Officer Darren McKnight, Director, Health Benefits Management
10:20	Leadership dialogue, questions & answers	All
10:30	<i>Wellness break</i>	
10:45	First Nations Health Authority - Vancouver Coastal	Kim Brooks, Regional Executive Director
11:05	Leadership dialogue, questions & answers	All
11:15	First Nations Health Authority - Office of Chief Medical Officer Update on Overdose/Opioid Public Health Emergency	Dr. Shannon McDonald, Deputy Chief Medical Officer Cassandra Puckett, Regional Manager, Mental Health and Wellness
11:45	Leadership dialogue, questions & answers	All
12:00pm	<i>Lunch blessing by William Thomas, Tsleil-Waututh Cultural performance by Squamish Lil'wat Cultural Centre Ambassadors</i>	
1:00	Tsleil-Waututh Nation Community Wise Practice: Peer Coordinator Voices	Riley David, Regional Addictions Specialist Caitlyn George & Vanessa Gonzalez, Peer Coordinators
1:15	Leadership dialogue, questions & answers	All
1:20	Kuu-Us Crisis Services	Kateri Deutsch, Liaison Coordinator, Supervisor of Protocols
1:45	Leadership dialogue, questions & answers	All
1:30	First Nations Health Council Video: Nation-Rebuilding Planning and capital infrastructure	Maria Martin, FNHC Representative
2:15	Leadership dialogue, questions & answers	All
2:30	<i>Wellness break</i>	
2:45	Special resilience and healing ceremony by Bear Dancers	
3:45pm	<i>Closing remarks and caucus day#2 meeting adjourn</i>	



First Nations Health Council



VANCOUVER COASTAL REGION
First Nations Health Authority



First Nations Health Council



VANCOUVER COASTAL REGION
First Nations Health Authority