



First Nations Health Authority
Health through wellness

FNHA / FNHDA - Day #1

Engagement Themes



First Nations Health
Directors Association

Funding Arrangements - New reporting

- Report to outcomes and how the community is moving toward those outcomes
- Communities support to generate own data / information and report virtually
- Balance individual and community data sharing (OCAP principles)
- Share successes and community services / resources available
- Reports highlight wellness work in community

Health Benefits - Communication of Changes

- Be clear and transparent about the any changes in process
- Include Fact Sheets and media packages
- Communities can support by bringing together family leadership and existing community processes
- Use this as a health literacy opportunity (How well do you know your prescriptions?)
- Connect with Partners

FNHC – Day #2

Engagement Themes



First Nations Health Council

Improving the lives of our children and families

- Preserve & Strengthen the facility unit
- Acknowledge leadership's role to create opportunity and promote resilience...not encourage dependence
- Ensure Balance of investment between governance discussion/agreement and action in communities
- Establish minimum service standards which are appropriate to community size and location
- Seek partnerships and collaboration amongst community where all can benefit from shared services
- Pay attention to the language we use > remember our own words
- Leverage the momentum of reconciliation to elevate and address our social determinants
- Work in our community to define Community Wellness, build capacity and measure our strengths
- Consider promising practices home and elsewhere (New Zealand model)
- Fix funding policy – need the flexibility to design / deliver service that meet our needs
- Good health is support by a good start in life – focus on early childhood education and family wellbeing
- Focus on family and community healing – disrupt the cycle of intergenerational trauma

FNHC – Day #3

Engagement Themes



First Nations Health Council

Advice to INAC

- Address jurisdiction and mandate issue to achieve more integration of services
- For true partnership INAC needs to take ownership of the historical relationship (or lack of)
- Commit and promote the concept of Cultural Safety and add more cultural supports
- Invest in communities to get organized
- Adapt a more wholistic approach with flexible outcome based practices
- Map available services with partner
- Promote family wellness and invest in prevention and follow-up supports.... “Every Family Matters”
- Increase clear and transparent communication regarding plans and reporting
- Decisions rest with the community