

Supports for Pregnant People Who Use Substances in BC

As of June 2023, 2 provincial and 29 regional programs that support pregnant people who use substances in BC were identified through online research (an environmental scan).

Name	Location/ address	Description	Website/Contact info
Provincial initiatives and partners involved in this project			
Parents Advocating Collectively for Kin	Provincial	Advocacy support for gender-diverse parents who are at a disproportionate risk of having their children apprehended into government care.	packbc.org/contact/
BC Association of Pregnancy Outreach Programs	Provincial	Support, advocacy and leadership network to improve outcomes for pregnant, postpartum and newly parenting people and their infants. Inreach support workers embedded within programs throughout BC.	www.bcapop.ca/page-18660
Regional programs			
Vancouver Coastal Health			
Families in Recovery (FIR) Square, BC Women's Hospital	Door #93 2nd floor 4500 Oak Street Vancouver, BC, V6H 3N1	Combined care unit for perinatal substance use. Services provided by a multi-disciplinary team to ensure that both women and their baby stabilize safely.	www.bcwomens.ca/our-services/pregnancy-prenatal-care/pregnancy-drugs-alcohol
Road to Recovery *This was added after our initial search for services.	St. Paul's Hospital, 5th floor of the Burrard building 1081 Burrard St. Vancouver, BC V6Z 1Y6	Mental health and substance use unit. Beds prioritized for pregnant people.	Call 1-866-658-1221 for intake information www.providencehealthcare.org/en/health-services/services/harm-reduction/road-recovery
Heartwood Centre for Women	4500 Oak Street Vancouver, B.C., V6H 3N1	90-day inpatient treatment centre for women with concurrent conditions, including pregnant people with wrap around interdisciplinary treatment to support individual recovery.	www.bcmhsus.ca/our-services/provincial-integrated-mental-health-addiction-programs/heartwood-treatment-centre
YWCA Crabtree Corner	533 East Hastings Street, Vancouver	Housing and programs for parenting and pregnant women who are overcoming substance use. Priority given to current Sheway participants. Based on harm reduction model.	ywcavan.org/contact
Union Gospel Mission - The Sanctuary	616 E Cordova St., Coast Salish Territories Vancouver, BC V6A 1J7	Temporary housing for women who want to work towards recovery tailored to each women's stabilization journey and their needs. Women with Newborns program: 24/7 temporary home for moms who need supervision for their newborns.	ugm.ca/get-help/programs/sanctuary-womens-recovery-pre-recovery

Sheway	533 East Hastings Street, Vancouver	Health and social service support programs for parenting and pregnant women who are overcoming substance use.	www.vch.ca/en/service/sheway-pregnancy-outreach-program#short-description--6621
Fraser Health			
Burnaby Family Life	204-7355 Canada Way, Burnaby, BC V3N 4A6	Mission to deliver high quality services that meet the current and emerging needs of individuals, families and the community in all its diversity.	www.burnabyfamilylife.org/aboutus
Maxxine Wright Community Health Centre & Second Stage	2 - 13733 92nd Avenue, Surrey, V3V 1H9	The centre works with mothers to provide comprehensive health care, social and parenting supports for women impacted by substance use and/or violence/abuse.	www.fraserhealth.ca/Service-Directory/Locations/Surrey/maxxine-wright-community-health-centre#.Y-APGGnMI2x
Maxxine Wright Second Stage Housing	13739 92 Ave, Surrey, V3V 1H9	Offers housing to women and their young children and works closely with clients to provide services with other Maxxine Wright Place programs.	atira.bc.ca/what-we-do/housing/maxxine-wright-second-stage/
Fraser Region Aboriginal Friendship Centre	A101-10095 Whalley Blvd., Surrey, BC, V3T 4G1.	Bridging Western and Traditional knowledge to provide a place of support, healing, and advocacy.	fracfa.org/programs-services/osiem-early-childhood-development/
Best for Babies	33780 Laurel St., Abbotsford, BC, V2S 1X4	Free Pregnancy Outreach Program that offers culturally sensitive prenatal support to help improve the health of pregnant parents, new parents, their partners and their babies.	archway.ca/program/best-for-babies
Options Community Services	9815-140 St., Surrey, V3T 4M4	Non-profit registered charity providing social services primarily in Surrey, Delta, White Rock and Langley.	www.options.bc.ca/get-support/crisis
Ellendale Cradle	402 East Columbia Street, New Westminster, BC V3L 3X1	Live-in, substance use program for opiate-using women. Program provides addiction treatment, prevention counselling and help with developing long-term plans.	efry.com/we-can-help/programs-services
Island Health			
Cedar Circle Combined Care Unit	1200 Dufferin Cres., Nanaimo, V9S 2B7	Cedar Circle provides respectful and non-judgmental family-centered care. Assistance for substance-using pregnant and early postpartum women to achieve optimum health by attempting to reduce adverse health on themselves and their fetus.	Talk to your healthcare provider about referral.
House of Honorable Mothers – Lelum 'u tu S'tsa'-elhteyten	Duncan, BC	Residential program to enable pregnant and newly parenting women to remain with their babies after birth. For Indigenous and non-Indigenous pregnant women who have child protection involvement until baby is 1 yr old. Culturally-based services, counselling, connected with wrap-around services offered at Hiiye'yu Lelum - House of Friendship.	Contact Hiiye'yu Lelum - House of Friendship. www.hofduncan.org
HerWay Home	211-547 Michigan St Victoria, B.C. V8V 1R4	Provides non-judgmental health care and social supports for pregnant and parenting women who have a history of substance use and may also be affected by mental health issues, violence and trauma.	www.islandhealth.ca/learn-about-health/pregnancy-birth-babies/herway-home-hwh

Hiiye'yu Lelum-House of Friendship	106-5462 Trans-Canada Highway Duncan, BC V9L 3Y2	Promoting wellness and unity by addressing the needs and aspirations of Aboriginal people by providing holistic programs and services.	www.hofduncan.org
LIFT Community Services	218-6975 Alberni St., Powell River, V8A 2B8	Lift Community Services focuses on helping all people thrive in the qathet Region by reducing social inequities and by providing support and advocacy for anyone who needs it. BCAPOP HCPP: Pregnancy inreach worker, connections and accompaniments to services, team of professionals to meet pregnancy goals.	liftcommunityservices.org
Port Alberni Friendship Centre	3555 4th Ave. - Unit A, Port Alberni, V9Y 4H3	An Indigenous Social service organization which opens their doors to all community members with a mandate of providing services to Indigenous peoples living away from their home community.	www.pafriendshipcentre.com
Campbell River Family Services	487-10th Ave., Campbell River, V9W 4E4	A non-profit, charitable organization providing quality services to individual, children and families living in the Campbell River area since 1977.	crfamilyservices.ca/other-programs-services
Interior Health			
Karis Support Society	550 Rowcliffe Ave, Kelowna, V1Y 5Y9	A 37-bed facility that provides a continuum of services for women struggling with addiction and mental health challenges. Includes parenting program for pregnant women and moms with babies.	karis-society.org/programs/services-offered
The Tree	657 Seymour St Kamloops V2C 2H2	Non-profit society and registered Canadian charity. Our vision is one of women's belonging and recovery, walking with women and their families, facilitating healing, connections and support.	www.kfrs.ca/our-services
Baby's Head Start - Interior Community Services	396 Tranquille Rd, Kamloops, V2B 3G7	Social service organization providing support, early intervention and crisis intervention programs, counselling and subsidized housing for children, youth, families and seniors. Baby's Head Start free pregnancy outreach program that sees women pre and postnatally until 6 months postpartum.	www.interiorcommunityservices.bc.ca/programs/child-family/babys-head-start
Three Corners Health Services Society	150 North First Ave., Williams Lake, BC, V2G 1Y8	Works in partnership with our communities to provide services that support First Nations women and their families. The Family Connection Program is designed to empower all First Nations Women within childbearing years in making healthier lifestyle choices and to decrease the number of alcohol and/or drug exposed births in our community.	threecornershealth.org/family-connections-program
Cariboo Family Enrichment Centre	1-486 Birch Ave, 100 Mile House, V0K 2E0	An inclusive space that strengthens the quality of personal, family, and community life through education, counselling, referral and support.	www.cariboofamily.org

Northern Health			
Harmony House & Phoenix Transition Society	17765 11 Ave., Prince George, BC V2L 3S8	Supportive housing for women who are struggling with mental health and/or substance use, are pregnant or new mothers in danger of losing their child to MCFD. A subsidiary of Phoenix Transition Society who offers short-term housing for women who have experienced violence.	harmonyhousebc.com
Kermode Friendship Centre	3313 Kalum St., Terrace, V8G 2N7	Offers culturally sensitive, quality programs and services to the Aboriginal community members and the community-at-large in the Terrace area. Perinatal nursing program provides prenatal and postnatal support to people using substances. Circle of Life Program assists a parent or individual through lifestyle change bringing awareness, education and prevention of Fetal Alcohol Spectrum Disorder.	www.kermodefrienship.ca/get-involved-1
Carrier Sekani Family Services	240 West Stewart St Vanderhoof, BC V0J 3A0	Aims to create a healing environment by utilizing a holistic approach that promotes a cultural lifestyle free from addictions and restores a sense of pride in the Carrier and Sekani Culture.	www.csfs.org/services/addictions-recovery-program
Dze L K'ant Friendship Centre	1188 Main St., Smithers, V0J 2N0	Provides a number of quality services to the Aboriginal community and people on their journey to become more self-sufficient and self-reliant. Pregnancy inreach worker, connections and accompaniments to services, team of professionals to meet pregnancy goals.	www.dzelkant.com
Prince George & Area Elizabeth Fry Society	1575-5th Ave., Prince George, V2L 3L9	Assists and empowers women, children and youth. Advocating for women and children in our communities and supporting women and children through counseling and education.	www.pgefry.bc.ca/services

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