What we heard about Cancer Prevention

Cancer is a major health concern.

79% of Indigenous people agreed that “Cancer is a major health concern for First Nations and Aboriginal people.”

However … Indigenous people feel less empowered to reduce their cancer risk.

Indigenous 73%
Non-Indigenous 87%

% of people who agreed there are ways to reduce cancer risk

There is a GAP in health literacy around cancer risk and screening among Indigenous people in B.C.

RE D U C I N G R I S K

Indigenous people are less likely to agree that the following lifestyle changes can reduce cancer risk:

- Avoiding commercial tobacco use
  - Indigenous 91%
  - Non-Indigenous 96%

- Eating a healthy balanced diet
  - Indigenous 81%
  - Non-Indigenous 92%

- Being physically active
  - Indigenous 82%
  - Non-Indigenous 89%

Only 48% of Indigenous people believe that getting the HPV vaccine can decrease the risk of cervical cancer.

SCREENING

The most common reason given by Indigenous people for not getting cancer screening tests was feelings of fear or discomfort.

“People” referred to in this infographic are survey respondents and may not be representative of the population at large. This infographic was published in July 2019.

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