



Healthy, Self-Determining and Vibrant BC First Nations Children, Families and Communities



What is Telehealth?

Telehealth is the delivery of health care/ wellness services and education at a distance through live, interactive video, audio and computer technology “videoconferencing”.

Telehealth enhances the ability to provide and receive patient care and education regardless of geographic location.

Telehealth allows you to see your doctor, nurse, or specialist at a distance. Some of the telehealth services available in BC are in cancer care, arthritis, diabetes, maternal care, mental health and many other areas.



First Nations Health Authority
Health through wellness

The First Nations Health Authority is in the planning stages of developing a fully functional telehealth program for all First Nations communities in BC. The First Nations Telehealth Expansion Project (FNTEP) team is working with our partners to deliver on the Transformative Change Accord: First Nations Health Plan, Action Item #23: ‘create a fully integrated clinical telehealth network’.

The following frequently asked questions are meant to begin a conversation about how telehealth programs may help you and your community.

How can telehealth help me and my family?

Telehealth can provide opportunities for increased access to health care/ wellness services that may not be available in your own community. Telehealth can also provide access to health education and allow families to visit with one another over video.

Where can telehealth happen?

Telehealth can happen in your local Health Centre or nearest hospital.

Will my Doctor/Nurse still come to my community?

Yes – The telehealth program is meant to enhance and complement existing health and wellness services and not take away any services already being provided in the community.

Do I have to use telehealth?

If telehealth is available in your community, you will have the choice to travel to appointments or use telehealth.

Will I ever have to travel to see a Doctor?

Yes - You may have to travel to see your healthcare provider at times, for surgery and perhaps for specialist follow up appointments. Telehealth is not always appropriate for every patient or in all situations.

Will my privacy be protected?

Yes – Privacy, confidentiality and the security of your personal health information are of utmost importance. We are committed to protecting your information through the use of health-grade network security, and protecting your privacy by ensuring telehealth rooms are secure.

For more information about telehealth, please contact us by phone: 604.913.2080 or email: telehealth@fnha.ca