Non-medical Cannabis Legalization

Health Considerations for First Nations in BC

» Harm Reduction
  • Respecting individual and community self-determination on their health and wellness journeys
  • Reducing dependency on associated harmful substances
  • Adopting low-risk cannabis use guidelines
  • Emphasis on family and relationships

» Mental Health and Wellness
  • Schizophrenia, anxiety and depression
  • Intergenerational trauma
  • Most significant risk for younger users

» Environmental Health and Home Safety
  • Growing and processing cannabis at home
  • Air quality, contamination and hazards
  • Safe storage of cannabis in the home

» Protecting Our Youth Who Are Most at Risk
  • Brain development and high levels of use
  • Addressing myths around cannabis use

» Pregnant and Breastfeeding Women
  • Risks for fetus and newborn children
  • Low birth weight and developmental issues

» Impaired Driving
  • Motor vehicle incidents
  • Impairment, tolerance and potency

We want to hear from you. *What are your top health and community considerations?*

Visit www.fnha.ca/cannabis for information or email info@fnha.ca with your questions.