



Image credit: Juan Solorzano

THE FIRST NATIONS POPULATION HEALTH AND WELLNESS AGENDA



First Nations Health Authority

OFFICE OF THE
CHIEF MEDICAL OFFICER

Vancouver Island Regional Caucus 2018

PRESENTATION OVERVIEW



1. Introductions
2. The First Ten Years: Transformative Change Accord
3. The Next Ten Years: The First Nations Population Health and Wellness Agenda (PHWA)
 - Provincial Health Officer and FNHA Chief Medical Officer Partnership
 - Context, Background and Guiding Principles of the PHWA
 - Indicator Development Process
 - An Overview of the New Indicators
4. Discussion and Feedback

THE TEAM

- **Collaboration between the Office of the PHO, Office of the CMO and other FNHA/Ministry of Health departments**
- **Executive leads:** Dr. Evan Adams, Dr. Shannon McDonald and Dr. Bonnie Henry, Dr. Danièle Behn-Smith
- **FNHA Consultant:** Dr. Perry Kendall
- **Project managers:** Lindsay Beck, Sarah Lalonde Adrienne Bonfonti and;
- **Many Working Group members**



TRANSFORMATIVE CHANGE ACCORD: INDIGENOUS HEALTH & WELL-BEING THE FIRST 10 YEARS

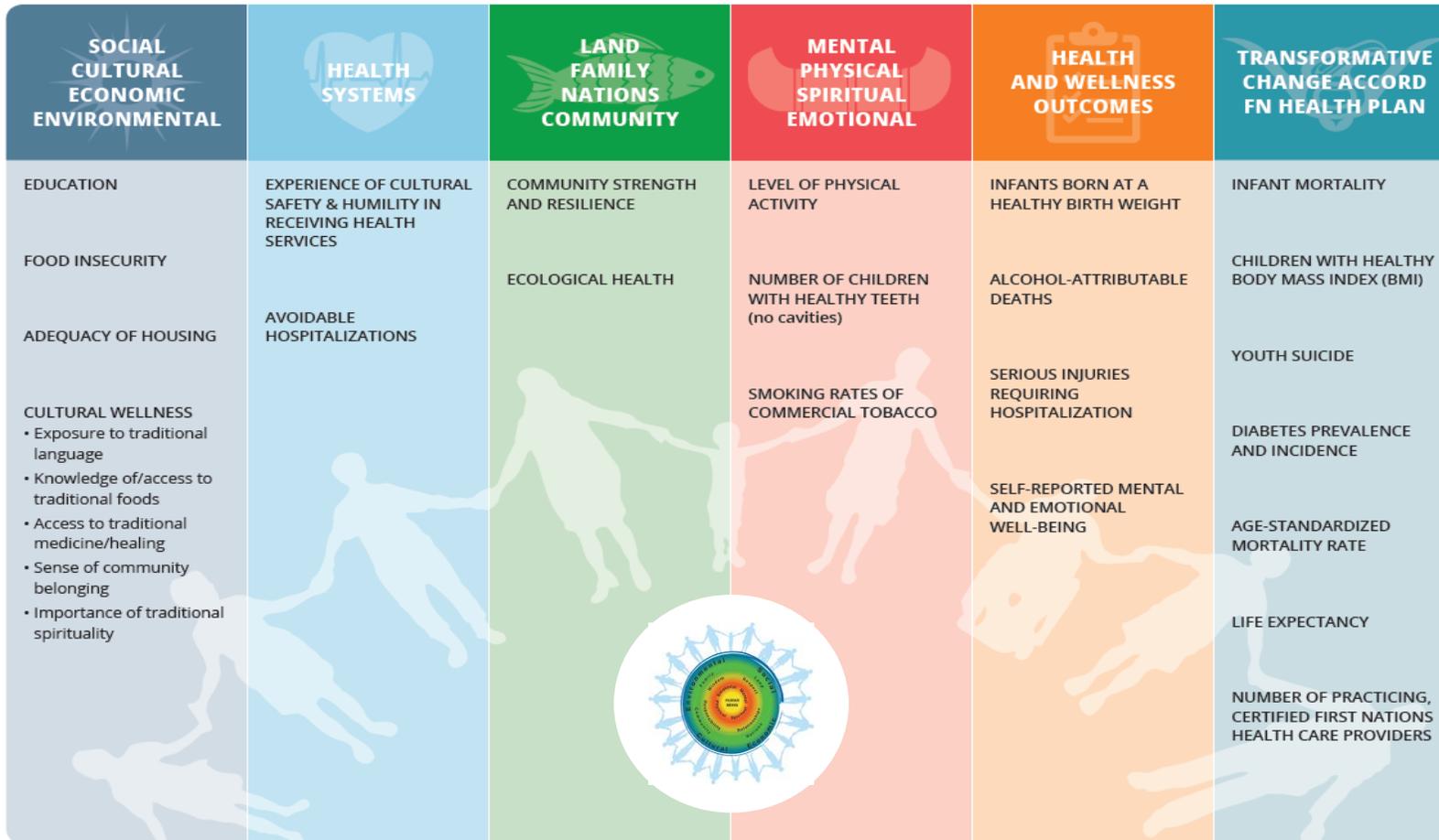
***Prepared as per commitments in the 2005 *Transformative Change Accord*, through a partnership between the Office of the Provincial Health Officer, and the First Nations Health Authority**

FIRST NATIONS POPULATION HEALTH AND WELLNESS AGENDA: THE NEXT 10 YEARS



- **Standing together:** PHO and FNHA CMO presentation at Gathering Wisdom 2016
- A renewed set of indicators to be measured and reported on for the next 10 years
- Supporting **FNHA's** vision for Healthy, Self-Determining, & Vibrant BC First Nations Children, Families, & Communities

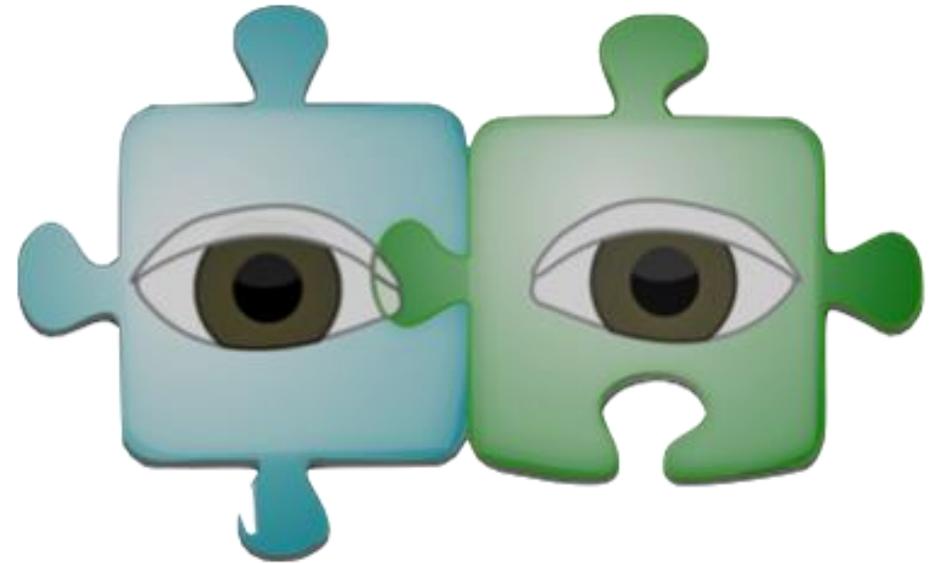
THE INDICATORS FRAMEWORK



- Shifting the paradigm towards strength-based reporting
- Paying attention to the root causes

GUIDING PRINCIPLE: TWO-EYED SEEING

- Two-eyed seeing: bringing together Indigenous Knowledge & ways of knowing, alongside Western knowledges & ways of knowing.
- Acknowledging the limitations of available data
- Integrating knowledge and stories



DEVELOPING THE AGENDA: PARAMETERS

- Valid and reliable
- Available data source (with exceptions!)
- Fills a gap in knowledge/attention
- Provincial/regional scale (as opposed to community-based or local focus)
- Action-oriented



Image source: FNHA, 2017

POPULATION HEALTH AND WELLNESS AGENDA: NEXT STEPS

- First report scheduled to be presented and released Fall 2019
- Report release every 2.5 years
- Recommendations, targets and actions to be developed.

INDICATOR SELECTION PROCESS



- Drew on feedback from Regional Wellness Indicator Development Sessions that were hosted by FNHA in 2016.
- PHO and FNHA committee process to develop and narrow down the list of indicators (150 to 15)
- Quantitative data sources have been identified (Regional Health Survey, Census etc.)

THE INDICATORS

SOCIAL CULTURAL ECONOMIC ENVIRONMENTAL	HEALTH SYSTEMS	LAND FAMILY NATIONS COMMUNITY	MENTAL PHYSICAL SPIRITUAL EMOTIONAL	HEALTH AND WELLNESS OUTCOMES	TRANSFORMATIVE CHANGE ACCORD FN HEALTH PLAN
<p>EDUCATION</p> <p>FOOD INSECURITY</p> <p>ADEQUACY OF HOUSING</p> <p>CULTURAL WELLNESS</p> <ul style="list-style-type: none"> • Exposure to traditional language • Knowledge of/access to traditional foods • Access to traditional medicine/healing • Sense of community belonging • Importance of traditional spirituality 	<p>EXPERIENCE OF CULTURAL SAFETY & HUMILITY IN RECEIVING HEALTH SERVICES</p> <p>AVOIDABLE HOSPITALIZATIONS</p>	<p>COMMUNITY STRENGTH AND RESILIENCE</p> <p>ECOLOGICAL HEALTH</p>	<p>LEVEL OF PHYSICAL ACTIVITY</p> <p>NUMBER OF CHILDREN WITH HEALTHY TEETH (no cavities)</p> <p>SMOKING RATES OF COMMERCIAL TOBACCO</p>	<p>INFANTS BORN AT A HEALTHY BIRTH WEIGHT</p> <p>ALCOHOL-ATTRIBUTABLE DEATHS</p> <p>SERIOUS INJURIES REQUIRING HOSPITALIZATION</p> <p>SELF-REPORTED MENTAL AND EMOTIONAL WELL-BEING</p>	<p>INFANT MORTALITY</p> <p>CHILDREN WITH HEALTHY BODY MASS INDEX (BMI)</p> <p>YOUTH SUICIDE</p> <p>DIABETES PREVALENCE AND INCIDENCE</p> <p>AGE-STANDARDIZED MORTALITY RATE</p> <p>LIFE EXPECTANCY</p> <p>NUMBER OF PRACTICING, CERTIFIED FIRST NATIONS HEALTH CARE PROVIDERS</p>

LAND, NATIONS, COMMUNITY & FAMILY WELLNESS

Indicator	Source
An indicator that measures the strength and health of our communities as collectives (i.e. self-determination)	Work with Indigenous Knowledge holders to define and measure
An indicator that represents the health of the relationships with the ecosystem/environment around us	Work with Indigenous Knowledge holders to define and measure



Discussion Question: If you could choose ONE (the ultimate) indicator to measure these areas, what would it be?



Questions & Discussion

Thank you

Gayaxsixa (Hailhzaqvla)

Huy tseep q'u (Stz'uminus)

Dun'kwu (Haida)

Gila'kasla (Kwakwaka'wakw)

Kleco Kleco (Nuu-Chah-Nulth)

k^wuk^wstéyp (Nlaka'pamux)

Snachailya (Carrier)

Mussi Cho (Kaska Dena)

Tooyksim niin (Nlaga'a)

Kukwstsétsemc (Secwepemc)

čěčhaθěč (AyaJuthem)

Sechanalyagh (Tsilhqot'in)

kw'as ho:y (Halqeméylem)

T'oyaxsim nisim (Gitksan) 27