

# Help with Head Lice



# Head Lice Information



Kids share everything... including Head Lice



# Screen Regularly!

Learn what to look for. Know how to check for head lice.

## What to look for:

- ❖ Head lice are very small and move quickly through dry hair.
- ❖ Look for more definitive evidence such as nits(eggs), bite marks and feces.
- ❖ Nits vary in color from brownish-grey to yellowish-tan and are half the size of a sesame seed.
- ❖ Nits are always oval shaped, smooth and cemented to one side of the hair shaft.
- ❖ They are most commonly found behind the ears and on the crown.
- ❖ New bite marks present themselves like a bright red pin point dot.
- ❖ Feces resembles the look of sand only black and is very sticky.



## How To Check For Head Lice:

- ❖ Have good lighting, a magnifying visor or lens, then separate and part the hair looking near the root of hair for nits.
- ❖ Examine all sides of the hair shaft as nits are laid only on one side .
- ❖ Begin screening on one side of the head and work your way around the back of the head to the other side. Examine the crown of the head.
- ❖ If you see anything suspicious test it, try to move it. If it easily moves or falls off, it is not a nit.
- ❖ Nits are difficult to remove and must be pulled all the way down to the end and off the hair shaft.
- ❖ Be sure to take notice of the shape, feel and color of what it is your testing, make sure it's consistent with nits.
- ❖ Have a closer look in the general area if you find one nit, as the female lays in groupings.





# **Eliminate** Head Lice

**Wet-Combing Method or Chemical Treatment Method?**

# The Wet-Combing Method

- ❖ Focuses on breaking up the life cycle.
- ❖ Lice and nits are manually removed every few days for 2-3 weeks.
- ❖ Any lice that hatch after the first comb out are easily removed with each subsequent comb out long before they can reproduce.
- ❖ Head lice can not become resistant to this method and it's most successful when working with a high quality tool such as the Lice Meister comb.

When working with longer hair using professional tools allow you to be more efficient!

**GREATER VANCOUVER**

## Lice Clinic

### Head Lice Removal & Screening Tools

Screen and Remove using the wet-combing method. Use the same tools as the professionals.

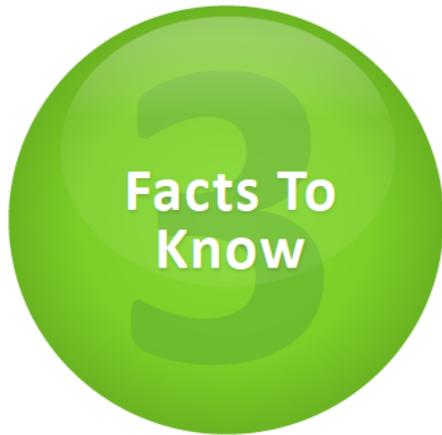
- Reusable, one time investment for the entire family
- Recommended by pediatricians and pharmacists
- Hypoallergenic, no pesticides or chemicals
- 100% all natural
- High quality, professional tools
- Step-by-step instructions
- Free helpline



# Chemical Treatment Method

- ❖ These include special lotions, creams or shampoos that are applied to the hair and scalp.
- ❖ They work the same way, in addressing most of the live lice.
- ❖ None of these product affect the nits (eggs) in any way.
- ❖ A second and often a third and fourth application is necessary, as removal of the nits is the most important step and must be done even if you use chemical treatments.





# **Myth** Busters

**Frequently Asked Questions**

## Frequently Asked Questions

### **What are lice?**

Head lice are human parasites that live entirely on your head. They can not even survive on your pets.



### **Do head lice spread diseases?**

No, they are not known to transmit any disease agents. However, secondary infections may result if the skin is broken by repeated scratching.

### **Who is most likely to get head lice?**

Head lice are found on people of all socio-economic levels. Head lice are not concerned with the conditions of the hair only the blood feed it knows is there when it follows the hair shaft to the scalp.

### **Do I need to clean everything in my house everyday?**

No, head lice are not an environmental issue, head lice can only live off the head about 24-48 hours. Some light cleaning may be needed after the first initial treatment but after that it's best to focus your energy on the head. Remember, homes don't head lice people do.



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