What to expect when you get your vaccine





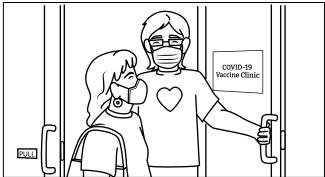
MÉTIS NATION



Before you go, remember:

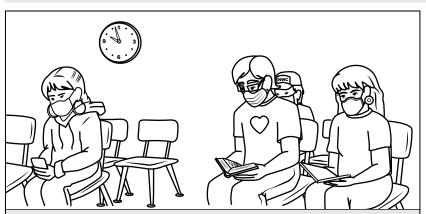


You do not need to prove you are Indigenous or show a status, nation or citizenship card. This includes Métis and those living outside community.



Everyone can bring someone to their appointment. Max goes with his mom. If Mom is feeling sick, they change her appointment to another day.

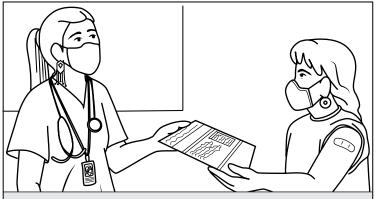
Getting your vaccine



The whole visit will take 45-60 minutes. There is a waiting area before and after Mom's vaccine.



It's okay for Max and his mom to ask questions to any healthcare provider.



Mom receives an Aftercare Sheet once she has her vaccine. She will be told how to register for her second dose.



Max waits with Mom for 15-20 minutes after her vaccine to make sure she feels okay. She tells someone if she feels unwell.