



First Nations Primary Care + Mental Health & Wellness Summit

Weaving Wholistic Wellness into the Health Care System

FNHA FIRST NATIONS PRIMARY CARE + MENTAL HEALTH & WELLNESS SUMMIT

MAY 22-24, 2019

WESTIN BAYSHORE
VANCOUVER

- Learn about and exchange knowledge on promising and wise practices in mental health and wellness, and primary care. The focus will be on culturally safe and wholistic models of care.
- Find out about integrated approaches to wholistic health and wellness such as inter-professional and team-based care, including a focus on mental health and wellness.
- A key feature of this Summit is the health and wellness needs of First Nations that are urban or away from home, as well as those living in rural and remote communities.
- The Summit will showcase the latest developments in policy, program design, and service delivery work from across the province so that participants can benefit from lessons learned.

INVITATION

JOIN FNHA FOR THE FIRST NATIONS PRIMARY CARE + MENTAL HEALTH & WELLNESS SUMMIT: WEAVING WHOLISTIC WELLNESS INTO THE HEALTH CARE SYSTEM

MAY 22-24, 2019

The FNHA invites two representatives from each BC First Nation working in or leading in the area of wholistic wellness and mental health and wellness to join us for the **First Nations Primary Care + Mental Health & Wellness Summit**, a three-day event taking place May 22-24, 2019 at the Westin Bayshore in Vancouver.

We invite communities to identify who attends the Summit, from chiefs, health portfolio leaders, mental health leads, to any other individuals working in the area of wholistic wellness and mental health and wellness.

The Summit focuses on weaving wholistic wellness into the health care system

As First Nations, we have a wholistic perspective on health and wellness. We understand that emotional, mental, physical, and spiritual wellness are all essential to an overall sense of well-being. To successfully support First Nations people on their wellness journeys, wholistic wellness needs to be woven into the healthcare system. Good work is already underway in this area – yet much change still needs to happen. You can be part of this crucial transformation!

The First Nations Primary Care + Mental Health & Wellness Summit brings together First Nations communities and health care partners to work towards a wholistic, team-based approach to wellness. The Summit is built on the success and community feedback from the Mental Health + Wellness Summit held in February 2018.

CLICK HERE TO
REGISTER NOW

FOR MORE INFORMATION

EMAIL: pcmhws Summit@pacegroup.com
PHONE: 604-646-3576

TRAVEL SUBSIDY

- FNHA will reimburse travel expenses for two representatives from each BC First Nations community
- All attendees are responsible for arranging their own travel and accommodation to/from the Summit.