



First Nations Health Authority
Health through wellness

Stay Connected with the FNHA

Looking for information to support you and your loved ones during the pandemic? Follow the FNHA for health care updates, wellness initiatives and opportunities to connect with other First Nations people across BC.



Get the FNHA App

The FNHA app puts helpful information directly into your hands! Available from the Apple App store and Google Play store.
<http://www.fnha.ca/app>



Newsletter

Sign up for the FNHA's newsletter to get regular service updates, community stories, funding opportunities and resources.
<https://www.fnhanewslettersignup.ca/>



FNHA.ca

Visit the FNHA's website for program and service information as well as our news feed and wellness pages. <http://www.fnha.ca>



Social Media

Join our vibrant social media community! The FNHA shares info and stories daily on our social media feeds. **Follow us:**

[f @firstnationshealthauthority](#) [@fnha](#) [@fnha](#) [@fnhealthcouncil](#)

“ The pandemic can make us feel powerless and alone. But we are not. It's important to stay connected: to our communities, to our cultures, to each other. ”

- Dr. Nel Wieman,
Acting Deputy Chief Medical Officer, FNHA

Stay strong, stay the course. [Click here to learn more about COVID-19 Safety.](#)