



First Nations Health Authority  
Health through wellness

# First Nations Treatment Centres in BC

Services for all genders, youth and families. FNHA funds over 200 residential treatment beds in a number of treatment centres within BC.

Services for concurrent disorders; clients on Opioid Agonist Therapy; family treatment; couples counselling; pregnant women; and clients on psychoactive medications.

Services offer a variety of cultural and clinical interventions and support for First Nations in BC.



In British Columbia there are currently 9 residential treatment centres, funded through the National Native Alcohol and Drug Abuse Program (NNADAP).

Services are offered to males, females, youth (Nenqayni Wellness Centre) and families. Services offered at treatment facilities vary, but overall include services to clients with: physical disabilities; concurrent disorders; clients on Opioid Agonist Therapy; family treatment; couples counselling; pregnant women; and clients on psychoactive medications.

## TREATMENT CENTRES

### Carrier Sekani Family Services Addictions Recovery Program

P.O. Box 1219  
Vanderhoof, B.C. V0G 3A0  
Phone: (250) 567-2900  
Toll-free: 1-866-567-2333  
Fax: (250) 567-2975

## DESCRIPTION

We believe the Carrier Sekani culture and spiritual way of living, which honours and respects all of creation, will empower our communities and strengthen our First Nations. The integrated Health and Wellness Addiction Recovery Program, "Lhet'sut'en" is delivered by our multidisciplinary team consisting of clinical counsellors and cultural knowledge holders. We believe culture is healing and incorporate a blend of traditional healing practices along with evidence based best practices in addictions treatment reflective of our program's vision statement: "Culture is Healing."  
Residential from April to October only.

### Gya' Wa' Tlaab Healing Centre

P.O. Box 1018  
Haisla, B.C. V0T 2B0  
Phone: (250) 639-9817  
Fax: (250) 639-9815

The Gya' Wa' Tlaab Healing Centre offers this Early Recovery/Stabilization Program to all First Nations, Inuit and other people of Canada. This program can be defined as an assessment, orientation, and readiness phase to treatment.

The Program utilizes the following program resources to assist clients: Acu-Detox, Physical Fitness, Psycho-educational group facilitation, Mental Health Counselling, Methadone Maintenance Support, Attending Physician, Attending Pharmacist, and Culturally Appropriate Ceremonies.

### Kackaamin

7830 Beaver Creek Road  
Port Alberni, B.C. V9Y 8N3  
Phone: (250) 723-7789  
Fax : (250) 723-5067

Kackaamin employs Certified Addiction Counsellors that facilitate educational workshops that broaden the knowledge of our adult clientele on a variety of topics and issues. Weekly individual, couple, and family counselling along with community capacity building support sessions.

### Namgis Treatment Centre

P.O. Box 290  
Alert Bay, B.C. V0N 1A0  
Phone: (250) 974-5522  
Fax: (250) 974-2257

To meet the goals of the program, a variety of themes are introduced during the six-week program. The program is designed to ensure maximum flexibility to meet client needs within theme areas:

- Physiological and psychological effects of mood altering substances
- Family dynamics
- Historical influences on substance abuse
- Abstinence from alcohol and addiction as a way of life
- Spirituality
- Self-help programs for after treatment (e.g., Alcoholics Anonymous, Narcotics Anonymous, Adult Children of Alcoholics)
- Self-awareness in the cycle of change
- Trauma and its long-term and short-term effects

**Nenqayni Wellness Centre**

P.O. Box 2529  
 Williams Lake, B.C. V2G 4P2  
 Phone: (250) 989-0301  
 Fax: (250) 989-0307

To achieve a safe team environment where employees respect one another, communicate effectively, and are able to efficiently carry out their duties and responsibilities” (Staff Purpose - Developed in 2011).

Staff are certified by the Canadian Council of Professional Certification and receive ongoing training relating to their positions and as required by accreditation and licensing.

**North Wind Wellness Centre****Mailing Address:**

PO Box 2480 Station A  
 Dawson Creek, B.C. V1G 4T9

**Physical Address:**

5524 235 Road  
 Farmington, B.C. V0C 1N0  
 Phone: (250) 843-6977  
 Fax: (250) 843-6978

The effects of alcohol and drug addiction are often devastating to individuals, families and communities.

The North Wind Wellness Centre offers a 45-day, culturally based, residential treatment program for ages 19 and up. Youth and Land-based programming take place locally within our Treaty 8 Member First Nations Communities that offer them.

Each day begins and ends with smudging and prayer. Sweat lodge, Blanket, and Pipe Ceremonies introduce and reinforce the concept of sacredness by means of traditional culture.

**Round Lake Treatment Centre**

200 Emery Louis Road  
 Armstrong, B.C. V0E 1B5  
 Phone: (250) 546-3077  
 Fax: (250) 546-3227

**1. 35-bed Treatment Centre**

6-week Treatment Program addresses the impact of historic and intergenerational trauma by guiding participants through activities and ceremonies that help to resolve trauma, grief, and shame. Emphasis in the healing circle is on safety, trust, and self-care and facilitates wellness for indigenous trauma survivors.

**2. 10-bed Recovery Home**

Post treatment home for clients who require more assistance to further strengthen their wellness and recovery.

**Telmexw Awtextw Treatment Centre**

4690 Salish Way  
 Agassiz, B.C. V0M 1A1  
 Phone: (604) 796-9829  
 Fax: (604) 796-9839

**Outpatient / Community based**

Accessible to clients with physical disabilities, Pregnant women, Court referral or Corrections clients, Clients taking other psychoactive medications

Transportation provided to outlying community members to enable attendance at the Day program.

**Tsow-Tun Le Lum Society**

699 Capilano Rd  
 Lantzville B.C. V0R 2H0  
 Phone: (250) 390-3123  
 Fax: (250)390-3119

Tsow-Tun Le Lum means “helping house.” We provide programs that address the issues of addictions, and healing survivors of trauma and residential schools. Our mission is to strengthen the ability of First Nations people to live healthy, happy lives and to have pride in their native identity. Tsow-Tun Le Lum is a registered non-profit society operating a fully accredited treatment centre in Lantzville, on Vancouver Island, British Columbia.

**Wilp Si’Satxw House of Purification**

Box 429, Cedarvale-Kitwanga Rd  
 Kitwanga, B.C. V0J 2A0  
 Phone: (250) 849-5211  
 Fax: (250) 849-5374

**Program length: 42 days**

In-patient / Adult co-ed

- Residential schools
- On-the-land
- Gender-based
- Family treatment
- Child counselling
- Couples counselling
- Clients with physical disabilities
- Pregnant women



First Nations Health Authority  
Health through wellness

501 - 100 Park Royal South  
Coast Salish Territory  
West Vancouver, BC  
Canada V7T 1A2

Telephone

**604.693.6500**

Toll-Free

**1.866.913.0033**

Fax

**604.913.2081**

Website

**[www.fnha.ca](http://www.fnha.ca)**

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