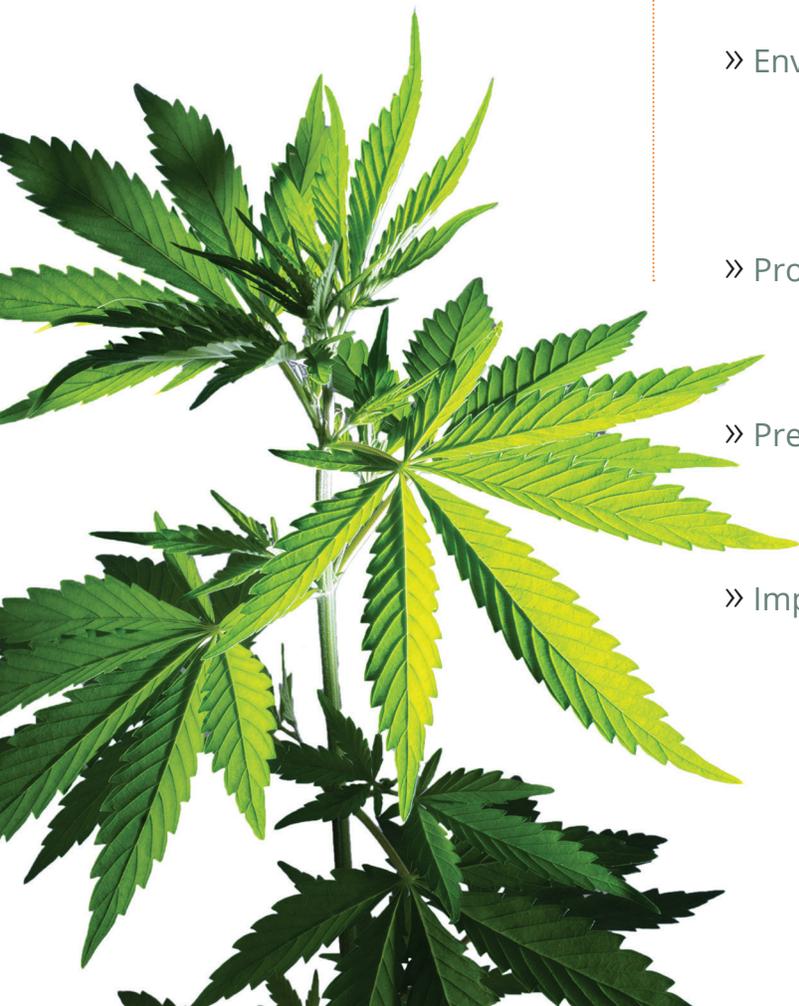




First Nations Health Authority  
Health through wellness

# Non-medical Cannabis Legalization

## Health Considerations for First Nations in BC



### » Harm Reduction

- Respecting individual and community self-determination on their health and wellness journeys
- Reducing dependency on associated harmful substances
- Adopting low-risk cannabis use guidelines
- Emphasis on family and relationships

### » Mental Health and Wellness

- Schizophrenia, anxiety and depression
- Intergenerational trauma
- Most significant risk for younger users

### » Environmental Health and Home Safety

- Growing and processing cannabis at home
- Air quality, contamination and hazards
- Safe storage of cannabis in the home

### » Protecting Our Youth Who Are Most at Risk

- Brain development and high levels of use
- Addressing myths around cannabis use

### » Pregnant and Breastfeeding Women

- Risks for fetus and newborn children
- Low birth weight and developmental issues

### » Impaired Driving

- Motor vehicle incidents
- Impairment, tolerance and potency

*We want to hear from you.  
What are your top health and  
community considerations?*

Visit [www.fnha.ca/cannabis](http://www.fnha.ca/cannabis) for information or email [info@fnha.ca](mailto:info@fnha.ca) with your questions.